



SPECTRUM

2023









SPECTRUM 2023



A part of our history

FROM THE HEAD OF SCHOOL



As I write this final note with a heart full of emotions and recollections, I find it difficult to express the depth of gratitude and pride that fills my soul. After twenty tremendous years at Stanstead College, with eighteen of those years as head of school, the time has come for me to say goodbye and to embark on a new chapter in my life.

It certainly wasn't an easy decision to retire and I wrestled with it for a long time. Ultimately I made the decision with a great deal of pride in the accomplishments of our community and fully confident that the school has the leadership and the spirit to continue on with its current success.

Before I leave, I want to take a moment to reflect on the remarkable journey we have taken together. As I mentioned at the final reception at Gallant House and during the Baccalaureate ceremony, this year's graduating class is a unique one. You are the class that graduated during our school's 150th anniversary celebrations. You are also the largest graduating class in the history of Stanstead College. And you are my last graduating class.



Each one of you will always hold a special place in my heart. From the new students who took their first steps into a boarding school back in September to the confident seniors now ready to conquer the world, I've had the great pleasure of witnessing your growth, development and extraordinary achievements. It has been an honour to watch you transform into the outstanding individuals you are today. You have navigated triumphs and challenges, celebrated victories and learned from setbacks, all while forging memorable experiences and lifelong friendships.

Remember that true success is not measured solely by grades nor by awards but by the impact you make on the lives of others. As you set off into the world beyond these red brick walls, carry with you the values and lessons you have learned here as expressed in our school motto: health, wisdom and integrity. Embrace new experiences, embrace failure as a stepping stone to growth and embrace the power of kindness to other people.

There's a Chinese proverb that Helen Yao, a former Stanstead College student, gave to me some years ago. It states that it takes 10 years to watch a tree grow but that it takes 100 years

to watch people grow. The proverb is used to emphasize the time and effort that go into teaching. I hope that one day you will take the time to thank your dedicated teachers, coaches, advisors and house parents for all that they did to help you along your way.

As I bid you farewell, please know that my faith in your potential is unwavering. You are the future leaders, innovators, and change-makers this world needs. So spread your wings, follow your dreams and never forget that you have the power to create a brighter future for yourselves and for others.

Thank you for making the last of my twenty years at Stanstead College so rewarding and fulfilling. I will cherish the moments and the memories forever.

With sincere thanks and warmest wishes,

Michael Wolfe



The young and eager Mr. Wolfe during his early days at Stanstead College



FROM THE YEARBOOK STAFF

Dear Yearbook Readers,

Whether you are an alumnus, a parent, or a current student, you are reading this editorial message. We have been at Stanstead College for a combined number of years of 5. We decided to join the Yearbook Club at first because we were trying all the clubs, but we decided to stick through it for the whole year. Sure, we worked "very" hard on this yearbook, and we may have spent the hour every Thursday taking phone calls or reading people's grad messages, but we did enjoy looking through all the Vidigami photos and seeing everyone have fun.

We were fairly quiet students in school, and if you knew us, you would know we didn't participate in much. Working on the yearbook made us look back on all the activities we missed out on, or even the ones we went to, from a third-person view. With every next page we worked on, we saw a new event. Each event meant something different to some people than to others. Some people's favourite part of Stanstead was the Variety Show, for example, while for others it was just a silly talent show. All-Campus is the day some people looked forward to all year; going out with friends, participating in sports you wouldn't normally do. But for others, it was just a day where you had to sit outside all day long.

But at the end of the day, it didn't matter what the event was, it was an activity to participate with the entire school and get to know people who you would never have talked to before.

That is one of the beauties of Stanstead. No matter what age, people you hung out with, or where you were from, everyone was together. Looking back on it, that is something beautiful that you don't get to experience in everyday life outside of this small town. The sense of community through the school is something that is cherished, and special - of course we didn't know this at the moment.

When going through the yearbook, you'll see the passion in people's faces as they played a specific sport, or as they dressed up for carnival spirit days in a costume they spent hours working on. If you were a student and you experienced this, you would never know how much one thing meant to a completely different student. Stanstead is built of many different people, and nothing would be the same if one person changed.

As graduating students (and current alumni as you read this), this is just a message to everyone to stop thinking about what others will think and just go have fun. If you're not a big dancer, who cares. Go to the Beach Dance. If you're not a big skater, it doesn't matter. Go participate in the figuring skating competition for your house. Stanstead is only what you make of it, and if you think the activities aren't fun, then they won't be. But go in with the mindset of something new, it will be exactly that. Go talk to people you wouldn't normally and go enjoy your time there. It is limited, and you'll never realize until you're gone.

This probably sounds silly coming from us, and don't take our advice if you'd like. We made some amazing memories here and some not so good. We made some amazing friends, while other people we never got around to talking to. People say "no regrets," but honestly, there are regrets. Don't make the mistake of having them. We grew as people, and not one student is the same person they were when they first arrived at the College.

So to end, as you read through this yearbook, just appreciate all the work that Mau did (he was among those in the club the longest and definitely did the most work out of us all - thank you, Mau) and RozzDog (the person who makes amazing yearbooks every year) in creating this memory capsule.

To current Spartans, enjoy the rest of your year. For our classmates who are now alumni, o have the best time in your continued studies wherever you are in the world. And for parents, understand that boarding school can be difficult at times, but we appreciate all the experiences we are given.

Thanks,

Victoria and Mia '23



FACULTY & ADVISORS



Front: Lisa Smith, James Rioux, Erik Van Dyke, Roger Marino, Michael Wolfe, Joanne Carruthers, Andrew Blair, Adam Spirk, Carmen Campbell, Eryn Hessian
Middle: Bernie Pimm, Shannon Pimm, Connor Wilson, Joe Wong, Audrey Hamilton, Karina Guerrero, Joanne Robitaille, Allie Fraser, Nicki Campbell, Barbara Wilkinson, Amy Laroche, Logan Vanasse, Josh Delorme, Duane Liverpool
Back: Monica Schafer, Graham Chandler, Jean-Jacques Prevost, Corinne Lalande-Markon, Simon Winkvist, Patrick Ruwe, Christopher Planetta, Jeff Standage, LaDonna Lamonth, Matthew Thompson, Thom Peasley, Glen Faucher, Shawn Belknap-Keet, Kyra Borsoi, Ana Pajovic, Keri Reynolds, Andre Simard, Eric Grenier, Courtney Tougas
Missing: Kylee Weir, Laura Kirby, Ross Murray, Liliana Roji, Jesse McRae, Patrick Fraser

PREFECTS



Front: Siena Webster, Avah St-Pierre, Gloria Riddell, Jérôme Sayeur, Antoine Remillard, Andrew Bouchard, Joanne Carruthers, Michael Wolfe, Béatrice Perron-Roy, Ben Leclerc, David Dong, Krystine Breton, Maria Teresa Calva-Xolalpa, Elodie Roy
Middle: Camryn Moore, Rachel Chan, Ellie French, Daphney Dozois, Shun Hatano, Juho Virtanen, Félix Fortier, Zachary Soifer, Austin Zhang, Trofim Godochkin, Lana Peasley, Quinn Smits, Lysa Kabirigi, Alice Sauriol
Back: Madeline Lippmann, Tony Ju, Mauricio Lopez Sanchez, Zackary Maheu, Ian Nicholson, Ethan Skara, Anderson Smyth-Trider, Hayley Wolfe, Georgia Steenbakkers, Halle Khanna
Missing: Kate Emms

DIRECTORS & TRUSTEES 2022-23

Directors in bold

Sergio Afif '09	Stephen Carden '77	Karine Goyette '99	Vicky Liu '14	Liane Quenneville	Matthew Stevenson '77
Suham Alexander	Dorothy Chan '07	Darren Gray '00	Andrea Lopez Sanchez '14	Moskal '04	Antulio Tamayo Jr. '16
Monty Allan '78	Olivier Charette '09	Jeff Gray '04	Nathalie Lussier '03	Jackson Qiu '14	Jessica Tomeo '14
Don Anderson '73	Bob Chen '15	Nicola Guerrina '09	Sean Maas '01	Kimberly Quinn '93	Charles Vaillancourt '09
Robert Archambault	Hank Chen '10	Hugh Gurd '71	Samuel MacCallum '80	Catherine Quirion '13	Catherine Van der Linden
Gabrielle Archer '09	Christopher Clegg '80	Henry Haase '19	David Marosi '04	Luc Quirion	Rene Villareal '94
Olivier Babin '14	Jeffrey Cowen '09	Claudia Hess '83	Suzy McDonald '95	Jean-Samuel Rancourt	Alex Wagner '02
George Baptist '76	Jonathan Cowen '72, Chair	Cindy Ho	Doug McEwen '76	'06	Geoffrey Wagner '71
Nicolas Bauer '10	Judith Crosland Cowen	Duane Holder '90	William Moffatt '72	Louis Remillard	Devin Wang '16
David Béasse '59	Winston Cuenant '99	Stanley Holmes Sr. '53	Julia Naber '04	Frank Riddle '08	Dr. Akiko Watanabe '70
Martin Béasse '91	Ron Dahms	Tiffany Hsu '13	John Nadeau '77	Jason Rodi '95	Matthew Watt '99
Georges Beaubien '68	Peter C. Daniel '54	Kevin Hurlburt '93	Rebecca Nienkamper '83	Dugie Ross '70	Scott Waugh '70
Philippe Beauregard '92	Terry Davies	Mark Jankowski '12	Guy Ouellet	JD Ross '00	Claire Webster
Constance Bedard '06	Collin De La Bruere '09	Dr. Pierre-Olivier Jean '08	Naomi Orth '11	Joanne Ross	Judith Webster
Ryan Bedard '10	George Diamandopoulos '94	Gillian Knightley '93	Dr. Zubin Panthaki '85	Peter Ross '03	Philip Webster
Mathieu Beliveau '99	Andrea Dumas '08	Mitch Kotansky '80	Francois Paradis '92,	Light Sathiansamrit '07	Stuart Webster
Nathalie Beliveau '98	Tracey Emms '82	Paul Thomas Lacroix '02	Vice-Chair	Andrea Schmitt	Helen White '09
Felix Boissé '10	Eric Fafard	Claudine Landry '00	Isabelle Paradis-Gatcliffe '89	Erienne Scraire '12	Alyson T. Wood
Michael Bonaro '05	Susan Fitzpatrick	Ashley Langevin '17	Dr. Michael Peirce '73	Charles Seagram '92	Malcolm Wood-Downey '14
Ellen Bounsall	Kelly Foran '12	Kirsten Layzell McConnell '93	Robert Perretta '04	Joel Segal '75	Aika Yamashita '14
Pat Burden '70	Nicolas Gariepy '00	Jean-Francois Lefort '09	Tom Perretta '06	David Skelton '94	Jacqueline Zhang '14
Scott Campbell '88	Marie-Pier Germain '01	Antoine Leger '92	Angelo Perrotta	Lindsay Smith '09	
Marisol Xolalpa	Jared Givarez '00	Joseph Levy '69	Julian Perrotta '08	Annie St-Georges	HONORARY TRUSTEE
Joey Cammalleri '74	Randy Goodleaf '81	Andrew Lippi '09	Rosemarie Poulin '15	Harvey Stevens '74	Charles W. Colby



HOUSEKEEPING

Sierra Buzzell, Sarah Archer (manager), Samantha Bryant, Tina Sheldon, Maida Benoit, Paige Armstrong, Anna Wang, Trudy Simoneau, Kayla Alex, Tanya Simoneau. Missing: Shannon Bryant



MAINTENANCE

Mark Nugent, Andrew Norris, Johnny Gingras, Guy Roy, Campbell Wolfe, Steve Buzzell, Lindsay Coldwell, Will Huckins, Scott Muth, Khalez Ahad Abdul. Missing: Mike Huckins (director of facilities), Brittany Sharman (asst. director of facilities)

STAFF

ARCHIVES

Audrey Hamilton

CAMPS

Kayla Ouellet (coordinator), Marisol Calva-Xolalpa

SECURITY

Wayne Stratton
Holger Richter
John Dubois
Patrick Gauthier (manager)



ADMISSIONS

Front: Christine Allard, Patrick Fraser (director), Logan Vanasse (asst. director); back: Courtney Tougas, Lili Roji. Missing: Jane Liu, Gabriela Ron



BUSINESS

Francois-Olivier David, Sarah Gaulin, Farrah Cabana (director), Kimberly Martin, Taunya Pope, Peggy Alger



HEALTH CENTRE

Maxime Boulay, Sonia Perron, Holly Moore, Victoria Gagné, Dr. Guy Charette. Missing: Christophe Robb-Lavoie



FOOD SERVICES

Front: Amy Lundrigan, Martina Horber, Mark Maclure; back: Stephane Dozois (manager) Michael Dozois, Shirley Gallichon, Mindy Dion, Kim David, Sylvie St-Jacques, Joseph Eastman



IT

Jean-Luc Navert, Paul Thompson, Liam Buck-Thompson



ADVANCEMENT

Jordan Buck-Thompson, Andrea Lopez-Sanchez, Jesse McRae (director), Emily Marosi, Karen Cushing



TRANSPORTATION

Patrick Gauthier (manager), Gilles Lizotte, Chris Goodsell, Chris Wood, Augustin Palacios Roji, Greg Dupuis, Wayne Stratton, Mike Goodsell. Missing: Robert St-Hilaire, Clement Demers, Denis Comeau



ARENA

Treydenn Pope, Lee-Anne Chase, Josh Pope, Mario Frechette



TUCK SHOP

Shannon Pimm (manager and uniform coordinator), Kayo Soeda



LIBRARY

Keri Reynolds, Amy Wolfe



MAIN OFFICE

Marie-Eve Simard, Donna Richter



COMMUNICATIONS

Shannon Garrett, Kyra Borsoi, Ross Murray (director)



THE GOVERNOR GENERAL • LA GOUVERNEURE GÉNÉRALE

**Message from the Governor General on the occasion of the
150th anniversary of Stanstead College**

I am pleased to send warm greetings to everyone celebrating the sesquicentennial of Stanstead College.

Education opens the door to knowledge and provides us with opportunities to grow. From a young age, it instills in us the importance of learning, discipline and collaboration. It encourages us to build relationships, form opinions and defend ideals. It helps us find our way in our diverse and multicultural society.

Stanstead College has faced some formidable challenges during its 150-year history: two world wars, a major fire, pandemics, social upheaval and rapid technological advances, to name but a few. Despite all of this, it has continued to thrive, while remaining true to its motto: *Sanitas Sapientia Religio*—health, wisdom, integrity.

Today, students, faculty and staff of Stanstead College seize every opportunity to learn from one another and build a strong community. Together, they contribute to creating a world of possibilities and hope.

Congratulations on this impressive milestone!

Mary Simon



GRADS UNDERGRADS



Stanstead students 1943



Justin Bouchard

From: Newport, Vermont

At Stanstead Since Grade: 7

Best Memory: School play 2023, Variety show 2022, Winter Carnival 2021

What I've Learned: It doesn't matter if you know what you're doing, just do something.

Future Plans: Clarkson University, Digital Arts and Sciences

Special Thanks: Dom and Kieran (the boys since day 1), the organic chemistry tutor



Krystine Breton

Nickname: Krys

From: Magog

At Stanstead Since Grade: 7

Best Memory: Variety Show 2018, Spring 2021, Winter Carnivals & Valcartier, and rugby road trips.

What I've Learned: If you need a break, say you have a concussion.

Future Plans: Figure out what I want to do, get good at it, and get rich

Special Thanks: To everyone who made these 6 years special... The lifers + Simone, G, Jerome, Elo, and TK, the devoted teachers, and my parents for making all this happen



Maria Teresa Calva-Xolalpa

Nickname: Tere

From: Mexico City

At Stanstead Since Grade: 7

Best Memory: "Waving Flag" variety show 2018

What I've Learned: People love saying my full name

Future Plans: Go to Queen's and have fun!

Special Thanks: My family, my second family Spirknation, The Wolfes, Mr. G, the health center team, Soundtracks crew, Miss Hessian and my friends



Bruce Campbell Gutierrez

From: Lima, Peru

At Stanstead Since Grade: 10

Future Plans: Western University, Mechanical Engineering

Liam Carroll

Nickname: Carl

From: Barrie, Ontario

At Stanstead Since Grade: 11

Best Memory: Road trips with the boys

What I've Learned: How to overcome setbacks and be successful

Future Plans: Play junior hockey

Special Thanks: All the boys, coaches, teachers, parents, and Mr Marino



Wai Chung Chan

Nickname: Rachel, Rach, Jessica

From: Hong Kong

At Stanstead Since Grade: 10

Best Memory: Winter Carnival 2023

What I've Learned: how cold winter is

Future Plans: Work in fashion

Special Thanks: My Grade 10 English teacher





Valentina Chapoy Olavarrieta

Nickname: Val / Chaps
From: Mexico City
At Stanstead Since Grade: 11
Best Memory: Sleepovers with Ariadna and Ariela, sing offs with Jimena and Sofia, Disney trip
What I've Learned: Stop planning next steps just enjoy the now.
Future Plans: university :)
Special Thanks: To Mr Spirk for always being such a kind human and being a friend during my Stanstead experience. Mrs. Smith for always believing in me, Ms. Hession for always pushing me to be better, Ms Carmen Campbell even though you weren't my teacher you taught me a lot and thank you for always making me smile, Subway trips with Andres



Charlotte Collins

Nickname: Charlie
From: Montreal
At Stanstead Since Grade: 12
Best Memory: Every weekend game, meet or jamboree
What I've Learned: To stay positive
Future Plans: earning my bio degree
Special Thanks: Advisor, Ms. Reynolds for helping me through my whole year and always sticking up for me <3



Jiyuan Cui

Nickname: Eric
From: Urumqi, China
At Stanstead Since Grade: 9
Best Memory: Making friends and playing games right after school in Grade 9
What I've Learned: To appreciate everyone around you, treasure what you already have and stay positive
Future Plans: Graduate university and travel the world before getting to work.
Special Thanks: Dr Standage for helping all our physics& chem homework



Vivian Dahms

Nickname: Viv
From: Montreal
At Stanstead Since Grade: 11
What I've Learned: Stanstead would make a better reality TV show than "Keeping Up with the Kardashians"
Future Plans: Travel the world with beko
Special Thanks: To yeti and rosy



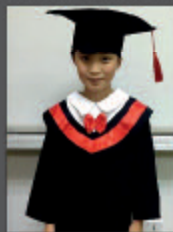
S. Asher Dixson-Boles

Nickname: Bugs
From: Montgomery, Vermont
At Stanstead Since Grade: 9
Best Memory: Physics with Fernando
What I've Learned: Experiment with your subway sandwich order
Future Plans: Backpack around the world
Special Thanks: La Taverne Du Gamer Stanstead



Shicheng Dong

Nickname: David, Donger
From: Shanghai, China
At Stanstead Since Grade: 9
Best Memory: Disney trip
What I've Learned: Cultural diversity, how sports can affect my life
Future Plans: Have fun with any jobs related to numbers and play basketball
Special Thanks: Mr. Keet who taught me math for two years, Mr. Winquist who is not only a teacher but a friend. And my friends who made up my best memory at Stanstead College.





Daphney Dozois

Nickname: Daph
From: Coaticook
At Stanstead Since Grade: 11
Best Memory: Rugby trips and the figure skating competition
What I've Learned: Make good decisions
Future Plans: Make good decisions
Special Thanks: To Miss Robi for always being there for me in every situation!



Charlotte Dubé

Nickname: Char/Charly
From: Amos, Quebec
At Stanstead Since Grade: 12
Best Memory: The soccer season at the start of the year with all the girls on the team
Future Plans: Study Psychology at McGill University
Special Thanks: To Mr. Ruwe for being the best advisor and Miss Schaler for her support throughout the year



Mia Eichholzer

Nickname: Gab
From: Toronto, Ontario
At Stanstead Since Grade: 10
Best Memory: Park Swingset
What I've Learned: Don't be a bully
Future Plans: Graduating Queen's University
Special Thanks: The Flash, The Rocket, RozDog, Shannon, and Ms. Carruthers for the daily coffee talks



Kate Emms

Nickname: Katey kat, 7, quatre, ki, emms, kathleen, Katie
From: Montreal, Quebec
At Stanstead Since Grade: 11
Best Memory: literally every day, carpe diem always
What I've Learned: Let it be
Future Plans: Become a successful journalist and travel the world
Special Thanks: Macrae, Mr. Chandler, Ms. Schaler, Zoe, Tere, Emma, Spirk and Shannon



Félix Fortier

Nickname: Fort
From: Candiac, Quebec
At Stanstead Since Grade: 11
Best Memory: My first day, hockey games, golf tournaments, evenings in the TOD, school play and graduation
What I've Learned: Accept things as they come, self-discipline, to have a deep respect for others
Future Plans: Post-grad at Choate Rosemary Hall and varsity hockey
Special thanks: To everyone that made what Stanstead College is and what it became for me. From the maintenance crew to the kitchen staff, to the teachers, sports coach, medics, all the



administrative and support staff that work every day to make a positive difference in our lives. We can't thank you enough.
Quote: "Kiet"

Claudie Gamache

Nickname: Mommy claudie
From: Saint-Paul-de-l'Île-aux-Noix
At Stanstead Since: Grade 9 and Grade 12
Best Memory: Rugby trips
What I've Learned: Never swear in front of Miss Hession.
Future Plans: To have a positive and happy life
Special Thanks: To my advisor Ms. Robitaille for listening to all my gossip





Tongyao Gu

Nickname: Amanda, Mandy
From: Nanjing, China
At Stanstead Since Grade: 8
Best Memory: Doing nothing after finishing final exams
What I've Learned: Everything the school wants me to learn
Future Plans: Do the things I want
Special Thanks: My advisor Ms. Wilkinson, teachers who helped me and friends who supported me.



Xinyang Gu

Nickname: Howard
From: Beijing, China
At Stanstead Since Grade: 8
Future Plans: Queen's University
 Bachelor of Arts



Jan Haars

From: Düsseldorf, Germany
At Stanstead Since Grade: 11
Best Memory: The Disney trip
What I've Learned: That changes aren't always bad.
Future Plans: Be happy with my life/job



Elyann Hayley

Nickname: Ely
From: Lévis, Québec
At Stanstead Since Grade: 12
Best Memory: Participating in the play
Future Plans: Getting my bachelor's of education at McGill
Special Thanks: To the best roommate I could have asked for



Maria Hatzidakis

From: Yorba Linda, CA
At Stanstead Since Grade: 10
Future Plans: Johnson and Wales University, Political Science



Taohong Hu

Nickname: Kevin
From: China
At Stanstead Since Grade: 7
Best Memory: Missed my Ministry exam because someone wanted Starbucks at the airport
What I've Learned: You can use a toaster to cook a steak
Future Plans: To be determined
Special Thanks: To Mr. Van Dyke and Dr. Standage





Spencer Hughes

Nickname: Spencia or Hughesy
From: Mississauga, Ontario
At Stanstead Since Grade: 12
Best Memory: Val Cartier or playing hockey in front of the whole school
Future Plans: Going to play Jr hockey for the Brooks Bandits
Special Thanks: My amazing family and friends, the best advisor Mr. Delorme, my coaches in both hockey and golf, all the amazing teachers that taught me and all the other incredible faculty



Lysa Onyx Rhytity Kabirigi

Nickname: Tity
From: Burundi
At Stanstead Since Grade: 10
Best Memory: Mia's really important interview
Future Plans: Get a Pharmacy degree
Special Thanks: Rachel Chan, Melissa Kakayuk, Ms. Hessian and Mr. Wolfe



Olivia Knuff

Nickname: Liv
From: Stouffville, ON
At Stanstead Since Grade: 12
Best Memory: Washington hockey trip
What I've Learned: Don't run in Birks
Future Plans: Graduate from Windsor and work in the medical field
Special Thanks: The best advisor, Mr. Wong and my parents



Marcus Krats

Nickname: Krats
From: Labrador City, NL
At Stanstead since Grade: 10
Best Memory: Hockey road trips with the boys
What I've Learned: Friends make life easier
Future Plans: Play hockey and have fun
Special Thanks: To teachers, coaches, friends and family for their support



Emma Kreisz

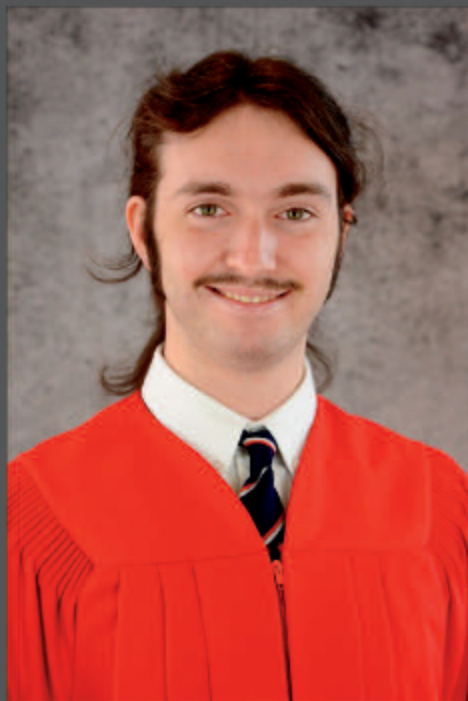
Nickname: Kreiszy, Mom
From: Hungary, Budapest
At Stanstead Since Grade: 11 (+PG)
Best Memory: Hockey weekend with the girls
What I've Learned: Be grateful for what and who you have in your life
Future Plans: Playing hockey
Special Thanks: Pimm family, Spirk+Shannon G, Ms. Hessian, Mr. Faucher+Ms. Schafer, Jesse and Mr. Simard, MY TEAM <3



Arianne Leblanc

Nickname: Ari
From: Repentigny, QC
At Stanstead Since Grade: 10
Best Memory: Hockey road-trips with the girls and the Wednesday morning Tim's walks with Elo and Liv
What I've Learned: Doing my laundry
Future Plans: Play hockey and graduate from Concordia
Special Thanks: All my teammates, friends and family





Thomas Leblanc

From: Westmount, Que.

At Stanstead Since Grade: 11

Best Memory: My first house tour in Davis: a brisk, foggy Sunday morning in October. Luca, David Lys, Lam Wang, Trofim and I were driven to a friend of Ms. C. Campbell's to set up the outside of a house for a wake for a family member. I was raking and installing an abritempo with Luca, David and Trofim, while I'm pretty sure Lam was just chillin' riding a lawn tractor further into the backyard. Met Trofim that day.

What I've Learned: You don't have to act differently than how you normally do to get people to like you. Just be you. And if you hear people imitating you, it's out of appreciation.

Future Plans: Music, working on cars, psychology, learning languages, van life.

Special Thanks: Shannon Garrett and Mr. Spirk for their wisdom, love and genuineness as well their two psycho dogs [we're goin' vamin' one of these years, Garrett], Mr. Van Dyke & Mr. G for jammin' with me until the morning

and the constant support and praise I got for my musical abilities. You guys really gave me self-esteem, my curling coach, Maita Planella, for his patience with Bryson on the ice (or a lack thereof), and showing me my new favourite team sport: Karin and Court for ROOKSTERS! And finally, Doc Standage for those generous homework extensions.



Benjamin Leclerc

Nickname: Rhino

From: St-Ubalde, Quebec

At Stanstead Since Grade: 9

Best Memory: Roodies with the fellas

What I've Learned: Stats is hard

Future Plans: Junior hockey

Special thanks: My parents, my siblings, Gloria, the boys, Mr. Pimm, my teachers and coaches



Xingda Lyu

Nickname: David, Xing

From: Beijing, China

At Stanstead Since Grade: 8

Best Memory: Basketball, soccer, badminton, skiing, skating, spending time with friends, Disney, going to town, Practicing variety show

What I've Learned: Everything!

Future Plans: Study applied mathematics; data science, master's degree, live in Seattle.

Special thanks: Mr. Winquist, Mr. Peasley, Mr. Keet, Mr. Wolfe, all my friends!



Caleb MacDonald

Nickname: Mickey

From: Cardigan, PEI

At Stanstead Since Grade: 11

Best Memory: Winning a national, watching ETWA wrestling at the elementary school

What I've Learned: That you should let adversity inspire you to be better rather than let it bring you down.

Special Thanks: to Shannon Garrett for the amazing pictures, Coach Willy for running the morning practices through the spring, and to my friends for turning quiet nights on campus into ones to remember



Ondrej Marton

Nickname: Dragon

From: Czech Republic

At Stanstead Since Grade: 10

Best Memory: Quebec trip in grade 11

What I've Learned: Manage my time

Future Plans: University in Amsterdam

Special Thanks: To my boys for making the experience more fun



Celine Mayer

Nickname: Celine Dion

From: Rosenheim, Germany

At Stanstead Since Grade: 12

Best Memory: Going to Washington with the hockey team

What I've Learned: A lot of math

Future Plans: Becoming an astrophysicist

Special Thanks: To all the girls of the varsity hockey team and to the best advisor Mr. Faucher





Andres Moyano

Nickname: Moyano
From: Peru
At Stanstead Since Grade: 12
Best Memory: Traveling and playing during the soccer season
What I've Learned: To always be thankful for the opportunities being given to you
Future Plans: Study economics at University of Toronto
Special Thanks: To all the teachers and students that have made Stanstead feel like a second home



Ian Nicholson

Nickname: E
From: Darien, Connecticut
At Stanstead Since Grade: 11
Best Memory: Winning Northwood, Lax season, Friends
What I've Learned: Just show up
Future Plans: Boys to Men, Teaching
Special Thanks: Friends, Family, P&C



Maria Victoria Oliver

Nickname: Vik
From: Argentina/USA/Brazil/Canada [it's complicated]
At Stanstead Since Grade: 11
Best Memory: dressing up as a Smurf with Mia, prom 2022
What I've Learned: Bonfires are overrated
Future Plans: Studying at TBS Barcelona
Special Thanks: The speedy, The rocket, my parents and RozDog



Tyler Palin

Nickname: T P
From: Estero, Florida
At Stanstead Since Grade: 12
Best Memory: Rollerblading with my roommate to Beebe and viewing the countryside
What I've learned: "Take out your empties"
Future Plans: Return to school to pursue my plan of playing high level hockey
Special Thanks: A very special thank you to my mom who made the hard and unselfish decision to send me away to school three years ago. I know it was hard for you and at times you think it was the wrong decision, but



I just want you to know that it means a lot to me and it's made me a 100 times better person and given me amazing memories that last a lifetime. I love you.



Sofia Palomeras Sanchez

From: Guanajuato, Mexico
At Stanstead Since Grade: 12
Best Memory: Mexico vs Asia Hockey Game
What I've Learned: To try despite my fears
Future Plans: University
Special Thanks: To everyone who has made this experience better



Sara Paquette

Nickname: Sara P
From: Stanstead
At Stanstead Since Grade: 12
Best Memory: Finding my forever friends
What I've Learned: To create a life you can't wait to wake up to
Future Plans: Become a sports psychologist
Special Thanks: Everyone who has helped me out along the way





Zoe Patenaude

From: Sherbrooke/California
At Stanstead Since Grade: 12
Best Memory: Swimming practices and competitions
What I've Learned: If I put something off and say, "I'll do it tomorrow," it will never get done
Future Plans: Studying for a Bachelor of Science at Dalhousie University
Special Thanks: Rachel, thank you for everything this year, all the good memories and all the help you gave me



Béatrice Perron-Roy

Nickname: Bea, Béat, BPR
Where From: Sherbrooke, Quebec
At Stanstead Since Grade: 9
Best Memory: living in Webster b10 and winning the NAHA Labour Day tournament with the girls
What I've Learned: take Fishing Club
Future Plans: play hockey and study at Cornell
Special Thanks: mom and pops, thank you for everything



Dominic Pokora

Nickname: Dommer
From: Stanstead, QC
At Stanstead College Since Grade: 7
Best Memory: Val Cartier
What I've Learned: Stop worrying about the future so much and enjoy the present.
Future Plans: Electrician
Special Thanks: Justin & Kieran



Fernando Ponce Laresgoiti

Nickname: Ponce
From: México
At Stanstead for Grades: 8 and 12
Best Memory: Ski trips
What I've Learned: Never give up
Future Plans: Graduate university and enjoy life
Special Thanks: Mr. Van Dyke



Karel Préfontaine

Nickname: Prevo, Karelou, Karex
From: Gatineau, Québec
At Stanstead Since Grade: 9
Best Memory: The water fight during the COVID year
What I've Learned: Time flies
Future Plans: Continue playing hockey and study Biological Sciences at Cornell to eventually be a pediatrician
Special Thanks: My parents, my siblings, Coach Pimm and Mrs. Pimm



Antoine Rémillard

Nickname: Twon
From: Chicoutimi, Québec
At Stanstead Since Grade: 9
Best Memory: COVID lockdown
What I've Learned: How to dumpster dive for my packages
Future Plans: Uni
Special Thanks: To beko





Ana Rojo Hamue

Nickname: Paula
From: Mexico City
At Stanstead Since Grade: 11
Best Memory: My extended and unofficial breaks
What I've Learned: Privacy is the new luxury
Future Plans: Travel
Special thanks: Mom and Dad



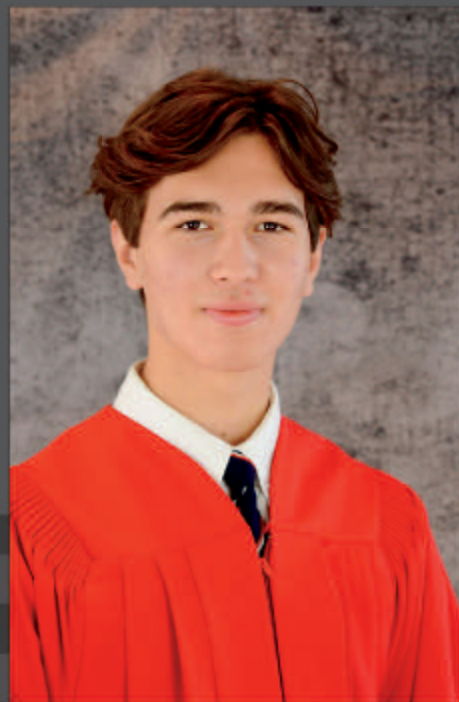
Oscar Rosen

Nickname: Ozzie
From: Montclair, New Jersey
At Stanstead Since Grade: 12
Best Memory: Leafs' series win
What I've Learned: Human Geography
Future Plans: Michigan University
Special thanks: All of the hockey coaches, health center team, Ms. Schaffer, Ms. Hessian and my family



Élodie Roy

Nickname: Elo
From: Sherbrooke
At Stanstead Since Grade: 8
Best Memory: working on / performing songs with incredible people, and hockey road trips
What I've Learned: "What you remember most is the journey, not the end result." - Mr. Van Dyke
Future Plans: Go to Brown, play hockey, graduate, get rich
Special Thanks: Everyone who contributed to my success, my fulfillment and my happiness, you know who you are



Ferdinand Rundel

Nickname: Ferdi
From: Ravensburg, Germany
At Stanstead Since Grade: 12
Best Memory: NYC Trip
What I've Learned: Time management
Future Plans: Going to university
Special Thanks: To all my friends and Mr. Pianetta



Jimena Sanchez Jimenez

From: Salamanca, Mexico
At Stanstead Since Grade: 12
Best Memory: Disney Trip
What I've Learned: That it is always better to try before giving up. And that first term grades are very important.
Future Plans: I don't know yet.
Special Thanks: All my teachers, I always felt the support and I am very grateful for their patience, especially to Mr. Ruwe (the best calculus teacher, my advisor and who believed in me), Ms. Schafer (who listened to me and helped me to improve) and Ms. Hessian (who taught me not to be afraid to be myself).



Alice Sauriol

Nickname: Alix
From: Sherbrooke, Que.
At Stanstead Since Grade: 11 (three years with PG)
Future Plans: St. Cloud University
Special Thanks: To my teachers and family for always supporting me and my three friends (Big 4)





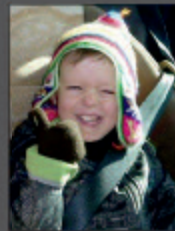
Valentine Savoie

Nickname: Val
From: Saint-Bruno, QC
At Stanstead Since Grade: 12
Best Memory: Rugby trips
What I've Learned: That's a good question
Future Plans: To be determined
Special Thanks: Advisor JJP



Jérôme Sayeur

From: Downtown Amos QC
At Stanstead Since Grade: 10
Best Memory: Lip-sync
What I've Learned: Not everything is so complicated
Future Plans: Live a significant life
Special Thanks: Spirk, Ms. Hessian, Ms. Reynolds, Mr. Keet and friends



Ronald Seagrave

Nickname: Wills
From: Huntsville Alabama
At Stanstead Since Grade: 11
Best Memory: Winning natty's
What I've Learned: How to deal with stress
Future Plans: Play hockey and do school
Special thanks: Shannon, coaches



Hector Sepulveda

Nickname: Elvis
From: Mexico
At Stanstead Since Grade: 10
Best Memory: Winter All-Campus last year
What I've Learned: To be a little more independent
Future Plans: Go back to Mexico to study to become a electric engineer
Special Thanks: Mr. Spirk and Mr. Winquist for taking a good care of me during my first year here at Stanstead College



Haokang Shen

Nickname: Buddy
Where From: Shanghai, China
At Stanstead Since Grade: 8
Best Memory: Grade 12
What I've Learned: It's okay to fail, as long as you tried your best
Future Plans: Graduate
Special Thanks: All my friends for making me a better person picture



Ethan Skara

Nickname: Eth
From: Caledon, Ontario
At Stanstead Since Grade: 10
Best Memory: All the late night TOD talks, spending time with the guys and finding out
What I've Learned: Challenging yourself leads to a chance to truly relax
Future Plans: Going to university at Western
Special Thanks: My parents, teachers and individuals who had an impact on my three years here



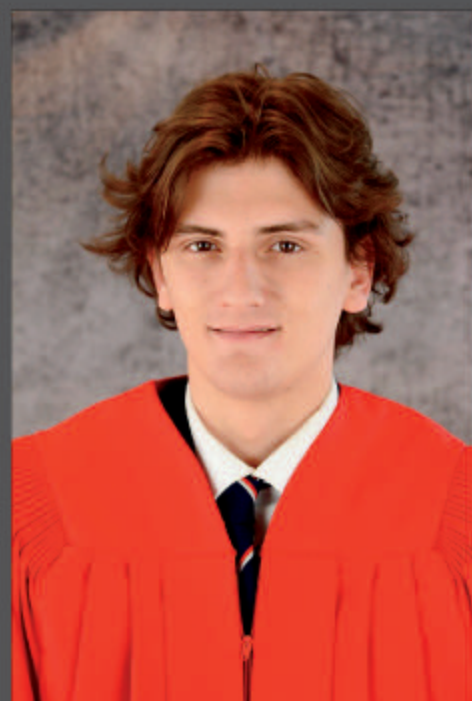


Zachary Soifer

Nickname: Soif
From: Ottawa
At Stanstead Since Grade: 11
Best Memory: Minnesota hockey trip x2
What I've Learned: Protein balls are too expensive
Future Plans: Be a venture capitalist
Special Thanks: mr roge mar, mr spirk, mr ruwe, mr windy

Nathan St-Germain

From: Trois-Rivieres, Que
At Stanstead Since Grade: 12
Future Plans: Deferred acceptance at Concordia University to play junior hockey



Meiqi Sun

Nickname: Maggie, Nali
From: China
At Stanstead Since Grade: 9
Best Memory: Watching horror films at night
What I've Learned: How to distribute my time
Future Plans: Study Anthropology at Wesleyan University
Special Thanks: To Mr. Wolfe, Miss Hessian, Mr. Rioux and Mr. Peasley who have been of great help to me along the university application process



Kieran Templeman

Nickname: KieranaldMcDonald
From: Nantes, France
At Stanstead Since Grade: 7
Best Memory: Mr. Wells making the announcement that the rules concerning hair would be changed because of me.
What I've Learned: That failure is part of the process. And refusing to forgive yourself for failure is refusing yourself to grow.
Future Plans: Studying at Mount Allison University
Special thanks: To all my friends



that not only made these years bearable but truly special. I don't know if I would've made it without you.

Jack Treacy

Nickname: Jt, Larry, Jack-Attack
Where From: Stouffville, Ontario
At Stanstead Since Grade: 11
Best Memory: Winning nationals
Future Plans: Be a police officer
Special Thanks: Shannon Garrett, Spirk, Brittany Shorman



Lydia Walsh

Nickname: Lidigation
From: London, England
At Stanstead Since Grade: 11
Best Memory: Rugby trips in spring
What I've Learned: Ponytails don't look good.
Future Plans: Study pre-dental at Elmira
Special Thanks: To The Greekation and Galapagos





Siena Webster

Nickname: Sisi, swebs
From: Montreal, QC
At Stanstead Since Grade: 10
Best Memory: Performing in the school play and the Haunted Church
What I've Learned: One bad test does not make a bad student.
Future Plans: Travelling the world and being happy
Special thanks: To, Gloria and all my closest friends for making every day at school so much fun.



Liam Wilson

Nickname: Wilbur
From: Houston, Texas
At Stanstead Since Grade: 10
Best Memory: 2022 Disney Trip
What I've Learned: Don't procrastinate
Future Plans: Get through university
Special Thanks: My family



Ping-Hsin Yeh

Nickname: Jo
From: Taiwan
At Stanstead Since Grade: 12
Best Memory: Disney Trip
What I've Learned: If you have a dream, you gotta protect it
Future Plans: UoFT - Kinesiology



Wang Hei Yung

Nickname: Ryan, Riri
From: Hong Kong
At Stanstead Since Grade: 10
Best Memory: Getting a major 5 in sports
What I've Learned: Talk more and work as hard as you can
Future Plans: Study in university and try to earn some money while studying
Special Thanks: Myself



Yucheng Zhang

Nickname: Austin, Ausdawg
From: Shanghai, China
At Stanstead Since Grade: 10
Best Memory: Cafe Capp 2023
What I've Learned: Please don't toast a steak in the toaster
Future Plans: Survive in university physically
Special Thanks: Ms. Nicki Campbell who gave me Student of the Week in Grade 11





Jamie Arsenault

Nickname: Jameston
From: Sackville, New Brunswick
At Stanstead Since Grade: 10
Best Memory: Hockey weekend in Providence
What I've Learned: Everyone needs a little high school biology
Future Plans: Graduate high school/university
Special Thanks: Shannon Garrett, Mr. Delorme



Alexia Aubin

Nickname: Aubi
From: Lévis, QC
At Stanstead Since Grade: 9
Best Memory: Winnipeg tournament 2022
What I've Learned: I really do look like Maxim Tremblay...
Future Plans: Colgate 2024
Special Thanks: Thanks to my family, friends, coach Pimm and coach Rossy



Tyler Battah

Nickname: TBATTAH, TJ
From: Montreal
At Stanstead Since Grade: 10
Best Memory: Living in Davis with my boys, and the Europe rugby tour
What I've Learned: Look out for those who look out for you, Loyalty is everything.
Future Plans: To pursue my education in emergency medicine
Special thanks: To my mom and dad for this wonderful experience and I extend my gratitude to Mr. Spirk and Mrs. Garrett for making me feel so well respected and cared for during my time here at Stanstead.



Rosalie Bouchard

Nickname: Ro, Robauch, Romauch, bouch
From: Sherbrooke, Qc
At Stanstead Since Grade: 10
Best Memory: weekend in Boston at the curve
What I've learned: Enjoy your time at Stanstead
Future Plans: Going back to Stanstead next year in Grade 12
Special Thanks: To my friends in particular Max, Mae, Alex, and Jo, To my Family, and to my teachers and coaches



Braden Chastanet

Nickname: Bad
From: St. Lucia
At Stanstead Since Grade: 9
Best Memory: Playing games with friends
What I've Learned: Responsibility and independence
Future Plans: To go to university
Special thanks: Parker, Tyler, Thomas, and Marina



Kyle Cregan

Nickname: Cregs
From: Ottawa
At Stanstead Since Grade: 11
Best Memory: 24 hour bus trip to Minnesota
What I've Learned: To enjoy every moment Stanstead offers.
Future Plans: Who knows...
Special Thanks: Special thanks to Coach T for reminding me to angle!





Nicholas DiPaolo

Nickname: Nicky
From: Burlington, ON
At Stanstead Since Grade: 11
Best Memory: Road trips with Logan Sawyer
What I've Learned: Gregor can't swim
Future Plans: The Show
Special Thanks: Mr. Chandler and Mr. Winquist



Ellie French

Nickname: French/Frenchie
From: Wichita, Kansas, USA
At Stanstead Since Grade: 10
Best Memory: Providence Hockey Tournament, numerous nights adventuring the campus with numerous different groups of people, bonfires, water fight last year and of course Once Upon a High School and Murder at Crimson House plays.
What I've Learned: When you do your best, that's all you can do, and have fun
Future Plans: Play hockey post-secondary and study sports admin then work in sports.
Special Thanks: Ms. Schaler, Ms. Nicki Campbell and Mr. and Mrs. Pimm and of course Dad, Mom, William and Boomer and friends



Trofim Godochkin

Nickname: Trogod
From: Russia
At Stanstead Since Grade: 8
Best Memory: Winning Northwood Tournament
What I've Learned: How to manage my time
Future Plans: Playing hockey
Special Thanks: A big thank you to the Wolfe family for always being there for me when I needed it



Anaïs Grappe

Nickname: Grape
From: France
At Stanstead Since Grade: 10
Best Memory: Play among us with my best friends and going to curling and badminton practice
What I've Learned: I actually have people other than family that I care about
Future Plans: Do my best and make my parents proud of me
Special Thanks: To my mom, dad, brother, grandma, friends and Mr Wong.



Chaz Grenier

Nickname: G
From: Stanstead
At Stanstead Since Grade: 7
Best Memory: COVID rugby arguments with Pana and Ho Lee
Special Thanks: The Bugbee day student room broken window screen



Jingyu Guan

Nickname: Thea, TG
From: Shanghai, China
At Stanstead Since Grade: 9
Best Memory: Watching Spartanpalooza on the last day of school. And of course all the Spirk Nation trips!
What I've Learned: You're the reason why I'm who I am today. And you're the reason why I'll never be the same.
Future Plans: Watch fireworks
Special Thanks: All of my friends and all my teachers





Shun Hatano

Nickname: Shunnie, Shuner
From: Tokyo, Japan
At Stanstead Since Grade: 9
Best Memory: Friday night bonfire
What I've Learned: Believe in your ability
Future Plans: Go to university in Canada
Special Thanks: Mr. Spirk and Mr. Marino for amazing season, Mr. Faucher and Mr. Wong for great basketball season.



Siena Hayman

From: Boca Raton, Florida
At Stanstead Since Grade: 11
Best Memory: Hockey road trips
What I've Learned: How to be independent
Future Plans: 12th grade at Stanstead
Special Thanks: My hockey team for helping me fit in right away



Yeeun Jang

Nickname: Ellie
From: Busan, South Korea
At Stanstead Since Grade: 10
Best Memory: Spirk Nation tour
What I've Learned: do my best
Future Plans: One more year in Stanstead
Special Thanks: All of my friends and teachers and my special roommate Thea



Ryan Johnson

From: Pasadena, TX
At Stanstead Since Grade: 10



Yile Ju

Nickname: Tony, Toner, Simard Junior
From: Nanjing, China
At Stanstead Since Grade: 8
Best Memory: Grade 8, class times in Grade 9, class times in Grade 10, class times in Grade 11, hockey trips, practices, anytime that made me smile, odds
What I've learned: How to play hockey, friendship, Anderson knows everything, English (et peu de Français), mentalities and will
Future Plans: University and maybe some travel around world from time to time, finish my books
Special Thanks: Mr. Simard for being an advisor who I pay daily visit, Mr. Winquist for being a great coach for three seasons, Mr. Ruwe for hockey, math and talks, Mrs. Wilkinson who developed my



Zofia Kaczynska

Nickname: Zasia
From: Poland, Warsaw/
 Guadeloupe, Le Moule
At Stanstead Since Grade: 9
Special thanks: Special thanks to my parents who always knew how to motivate me to give it my all even when I was at my lowest.





Jasmin Kaiser

Nickname: Jas
From: Muhlheim am Main, Germany
At Stanstead Since Grade: 11
Best Memory: Jay Peak
What I've Learned: If you want it, you have to work for it
Future Plans: Get my diploma and go study at university
Special thanks: To my parents who made all of this possible and to my friends who I met here



Halle Khanna

From: Seattle WA
At Stanstead Since Grade: 9
Favourite memory: Everything rugby, the games, practices, and the team!
Future Plans: Returning for grade 12
Special Thanks: Thank you to both of my parents for giving me the opportunity to come to Stanstead and supporting me through every part of my life. As well as my sister for always being there for me through thick and thin.



Henrike Kraushaar

Nickname: Henni
From: Oldenburg, Germany
At Stanstead Since Grade: 11
Best Memory: Basketball tournaments
What I've Learned: More risk is more fun
Future Plans: Study medicine
Special Thanks: Mr Faucher for the crêpes, Mr Chandler for being the most caring teacher



Presley Langevin

Nickname: Pres/prezel/kingir
From: Blainville, QC
At Stanstead Since Grade: 8
Best Memory: Lake Placid with the boys
What I've Learned: $y=mx+b$
Future Plans: Graduate university
Special Thanks: To my family, coaches and teachers



Maxime Lapointe

Nickname: Maxipad
From: Toronto
At Stanstead Since Grade: 11
Best Memory: Lacrosse road trips
What I've Learned: Circles
Future Plans: Automotive engineer,
Special Thanks: Mr. Van Dyke for teaching me circles



Adam Larsson

Nickname: Lars/Laney
From: Turku, Finland
At Stanstead Since Grade: 10
Best Memory: Winning the northwood invitational tournament
What I've Learned: Circles
Special Thanks: To all the people for making the years memorable





Madeline Lippmann

Nickname: Maddie
From: Derby, Vermont
At Stanstead Since Grade: 9
Best Memory: Pond Hockey-Opoly and sports trips
What I've Learned: Exponential bunnies
Future Plans: Finish grade 12 at Stanstead then on to university
Special Thanks: Family and friends



Dahui Liu

Nickname: Allen
From: Shanghai, China
At Stanstead Since Grade: 10



Zhiyou Liu

Nickname: Joe
From: Nanjing, China
At Stanstead Since Grade: 9



Jana Loparic

Nickname: Jens
Where From: Basel-City, Croatia
At Stanstead Since Grade: 11
Best Memory: Going outside with Henni and Lea on the day when it was snowing for the first time.
What I've Learned: How important it is to challenge myself daily
Future Plans: Going to university in Canada/US, becoming a doctor
Special thanks: Mr. Faucher (OG Pancakes), Ms. Wilkinson (best club ever), Mr. Spirk (for organising all the amazing school trips), Mr. Delorme (for making my day)



Mauricio Lopez Sanchez

Nickname: Mau, Loopis
From: Mexico City
At Stanstead Since Grade: 8
Best Memory: All-Campus every year!
What I've Learned: Everyone is family
Future plans: Graduate Grade 12 and get into university somewhere in the world...
Special Thanks: staff, faculty, teachers, students and parents that make this place as amazing as it is...



Alice Machida

From: Tokyo, Japan
At Stanstead Since Grade: 11





Zackary Maheu

Nickname: Doggyl
From: Blainville, Qc
At Stanstead Since Grade: 10
Best Memory: Last playoff game of season 2022-2023 vs Loyola.
What I've Learned: Success hits in a different way when nobody believes in you.
Future Plans: Play in the NHL.
Special thanks:
 - Myself
 - Shannon Garrett
 - Adam Spirk



- Guy Ouellet
 - Olivier Magnan
 - The GOAT Glen Faucher
 - Roger Marino
 - Lebron Winquist

Keita Masuda

From: Japan
At Stanstead Since Grade: 11
Best Memory: Rugby games
What I've Learned: That there are many nice people around the world.
Future Plans: Study business and start my own business.
Special thanks: To my parents for being supportive and caring always



Lea Matoush-St-Cyr

Nickname: Lee's
From: Mississini, Quebec
Best Memory: "Study time" in the music room
What I Learned: Good things take time and effort
Future Plans: Help those in need in my community
Special Thanks: Thank you to those who made my time memorable. xx



Gregor Mills

Nickname: Gregniah
From: UK
At Stanstead Since Grade: 11
Best Memory: Building swimming pools
What I've Learned: Logan has bad morning breath
Future Plans: NHL
Special Thanks: Wonger and Lebron and Patty Ruwe



Camryn Moore

From: Newport, Vermont
At Stanstead Since Grade: 10
Best Memory: Traveling with the basketball team
What I've Learned: Winning isn't everything
Future Plans: Coming back for Grade 12
Special Thanks: To my parents for giving me this opportunity. I am forever changed. Also special thanks to Halle Khanna, I hang with her a lot.



Ana Luisa Nieto Jimenez

Nickname: Ana
Where From: Mexico
At Stanstead Since Grade: 11
Best Memory: Toronto Tript
What I've Learned: I learned to live independently and live the moments
Future Plans: Become an interior designer
Special Thanks: Webster HD, Mr. Spirk and Mr. Faucher





Tomas Nyberg

Nickname: Nylle
From: Uusikaupunki, Finland
At Stanstead Since Grade: 10
Best Memory: Grade 10 Florida trip
What I've Learned: No preparation is the best preparation
Future Plans: Play hockey at the next level
Special Thanks: My bed



Matteo Paradis

Nickname: Marthy
From: Montreal, Canada
At Stanstead Since Grade: 10
Best Memory: Last day of school 2022, late nights in TOD, hockey playoffs, golf tournaments and spring
What I've Learned: You can always do more
Future Plans: businessman
Special Thanks: Family, friends, devoted teachers



Lana Peasley

Nickname: Peasley
From: Brockville, Ont.
At Stanstead Since Grade: 8
Best Memory: Going to PEI last hockey season
What I've Learned: The importance of not procrastinating
Future Plans: Becoming a physician and travelling the world
Special Thanks: To my parents and family who supported me my whole life and to my friends and teammates who are always there for me



Jaxon Pierce

Nickname: Piercex
From: Fredericton, NB
At Stanstead since Grade: 10
Best Memory: Going to Montreal on break
What I've Learned: If you mess around you'll find out
Future Plans: Play in the show
Special Thanks: To the goat LeBron Winquist



Maélie Pion

Nickname: Maélie, Mal de...
From: Sherbrooke, Quebec
At Stanstead Since Grade: 10
Best Memory: Providence Weekend
Future Plans: Repeat
Special Thanks: Family, Friends, coaches and teachers



Maxwell Richler

Nickname: Bobby Orr
From: Montreal
At Stanstead Since Grade: 11
Best Memory: Winning Northwood Tournament
What I've Learned: He who says he can and he who says he can't are both usually right.
Future Plans: Hockey
Special Thanks: Mom and Dad





Gloria Riddell

Nickname: Gigi, G-Dawg
From: Kingscroft, Quebec
At Stanstead Since Grade: 7
Best Memory: Road Trips with sport teams, trip to the leadership conference with friends and night talks in the TOD
What I've Learned: Everyone should take high school biology
Special Thanks: To my family who have supported me all the time, and to my friends who have been there for me



Nicolas Robillard

Nickname: Nico
Where From: Montreal
At Stanstead Since Grade: 11
Best Memory: Going to Rendezvous with friends, hockey games, bonfire and spikeball
What I've Learned: Do not trust Zack Maheu
Future Plans: Going into business.
Special Thanks: family, friends and teachers



Maria Paulina Rueda Flores de Diego

Nickname: Paulina
From: Veracruz, Mexico
At Stanstead Since Grade: 11
Best Memory: Val Cartier trip
What I've Learned: how to be independent and responsible
Future Plans: Marketing manager in Montreal
Special Thanks: House directors and advisor



Logan Sawyer

Nickname: Booger
From: Orangeville, Ontario
At Stanstead Since Grade: 11
Best Memory: Road trip baths with Nick DiPaolo
What I've Learned: Mess around and find out
Future Plans: Jr A/ D1 hockey
Special Thanks: Thanks to Lebron Winquist and G Chandz



Sara Sevcikova

Nickname: Sari
From: Cesky Krumlov, Czech Republic
At Stanstead Since Grade: 11
Best Memory: school trip to New York
What I've Learned: Hard work pays off.
Future Plans: Get committed to a D1 university
Special Thanks: To my awesome family, especially my dad, my advisor Connor Wilson, Spiknation, Mr. Delorme, Mr. Faucher and Mrs. Schafer, Mr. McRae, Karina and to all the girls in my hockey team.



Benjamin Smith

Nickname: Ben
From: Ayer's Cliff, Que.
At Stanstead Since Grade: 7





Quinn Smits

Nickname: Quinpiac, Quinny, Quinten
From: Courtenay, BC
At Stanstead Since Grade: 10
Best Memory: In grade 10 when Julia almost burned down our bathroom with her hoodie; Cards Against Humanity nights
Future Plans: Graduate and go to university for rugby
Special Thanks: Ms. Schafer, Ms. Hessian, my mom and dad, and Ellie for everything they have helped me with



Avah St-Pierre

Nickname: Avs
From: Ogden, Quebec
At Stanstead Since Grade: 7
Best Memory: Home Soccer Games
What I've Learned: Being true to yourself is the most beautiful thing
Future Plans: Go to Dalhousie in Marine Biology and travel the ocean
Special Thanks: To Mama Smith for being my school mom, Mr. G and Mr. Van Dyke for being my music mentors, and to my family for always being there for me and supporting me through everything!



Vivianne Suverza de Diego

Nickname: Viv
From: Mexico
At Stanstead Since Grade: 11
best memory: ski trips
What I've Learned: a lot from different cultures and traditions
Future Plans: study fashion design in Milan
Special Thanks: Mr. Spirk, Mr. Chandler, Miss Schafer and Miss P



Raphael Tellier

Nickname: Raphiki
From: Dalsen, Québec
At Stanstead Since Grade: 10
Best Memory: Winning the CPSHA final
What I've Learned: How to do my laundry
Future Plans: play college hockey
Special Thanks: My mom and dad



William Towner

Nickname: Towner/T-Dawg
From: Ayer's Cliff
At Stanstead Since Grade: 7
Best Memory: Grade 9 COVID Year
What I've Learned: Self-discipline/be yourself
Future Plans: Commercial pilot
Special Thanks: To my mom for making this experience and journey possible



Joliane Tremblay

Nickname: Ja/pojo
From: Bécancour, Quebec
At Stanstead Since Grade: 10
Best Memory: Hockey weekend in Providence before Christmas break
What I've Learned: Time flies by
Future Plans: Be rich, do what I do and die happy
Special Thanks: All my teammates, to Mr. Faucher and Mr. Delorme





Maxim Tremblay

Nickname: Max/Axou/Maxou
From: Sherbrooke
At Stanstead Since Grade: 10
Best Memory: Boston tournament
What I've Learned: I do look like Alexia Aubin
Future Plans: Colgate 2025
Special Thanks: To my family, my teachers, my coaches and my friends especially to mouche, aexia and maldec



Anderson Smyth Trider

Nickname: Andy
From: Riverview, New Brunswick
At Stanstead Since Grade: 9
Best Memory: Nights spent with friends
What I've Learned: Never pass on a chance to make a memory, you never know when your chances will run out.
Future Plans: Earn a degree in neuroscience while playing hockey!
Special Thanks: Faucher for being the GOAT, Joshua for being the GOAT of GOATS. And Chris, T-Dawg, Chaz, Ben, Will, Quinn, Ellie, Riky, Mau, and Tony for the countless memories



Esther Turquie Farca

From: Mexico
At Stanstead Since Grade: 11
Best Memory: Disney
What I've Learned: To be independent and responsible
Future Plans: Study marketing in Mexico
Special Thanks: Miss Schaffer



Frederic Vincent

Nickname: Freddy, Stitch, King Stitch
From: Blainville, Que.
At Stanstead Since Grade: 11
Best Memory: Casino night beginning of the year, tournament at Lake Placid
What I've Learned: I've learned how to be more socially active
Future Plans: can't say them
Special Thanks: To my girlfriend



Juho Virtanen

Nickname: Ju
From: Tampere, Finland
At Stanstead Since Grade: 10
Best Memory: The breaks
What I've Learned: Don't play pool with a microwave
Special Thanks: ChatGPT



Linyu Wang

Nickname: Lam
From: Guangzhou, China
At Stanstead Since Grade: 10





Hayley Wolfe

Nickname: Wolly
From: Stanstead
At Stanstead Since: birth
Best Memory: Sunday dinners and walks with friends
What I've Learned: Rolling your ankle hurts
Future Plans: Teacher
Special thanks: To my dad for being the best headmaster ever and giving me this opportunity, to my mom for always being there for me and always having my back, to my brother and Riley for being the best big siblings, to Mau for being the best "brother", to my friends for always making me laugh, to my advisor Mr. Murray and to Miss Garrett for always believing in me



Sum Long Wong

Nickname: Summer, Summa
From: Hong Kong
At Stanstead Since Grade: 9
Best Memory: Coming to Canada and meeting so many new people
What I've Learned: The harder you work, the luckier you get.
Future Plans: To travel the world and visit amazing places
Special Thanks: To my parents for supporting me and to all my friends who have helped me make it through this year.



Junyi Wu

Nickname: Victor
From: China
At Stanstead Since Grade: 9



Jiaxuan Xu

Nickname: Jacky
At Stanstead Since Grade: 7
From: Zhejiang, China
What I've Learned: Be nice
Special Thanks: David Dong, Howard Gu, Kevin Hu, Dr. Standage, Mr. Winquist
Best Memory: At camp in eighth grade



Rylee Yip

From: Chateauguay, Que.
At Stanstead Since Grade: 10



30

LIFERS



JUSTIN BOUCHARD



KRYSTINE BRETON



**MARIA TERESA
CALVA-XOLALPA**



**TAOHONG "KEVIN" HU
(LIFER +1)**



DOMINIC POKORA



KIERAN TEMPLEMAN



32 GRADE 12



Justin Bouchard
Krystine Breton
Maria Teresa Calva-Xolalpa
Bruce Campbell Gutierrez
Liam Carroll
Wai Chung (Rachel) Chan
Valentina Chapoy Olavarrieta
Charlotte Collins



Jiyuan (Eric) Cui
Vivian Dahms
Asher Dixon-Boles
Shicheng (David) Dong
Daphney Dozois
Charlotte Dubé
Mia Gabrielle Eichholzer
Kate Emms



Félix Fortier
Claudie Gamache
Tongyao (Amanda) Gu
Xinyang (Howard) Gu
Jan Haars
Elyann Hayley
Maria Hatzidakis
Taohong (Kevin) Hu



Spencer Hughes
Lysa Kabirigi
Olivia Knuff
Marcus Krats
Emma Kreis
Arianne LeBlanc
Thomas LeBlanc
Ben Leclerc



Xingda (Davis) Lyu
Caleb MacDonald
Ondrej Marton
Celine Mayer
Andres Moyano
Ian Nicholson
Maria Victoria Oliver
Tyler Palin



Sofia Palomeras Sanchez
Sara Paquette
Zoe Patenaude
Béatrice Perron-Roy
Dominic Pokora
Fernando Ponce Laresgoiti
Karel Préfontaine
Antoine Rémillard



Ana (Paula) Rojo Hamue
Oscar Rosen
Élodie Roy
Ferdinand Rundel
Jimena Sanchez Jimenez
Alice Sauriol
Valentine Savoie
Jérôme Sayeur



Ronald (Wills) Seagrave
Hector Sepulveda
Haokang (Buddy) Shen
Ethan Skara
Zachary Soifer
Nathan St-Germain
Georgia Steenbakkars
Meiqi (Maggie) Sun



Kieran Templeman
Jack Treacy
Lydia Walsh
Siena Webster
Liam Wilson
Ping-Hsin (Jo) Yeh
Wang Hei (Ryan) Yung
Yucheng (Austin) Zhang





GRADE 11

33



Jamie Arsenault
Alexia Aubin
Tyler Battah
Rosalie Bouchard
Braden Chastanet
Mariana Coronel Cadena
Kyle Cregan
Nicholas DiPaolo

Barbara Elias Ferraz
Ellie French
Trofim Godochkin
Anais Grappe
Chaz Grenier
Jingyu (Thea) Guan
Shun Hatano
Siena Hayman

Yeeun (Ellie) Jang
Ryan Johnson
Yife (Tony) Ju
Zofia Kaczynska
Jasmin Kaiser
Halle Khanna
Henrike Kraushaar
Presley Langevin

Maxime Lapointe
Adam Larsson
Madeline Lippmann
Dahui (Allen) Liu
Zhiyou (Joe) Liu
Jana Loparic
Mauricio Lopez Sanchez
Alice Machida

Zackary Maheu
Keita Masuda
Lea Matoush-St-Cyr
Gregor Mills
Camryn Moore
Ana Luisa Nieto Jimenez
Tomas Nyberg
Matteo Paradis

Lana-Michelle Peasley
Jaxon Pierce
Maëlie Pion
Maxwell Richler
Gloria Riddell
Nicolas Robillard
Maria Paulina Rueda
Flores de Diego
Logan Sawyer

Sara Sevcikova
Benjamin Smith
Quinn Smits
Avah St-Pierre
Cole Stermer
Vivianne Suverza de Diego
Raphael Tellier
William Towner

Joliane Tremblay
Maxim Tremblay
Anderson Smyth-Trider
Jana Turner
Esther Turque Farca
Frédéric Vincent
Juho Virtanen
Linyu (Lam) Wang

Hayley Wolfe
Sum Long (Summer) Wong
Junyi (Victor) Wu
Jiaxuan (Jacky) Xu
Rylee Yip

GRADE 10



Bo Bailey
Axelle Beaudoin
Charles Bédard
Florence Blanchette
Jack Carter
Noémie Cloutier
Christophe Collins
Kate Collins



Annabelle Cormier
Andrew Dahms
Luke DeLaBruere
Justin Dupuis
Patricio Echeverria Garcia
Erik Fabian
Borys Frenkel
Alexa Gagné



Frida Hagele
Charlotte Hughes
Josh-Isaac Jeune
Melissa Kakayuk
Lucas Kakela
Samuel Karimi
Anne (Annie) LaMantia
William-Antoine Laplante



Jacob Leblanc
Christopher Leclerc
Bokyeong (Kayla) Lee
Valerie Lin
Yijia (Daniel) Liu
Reagan Lynch
Emma MacIntyre
Luna Celeste Mares Arce



Sofia Martinez Ajzenman
Edythe McKenzie
Fatima Moreno Anitua
Ren Nakamura
Karyme Olan Gallardo
Iain Olsen
Noah Papillon
Nyakah Pierre

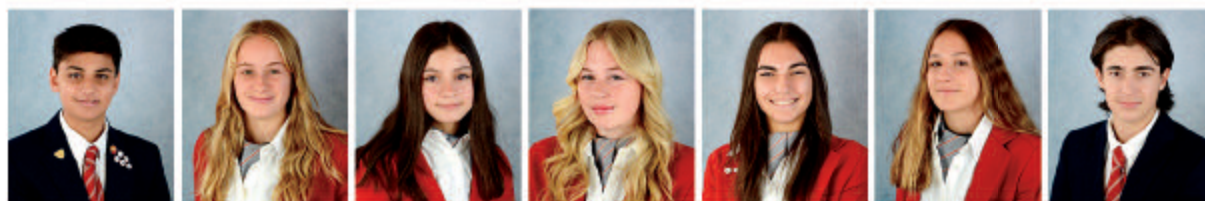


Leonardo (Len) Richardi
Jeremy Robert
Parker Saunders
Emilia Stone
Alina Szemioth
Barron Trotter
Bernadette von Campenhausen
Rosina von Franckenstein



Yuhe Wang
Deanna Wright
Enrui (Eric) Zhang
Zhujia (Johnny) Zhang





Saif Alexander-Pardhan
Laurie Aubin
Isabella Cardenas
Emma Carrière
Zoé Charland
Emilia Gurza Orozco
Liam Huckins

GRADE 9



Ander Iriarte Rodriguez
Julie Jebouskova
Taro Kosuga
Beckett Kristensen
Maddyn Labor
Charlotte Labrèche
Pak Lai (Maxton) Lam
Pénélope Lavoie



Yutong (Melanie) Li
Joshua Lippmann
Lauren Loon
Pamela Lopez Puga
Tim Ludewig
Tucker Lynch
Santiago Mejia Alvarez
Patricio Morelos Zaragoza Serra



Alison Om
Jeremiah O'Regan
Oluwatamilore (Tammy) Osibanjo
Agustin Palacios Roji
Jihoo Park
Gabriel Poitras
Hanyu (Alvin) Qian
Henry Riddell



Anthony Rombotis
Joseph Ruf
Rosalie Tremblay
Madik Trotter
Keita Tsutsumi
Yunlang (Harry) Zhang
Wenxi (Cindy) Zhao
Hanxi (Cici) Zhou



Miranda Angel Garcia
Jacob Béasse
Romina Chavarria
Purata
Keira Curtis
Charles (Chaz) Faucher
Patricio Garza Sanchez
Noah Grenier

GRADE 8



Zoey Keefe
Emilie Labonté
Sarah Leasure
Junyoung (Julia) Lee
Stanley Lin
Roger Roger Marcoux
Sara Martinez Aizenman
Josuke Masuda



William Neeposh
Juan Patricio Oropeza Gonzalez
Jane Rodi
Noah Roy
Isabelle Smyth
Liam Sumun
Xucheng (Mike) Sun
Shanmei (Katie) Zhang



Evanny Archer Buzzell
Juliette Bernardi
Clara Buck-Thompson
Bryson Dodge
Hailey Gilbert
Aidan Hynes
Jacob Leduc

GRADE 7



Gawon Lee
Ethan Liverpool
Jose Palacios Roji Diaz
Cecilia Riddell
Benjamin Rioux
Kaitlyn Wanka

A brief history of Stanstead College

1872

In June 1871, the Canada Wesleyan Conference approves a plan to locate its proposed college for the Eastern Townships in Stanstead Plain. Construction begins in the fall of 1872, with the cornerstone being laid on December 2, 1872. Stanstead Wesleyan College is incorporated on December 24.

1874

Classes begin the first week of January 1874. The first principal is Rev. A. Lee Holmes. He had been principal of the school's predecessor, the Stanstead Seminary, from 1869 to 1870. Holmes remained principal of the College until 1885 when he returned to the ministry. He remained an active figure in College life, however, singlehandedly raising \$18,000 to pay off the College debt, later becoming headmaster of Bugbee Business College, Stanstead College registrar and treasurer and serving as chair of the board of trustees.

1876

Due to the slow sales of shares and low tuition, the stockholders transfer the property of Stanstead Wesleyan College to the Montreal Conference of the Methodist Church of Canada. While the church (later the United Church of Canada) did not play a day-to-day role in school life, it would remain the official owner of the College until the school was reincorporated in 2002.

1890

Stanstead Wesleyan College becomes affiliated with McGill University, offering first- and second-year undergraduate courses in the arts.

1893

The Rev. Charles R. Flanders becomes principal, serving until 1908. During this era, the College goes through a significant period of expansion. In 1894, Dr. and Mrs. A.G. Bugbee of Derby Line donate the residence of Albert Knight, former Stanstead MLA, and have it moved across the field to the College grounds to be used as Bugbee Business College. In 1901, Mary Pierce (wife of Rev. Lee Holmes) and her family donate funds to build the original Pierce Memorial Hall, which would become home to the Eastern Townships Music Conservatory. The Holmes family, meanwhile, funds the establishment of the Horace Holmes Memorial School in 1903 to serve as the elementary school for local Protestant children. In 1905, the Pierce family donates Sunnyside Castle across the road from the College to be used as a girls' residence. Also during Rev. Flanders' era an infirmary and gymnasium were built. Rev. Flanders is also responsible for designing and planting what would come to be known as "The Heart" in front of the school.

1908

Dr. George Trueman named principal. He would remain at Stanstead until 1920 when he was appointed principal of Mount Allison University in New Brunswick, another Wesleyan Methodist school.

1914-1918

Over 300 students and alumni serve in World War I, 32 of whom are killed in action.

1919

The Spanish flu pandemic hits Stanstead College. Many boarding students return home, and five pupils die while away. Of those who remain, 70 percent become ill but recover.

1923

Stanstead Wesleyan College celebrates its Jubilee Commencement, with guest speaker Sir Arthur Currie, former commander of the Canadian Forces during WWI and principal and vice-chancellor of McGill University.

1930

Rev. T. B. Moody, who had principal since 1928, dies suddenly on November 5 after a day of work at the College. His wife stayed on as lady principal until his successor could be named for the following school year.

1931

Rev. Errol C. Amaron becomes principal. He would remain so for 23 years, the longest-serving principal in school history.

1938

A chimney fire on Saturday, May 28, 1938 leads to the total destruction of the main building. With the help of regional high schools lending material, the school was able to finish the academic year. For the 1938-39 school year, boarders are housed throughout Stanstead and Rock Island, described by Principal Amaron as "our year in the wilderness." After a highly successful fundraising campaign, a new main building, later named Colby House, opens in 1940. A clock was installed in the new tower in 1949.

1939-1945

Hundreds of Stanstead alumni again sign up to serve in World War II. Of those, 35 give their lives. In 1946, alumni donate the Memorial Gates that are erected at the entrance to the College in memory of those who died in both World Wars.

1948

His Excellency, Field Marshall Viscount Alexander of Tunis, Governor General of Canada, visits Stanstead College on September 17, 1948 to mark the school's 75th anniversary.

1951

Pierce Memorial Hall is destroyed by fire on December 31. Despite the school being closed for the holidays, 17 pianos and all the contents of the music rooms were saved by staff and others. But many instruments are lost, including the grand piano and memorial pipe organ in the assembly hall.

1955

On May 31, the school has the honour of welcoming Governor General Raymond Massey to Stanstead College.

1958

Pierce Hall is rebuilt and Davis House residence opens, named in honour of alumnus Harry Davis of Miles Pond, Vermont, who contributes \$200,000 to the project. Faced with declining enrolment, both the Bugbee Business College and the Eastern Townships Conservatory of Music close.

1959

Stanstead College becomes an all-boys residential school. Most local students begin attending public schools, including the newly expanded Sunnyside School across from the College.

1965

Amaron Gymnasium opens. Rev. Errol Amaron and Alice Amaron are both on hand for the ribbon cutting. The former gym is converted to a student centre.

1968

LeBaron Hall opens in honour of the late Gordon LeBaron, board chair from 1952-1961.

1971

On November 9, on his way home to the College from Montreal, Headmaster Raymond Lester is killed in a car accident. Assistant Headmaster Thomas Russell is named his replacement.

1973

Stanstead College celebrates its Centennial Year with the groundbreaking for the Ralph B. Hood Swimming Pool in February (opening in October) followed by a gala in Montreal. In June, Governor General Roland Michener is the guest of honour.

1977

In the face of Quebec's Bill 101, Stanstead College chooses to no longer accept the per-student subsidy from the Quebec government. The resulting independence allows the school to maintain control over its policies, including allowing francophone students to enroll without certificates of eligibility.

1979

Faced with declining enrolment, Stanstead College returns to its co-educational roots. In that first year, girls number 15 of the 148 students. By the second year, there were 34.

1980

Barry Gallant becomes headmaster and remains

in the position until 1999.

1990

The Twenty-First Century Capital Campaign raises over \$3 million, resulting in the construction of Webster House for senior girls, expansion of the library and improved academic and computer facilities.

1997

The school celebrates its 125th anniversary, with Governor General Romeo LeBlanc the guest speaker at the June 1997 Baccalaureate and Prize-Giving. The anniversary year also included a gala evening in Montreal.

2001

The student centre is destroyed by fire. Eight months later a new student centre is built and named the Eric T. Webster Student Centre.

2005

Michael T. Wolfe is named headmaster. Over the next 18 years of his mandate, the school will undergo its largest expansion of the past 100 years. In 2007, the College purchases neighbouring "Broadview," also known as "Butters House," to house its Advancement Department. After a major capital campaign, including government funding announced in person by Prime Minister Stephen Harper, the Pat Burns Arena opens. Thanks to a gift from alumnus John Mackay (1952), the swimming pool is converted to a second gym and named in his honour. In 2015 Stanstead College acquires Centenary United Church from the dwindling local congregation. In Cowen House opens, a new residence exclusively for Grade 12 students, named after long-time director and board chair Jonathan Cowen and his family. In 2022, construction begins on a new junior girls residence and a wellness centre. The residence is named Wolfe House in honour of the outgoing head of school.

2020

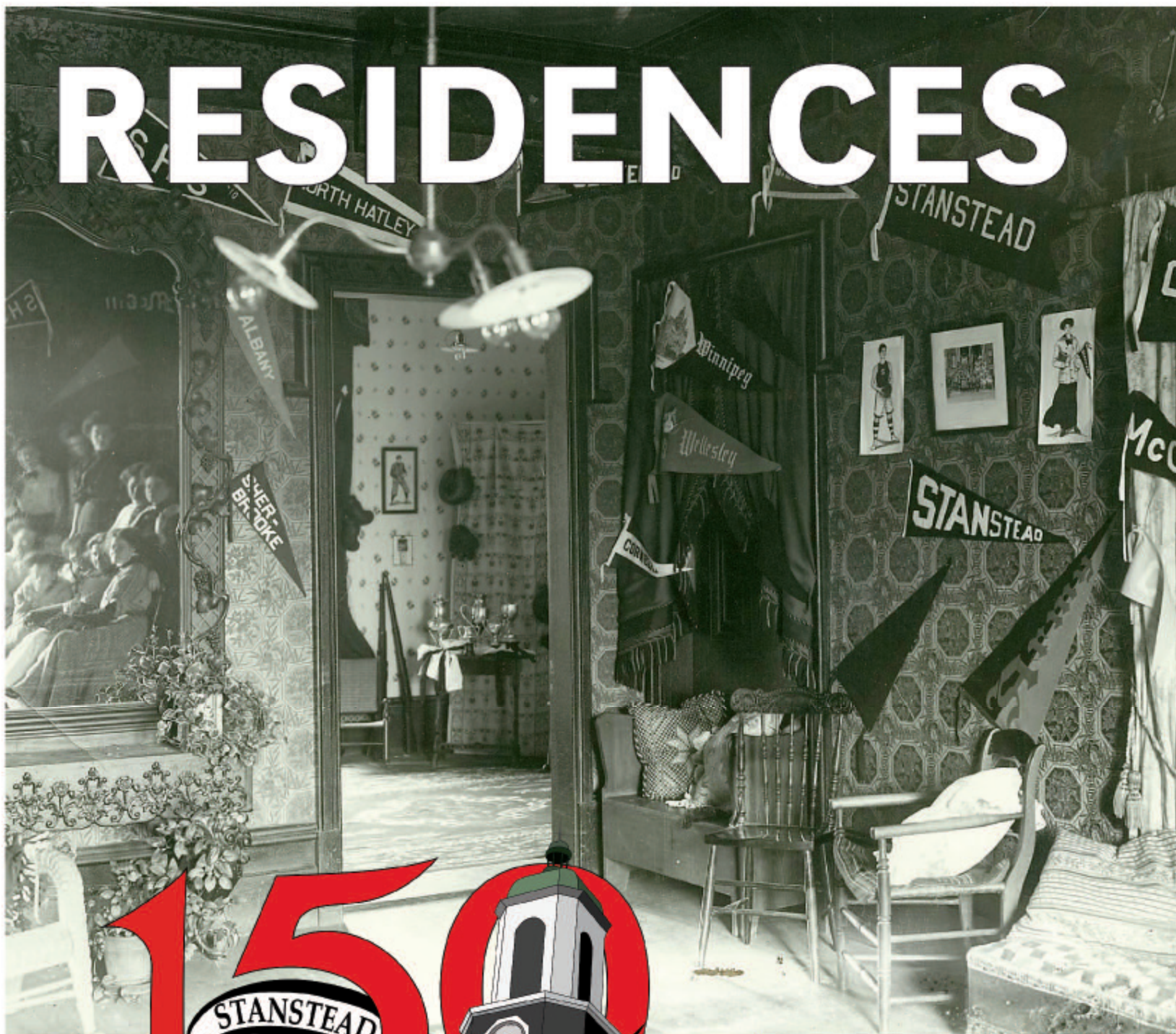
Stanstead College temporarily suspends on-campus operations in the spring due to the global COVID-19 coronavirus pandemic. The school year closes with online distance learning. The 2020-21 school year opens as scheduled and in person, although with a number of international students beginning their studies online. Masking and other pandemic restrictions (as well as many illnesses on campus) continue through much of the 2021-22 school year.

2022

Joanne Carruthers is named incoming head of school, the first woman to hold the position in the school's 150-year history. The student population stands at a record high with 268 students.



RESIDENCES



WEBSTER

HOUSE DIRECTORS

MONICA
SCHAFFER



ANA
PAJOVIC



SARA
ARCHER



KYRA
BORSOI





MAGALI
GAGNON



ALLIE
FRASER



ERICA
MASSOTO

HOUSE DIRECTORS



DAVIS

HOUSE DIRECTORS

SIMON
WINQUIST



PATRICK
RUWE



JOE
WONG



ROGER
MARINO





SHANNON
PIMM



THOM
PEASLEY



COURTNEY
TOUGAS



LADONNA
LAMONTH



ADAM
SPIRK

HOUSE DIRECTORS



Student Art



Siena Webster



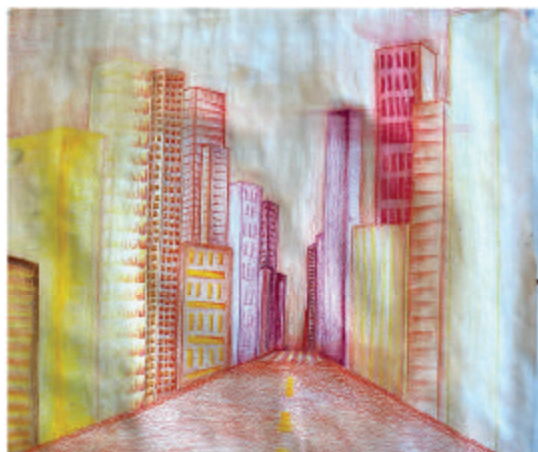
Paula Rojo Hamue



Katie Zhang



Thea Guan



Sofia Palomeras Sanchez



Valentina Chapoy Olivarrieta

CLUBS



Yearbook Staff and Supervisors,
1940s



Tyler Battah, Ben Leclerc, Gregor Mills, Ian Nicholson, Nylie Nyberg, Jaxon Pierce, Karel Prefontaine, Alice Sauriol, Nathan St-Germain

CANCER AWARENESS CLUB



Maria Teresa Calva Xolalpa, Rachel Chan, Valentina Chapoy Olavarrieta, Luke DeLaBruere, Elyann Haley, Samuel Karimi, Jacob Leduc, Reagan Lynch, Emma MacIntyre, Ren Nakamura, Jose Palacios Roji Diaz, Sofia Palomeras Sanchez, Oscar Rosen, Elodie Roy, Jimena Sanchez Jimenez, Parker Saunders, Avah St-Pierre, Kieran Templeman, Bernadette von Campenhausen, Jo Yeh

potteryclub

Evanny Archer Buzzell, Juliette Bernardi, Valentina Chapoy Olavarrieta, Keira Curtis, Hailey Gilbert, Aidan Hynes, Halle Khanna, Zoey Keefe, Henrike Kraushaar, Jacob Leduc, Melanie Li, Maddy Lippmann, Jana Loparic, Sara Martinez, Lea Matoush-St-Cyr, Camryn Moore, Fatima Moreno, Andres Moyano, Ana Luisa Nieto, William Neeposh, Sofia Palomeras, Cecilia Riddell, Maria Rueda Flores, Jimena Sanchez, Viviana Suverza, Cindy Zhao, Cici Zhou



aquaponics

Saif Alexander-Pardhan,
Liam Huckins, Beckett
Kristensen, Gabriel Poitras,
Joseph Ruf, Katie Zhang



Juliette Bernardi, Keira
Curtis, Anais Grappe,
Thea Guan, Ellie Jang,
Jasmin Kaiser, Zoey
Keefe, Kayla Lee, Gawon
Lee, Julia Lee, Melanie
Li, Alice Machida, Luna
Mares, Esther Turki,
Kaitlyn Wanka, Cindy
Zhao, Cici Zhou

CROSS-STITCH

45



BOARD GAMES



Saif Alexander-Pardhan, Alexia Aubin,
Laurie Aubin, Charles Beland, Jack
Carter, Zoe Charland, Noemie Cloutier,
Christophe Collins, Kate Collins, Kyle
Cregan, Keira Curtis, Justin Dupuis,
Erik Fabian, Chaz Grenier, Noah
Grenier, Spencer Hughes, Marcus Krats,
Beckett Kristensen, Emilie Labonte,
Presley Langevin, William-Antoine
Laplane, Maxime Lapointe, Adam
Larsson, Penelope Lavoie, Jacob
Leblanc, Christopher Leclerc, Joshua
Lippmann, Iain Olsen, Agustin Palacios
Roj, Noah Papillon, Sara Paquette,
Maelie Pion, Gabriel Poitras, Len
Richard, Gloria Riddell, Nicolas
Robillard, Anthony Rombotis, Noah Roy,
Benjamin Smith, Isabelle Smyth, Nathan
St-Germain, Liam Sumun, William
Towner, Maxim Tremblay, Rosalie
Tremblay, Anderson Trider, Frederic
Vincent, Kaitlyn Wanka, Hayley Wolfe

fencing



Christopher Leclerc, Will Laplante, Iain
Olsen, Noah Papillon, Jihoo Park,
Leonardo Richardi, Anderson Trider



classic films

Hector Sepulveda

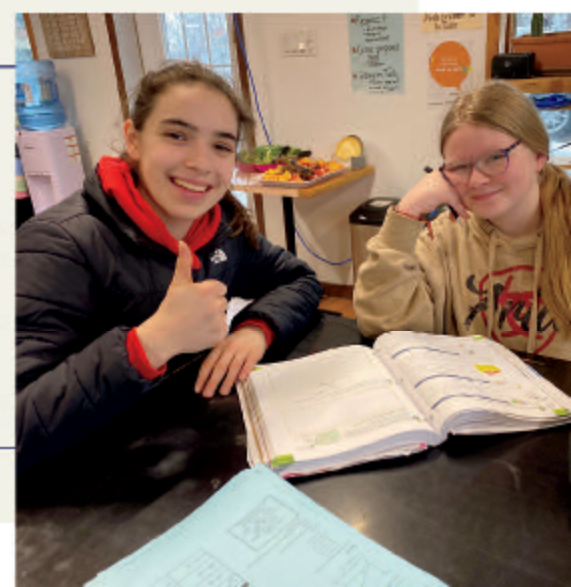
sewing

Alexia Aubin, Rosalie
Bouchard, Ethan Liverpool,
Fatima Moreno Anitua, Sarah
Paquette, Maelie Pion, Gloria
Riddell, Ben Rioux, Sara
Sevcikova, Maxim Tremblay,
Rosina van Frankestein



Phelps Helps

Emilie Labonté,
Maddie Labor,
Keita Masuda,
Béatrice Perron
Roy, Zofia
Kaczynska,
Summer Wong



LEARN TO SKATE

Miranda Angel, Bo Bailey, Tyler Battah, Bruce Campbell, Isabella Cardenas, Emma Carriere, Valentina Chapoy, Romina Chavarria, Christophe Collins, Luke DeLaBruere, Bryson Dodge, Patricio Echeverria, Anais Gapple, Jan Haars, Ellie Jang, Kayla Lee, Gawon Lee, Julia Lee, Maxton Lam, Allen Liu, Daniel Liu, Lauren Loon, Alice Machida, Sara Martinez, Josuke Masuda, Keita Masuda, Edythe McKenzie, Santiago Mejia, Andres Moyano, Ren Nakamura, William Neeposh, Ana Luisa Nieto, Jose Palacios Roji, Fernando Ponce, Alvin Qian, Jeremy Robert, Sofia Palomeras, Fernando Ponce, Alvin Qian, Ferdinand Rundel, Jimena Sanchez, Vivianne Suverza, Madik Trotter, Keita Tsutsumi, Esther Turquie, Bernadette von Campenhausen, Yuhe Wang, Eric Zhang, Harry Zhang, Johnny Zhang



Media Club

Maria Teresa Calvo, Liam Carroll, Andrew Dahms, Bryson Dodge, Felix Fortier, Frida Hagele, Caleb MacDonald, Ondrej Marton, Karyme Olan, Matteo Paradis, Antoine Remillard, Logan Sawyer, Wills Seagrave, Ethan Skara, Georgia Steenbakkens, Jack Treacy, Liam Wilson, Ryan Yung



Foodies

Miranda Angel, Romina Chavarria, David Dong, Patricio Garza, Emilia Gurza, Shun Hatano, Kevin Hu, Ander Iriarte, Allen Liu, Daniel Liu, Pamela Lopez, Sara Martinez, Santiago Mejia, Patricio Morelos, Jeremiah O'Regan, Juan Patricio Oropeza, Sara Paquette, Gloria Ridell, Buddy Shen, Isabelle Smyth, Summer Wong

animation

Kate Emms, Howard Gu, Sarah Leasure, David Lyu, Karyme Olan, Maggie Sun, Alina Szemioth, Jo Yeh



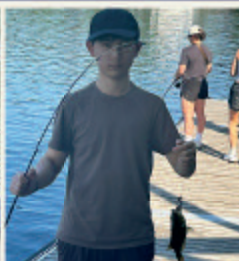
COMMUNITY SERVICE

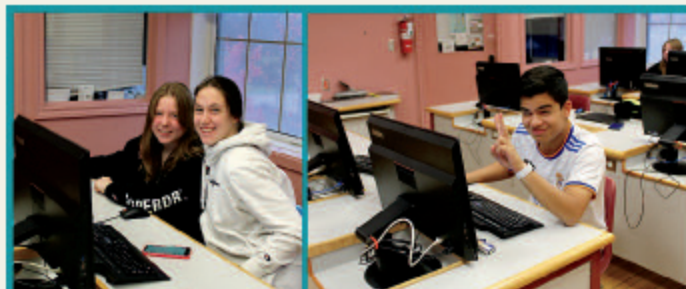


Jamie Arsenault, Laurie Aubin, Axelle Beaudoin, Florence Blanchette, Rosalie Bouchard, Zoe Charland, Noemie Cloutier, Kate Collins, Annabelle Cormier, David Dong, Alexa Gagne, Patricio Garza, Amanda Gu, Siena Hayman, Kevin Hu, Ander Iriarte, Tony Ju, Melissa Kakayuk, Olivia Knuff, Emilie Labonte, Maddyn Labor, Charlotte Labreche, Annie LaMantia, Penelope Lavoie, Arianne Leblanc, Valerie Lin, Joe Liu, Lauren Loon, Tucker Lynch, Sofia Martinez, Celine Mayer, Patricio Morelos, Jeremiah O'Regan, Juan Patricio Oropeza, Tammy Osibanjo, Nyakah Pierre, Buddy Shen, Quinn Smits, Emilia Stone, Joliane Tremblay, Rosalie Tremblay, Madik Trotter, Bernadette von Campenhausen, Lam Wang, Hayley Wolfe, Deanna Wright, Victor Wu, Jacky Xu, Austin Zhang, Cici Zhou

FISHING

Taro Kosuga, Stanley Lin, Roger Roger Marcoux, Beatrice Perron-Roy, Gabriel Poitras, Karel Prefontaine, Ben Rioux, Alice Sauriol





Spectrum

Miranda Angel, Emma Carriere, Mia Echbolzer, Emilia Gurza, Emma Kriezsz, Mauricio Lopez, Victoria Oliver, Sofia Palomeras, Jimena Sanchez, Lydia Walsh

BAGPIPES

Chaz Faucher, Henry Riddell

MATH

Tony Ju, Annie LaMantia, Victor Wu

D&D

Braden Chastanet, Parker Saunders

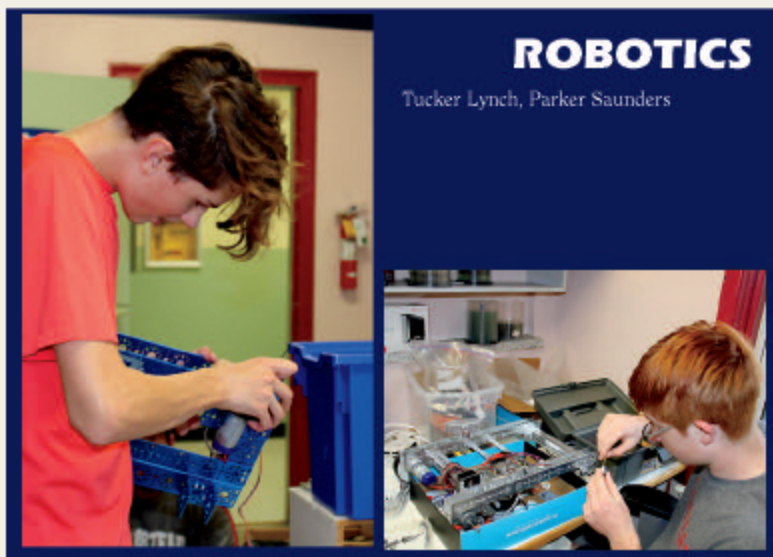
CREATIVE WRITING

Tony Ju, Kaitlyn Wanka

TAI CHI

Buddy Shen, Katie Zhang

47



ROBOTICS

Tucker Lynch, Parker Saunders

ZEN

Axelle Beaudoin, Amanda Gu, Siena Hayman, Charlotte Labreche

GLOW

Lysa Kabirigi, William Neeposh, Zoe Patenaude, Keita Tsutsumi



CHESS CLUB

Braden Chastanet, Tony Ju, Stanley Lin, Josh Lippmann, Roger Roger Marcoux, Alison Om, Agustin Palacios Roji, Anthony Rombotis, Liam Sumun, Barron Trotter, Keita Tsutsumi, Kaitlyn Wanka



ART CLUB

Krystine Breton, Borys Frenkel, Thea Guan, Zofia Kaczynska, Lucas Kakela, Kayla Lee, Gawon Lee, Melanie Li, Valerie Lin, Daniel Liu, Joe Liu, Pamela Lopez, Ana Luisa Nieto, Maria Paulina Rueda Flores, Ben Smith, Vivianne Suverza, William Towner, Lam Wang, Jacky Xu, Cindy Zhao

Dance

Clara Buck-Thompson, Valentina Chapoy, Charlotte Collins, Daphney Dozois, Charlotte Dube, Claudie Gamache, Lysa Kabirigi, Karel Prefontaine, Jane Rodi, Alice Sauriol, Valentine Savoie



cooking

Alexia Aubin, Rosalie Bouchard, Kyle Cregan, Kate Emms, Nicholas DiPaolo, Alexa Gagne, Maria Hatzidakis, Julie Jehouskova, Ryan Johnson, Hennie Kraushaar, Maxime Lapointe, Jana Loparic, Sofia Martinez, Ben Leclerc, Gregor Mills, Tomas Nyberg, Karyme Olan, Jaxon Pierce, Maelle Plon, Valentine Savoie, Zachary Soifer, Sara Sevcikova, Maxim Tremblay, Lydia Walsh

investment

Charles Beland, Jack Carter, David Dong, Justin Dupuis, Trofim Godochkin, Shun Halano, Spencer Hughes, Ryan Johnson, Halle Khanna, Presley Langevin, Jacob Leblanc, Maddy Lippmann, Emma MacIntyre, Zack Mahou, Camryn Moore, Tyler Palin, Lana Penaley, Maxwell Richler, Nicolas Robillard, Willis Seagrave, Raphael Tellier, Jack Treacy, Frederic Vincent, Rylee Yip

events

Maria Tevesa Calva, Emma Carriere, Andrew Dahms, Vivian Dahms, Kate Emms, Howard Gu, Kevin Hu, Maddy Labor, Jacob Ledac, Ian Nicholson, Tammy Osibanjo, Buddy Shen, Maggie Sun, Austin Zhang

more
CLUBS



TEDxYouth@Stanstead

Eric Cui, Howard Gu, Olivia Knuff, Emma Kreisz, Maddy Labor, Annie LaMantia, David Lyu, Celine Mayer, Tammy Osibanjo, Beatrice Perron-Roy, Maggie Sun, Austin Zhang



Jacob Beasse, Asher Dixon-Boles, Noah Grenier, Aidan Hynes, William Neeposh, Dominic Pokora, Noah Roy, Parker Saunders, Mike Sun

DIY



farm project

Antoine Remillard, Jerome Sayer, Ethan Skara, Siena Webster

PING PONG

Matteo Paradis, Rylee Yip



ACTIVITIES



Climb up Mount Washington,
1980



OPENING WEEK

2022-2023



The school opened the new year with 268 students, including 197 boarders and 71 day students. Of those, 148 are Canadian, with 23 from the USA, 29 from Mexico, 42 from Asian countries and 25 from other countries. There were 141 boys enrolled this year versus 127 girls.

New students arrived on September 7 and participated in orientation games and activities led by our prefects and teachers. Returning students arrived on September 8, with classes beginning on Friday. The weekend included All-Campus athletics. Saturday night featured Glow, with glow-in-the-dark games and dancing. Sunday saw all students and teachers head to Orford for a day at Park Ranch.



New student race, circa 1980s

TERRY FOX RUN



TOP RUNNERS:

Junior Boys: Noah Grenier (15 laps)
 Senior Boys: Adam Larsson (18 laps)
 Junior Girls: Rosalie Tremblay (10 laps)
 Senior Girls: Kate Emms/Krystine Breton (11 laps)
 Teacher: Mme. Lalande-Markon (12 laps)



ALL-CAMPUS DAY - FALL EDITION



CLASS TRIPS

2022-2023

Grade 12 students participated in guidance workshops and university visits.



Grade 11 students visit to Ottawa



1987: visit with Prime Minister Mulroney



Grade 10 Students visit to Quebec City





Grade 9 Students
visit to Camp
Wilvaken



Grades 7 & 8 visit to
Siskin-Coutts Camp



2022-2023

FACULTY-PREFECT SOCCER



It's a tie...!



ORANGE SHIRT DAY



The faculty from 1920 – unlikely to play soccer with students.

To mark the National Day of Truth and Reconciliation and in honour of victims of the residential school system

HALLOWEEN



COSTUMES COSTUMES COSTUMES



Do you recognize this current teacher in disguise from 1992-93?

HAUNTED CHURCH



CAMPUS RENEWAL

2022-2023



Construction began in the fall on a new junior girls residence and wellness centre. The cost of the project is estimated at \$7.5 million. A ground-breaking ceremony took place at the site of the new construction on Saturday, September 24, with Stanstead College board chair Jonathan Cowen on hand along with Head of School Michael Wolfe, Associate Head of School Joanne Carruthers and Property Committee chair Martin Béasse.

The new junior girls residence will have 26 beds for boarders and spaces for 12 day students as well as three apartments for house directors. The new wellness centre will include living areas for two nurses and their families and a third area for an on-call nurse. It will also include beds for 10 students as well as a concussion assessment room.



In January, it was announced that the new junior girls residence (above right) would be named Wolfe House in honour of the outgoing head of school.



More maples were planted along the walkway behind Colby.

In other campus developments, the College opened its new maintenance shed located in the old Stanstead College Arena on Riverside Street, directly below the main campus. The building houses school equipment, vans and buses as well as the offices for maintenance, transportation and security. The heavily renovated building has stood empty since the opening of the Pat Burns Arena in 2011.

Booo... the Flu!

In addition to the occasional COVID case, influenza A swept through the campus in late October and was declared an epidemic by Quebec Public Health. This resulted in the shut-down of certain events, including the much-anticipated Halloween Dance. Mask mandates were once more revived and classes moved back to an in-person/online hybrid.

In the space of about a week, 156 students – over half the school community – came down with the flu. Several teachers and staff went down with sickness as well. Luckily, the timing of the November break allowed students to recover from home, and the return to class saw a return to health.



Survivor(s)

The fall edition of Survivor came down to a final three: Ben Leclerc, Jerome Sayeur and Ms. Robitaille.

PAINCHAUD FAMILY - HASKELL OPERA HOUSE

As part of the 150th celebration, the school was treated to a private performance by the Painchaud Family at the Haskell Opera House. The show was a gift from a school family.



CHRISTMAS ACTIVITIES



Carol Service @ Centenary



xmas dance



As part of our Christmas celebrations, we invited campus kids and their families to enjoy games, crafts and treats organized by our prefects followed by a visit with Santa.

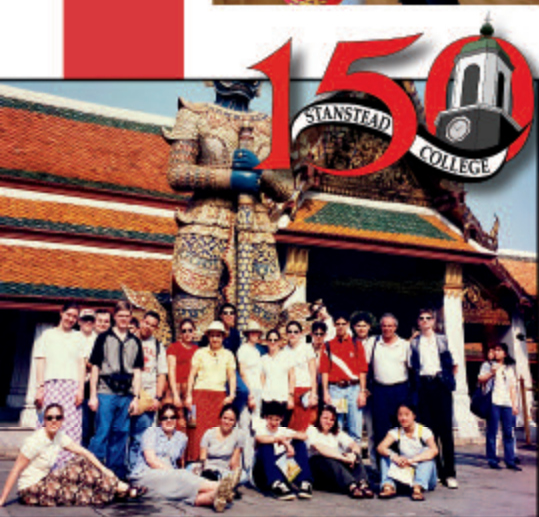


CHINESE NEW YEAR

2022-2023



To mark the Lunar New Year, students and parents enjoyed a special lion dance performance followed by a martial arts demonstration and other traditional activities.



Class Trip to Asia 1997

BLACK SWEATER 1



The Black Sweater is given in recognition of exceptional performance across academics and athletics and is presented to a student-athlete who has earned a Major 5 award and whose term average is at least 80%. The recipient is chosen by the Program Directors, with consideration given to the candidates' course level, academic course load and other school commitments.

With a Major 5 in soccer and an average of over 89% in a challenging program including two AP classes and three advanced courses in Physics, Chemistry and Math, the recipient of the Black Sweater for Term 1 was Madeline Lippmann.

In addition, the top academic averages in each grade for Term 1 were: Grade 7 – Clara Buck-Thompson; Grade 8 – Sarah Leasure; Grade 9 – Laurie Aubin; Grade 10 – Luke DeLaBruere; Grade 11 – Summer Wong; Grade 12 – Oscar Rosen.

WINTER CARNIVAL



Monday: Tourist Day
 Tuesday: Wacky Dress Day
 Wednesday: House Movie Theme Dress
 Thursday: Twin Day
 Friday: PJs and Flannels Day



ALL-CAMPUS BROOMBALL



Snow Sculpture 1964

WINTER CARNIVAL - The Oscars

2022-2023

MEXICO VS ASIA HOCKEY GAME



LIP SYNC



FIGURE SKATING

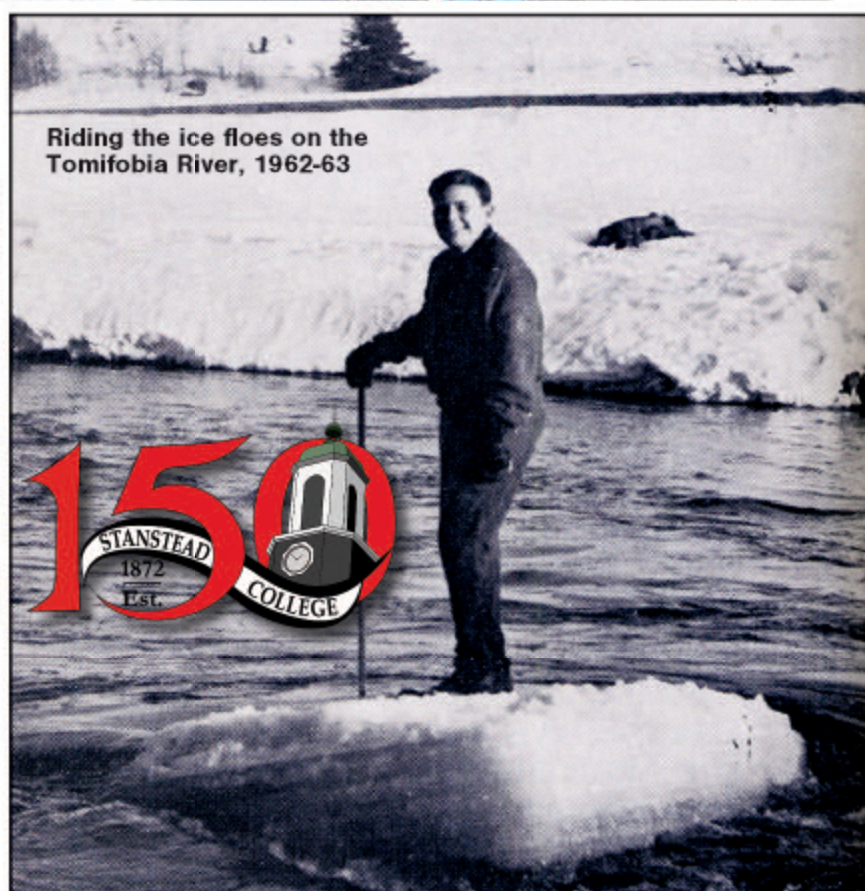
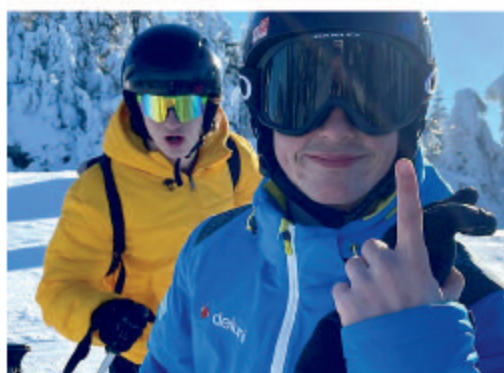


FACULTY-PREFECT BROOMBALL



Teachers win!

VALCARTIER, SLIDING AND OWL'S HEAD



JUNIOR SCIENCE FAIR

2022-2023



Grade 7

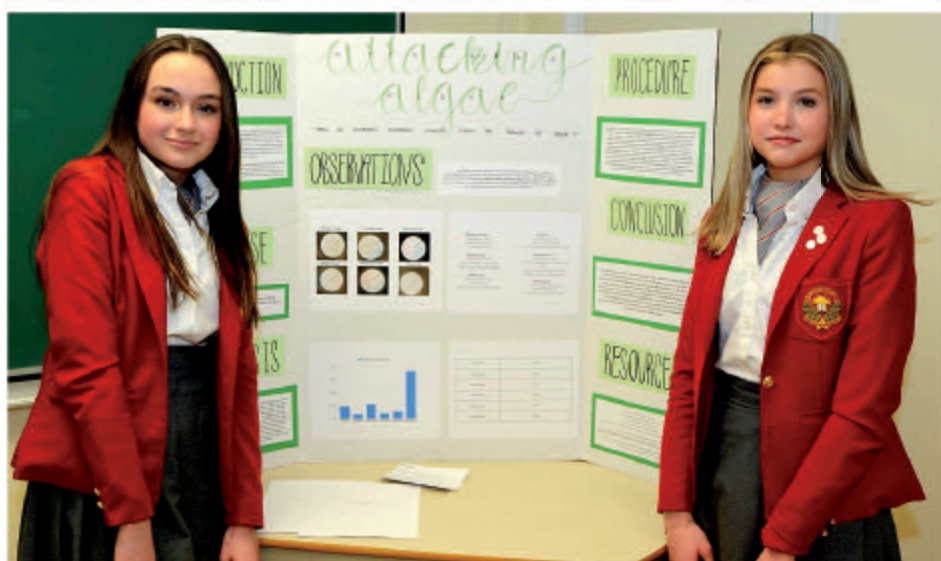
Honourable Mention - Bryson Dodge and Aidan Hynes - Is the Five Second Rule Accurate?
2nd place - Juliette Bernardi and Kaitlyn Wanka - Does the Size of Activated Charcoal Impact Filtration?
1st place - Ethan Liverpool and Ben Rioux - Which Moisturizer Works Best to Keep Skin Hydrated?

Grade 8

Honourable Mention - Sara Martinez and Miranda Angel Garcia - Which Acne Treatment Works Better?
3rd place - Jane Rodi - Testing Water Quality of Local Water Sources
2nd place - Chaz Faucher and Noah Grenier - How Much Does Sugar Change Throughout Ripening?
1st place - Sarah Leasure and Romina Chavarria Purata - The effects of household runoff on pond algae growth

Grade 9

Honourable Mention - Harry Zhang and Keita Tsutsumi - How does ramp angle effect the speed of a marble run
3rd place - Tammy Osibanjo and Alison Om - Can a natural acid increase the pigmentation during the dyeing process of cloth
2nd place - Laurie Aubin and Rosalie Tremblay - The effect of acid rain on algal growth
1st place - Penelope Lavoie and Charlotte Labreche - The effects of deoxygenation on yeast CO₂ production



FACULTY-PREFECT BASKETBALL



Recognize these legends
from 1993-94?

CAFE CAPPUCCINO

2022-2023



- Brown Eyed Girl - Van Morrison Thomas Leblanc, G, Dyke, Max
- Make You Feel My Love - Adele Rachel Chan, Valentina Chapoy
- E.G.M. dengzqi) Katie Zhang
- Your Song - Elton John Spirk Nation, Tere, G, Luke DeLaBruere, Keira Curtis
- Whiskey Lullaby - Brad Paisley, Alison Krauss Ms. Nicki Campbell, G, Dyke, Tere
- Love - The Little Tigers David Dong, David Lyu, Buddy Shen, Austin Zhang
- Vienna - Billy Joel Krystine Breton, Tere, Summer Wong, Justin Bouchard, Jerome Sayeur
- Glimpse of Us - Joji Kieran Templeman
- Cowboy Take Me Away - The Chicks Ms. Kirby, Avah, Tere, Max, Dyke, Tommy
- Jar of Hearts - Christina Perri Jana Loparic, Frida Hagele
- Seven Nation Army - The White Stripes Jose Palacios Roji, Tucker Lynch, Jacob Leduc
- Father & Son - Cat Stevens Kieran Templeman, G, Dyke, Max
- One Day - Imagine Dragons Emma Kreis, Zoe Patenaude, Thomas Leblanc, Dyke
- A Life That's Good - The Nashville Soundtrack Siena Webster, Thomas Leblanc, Dyke
- If I Die Young - The Band Perry Avah St-Pierre, Tere, G, Dyke, Keira Curtis
- Photograph - Ed Sheeran Elodie Roy, Oscar Rosen, Max
- Scorpio Season - Charlotte Cardin Avah St-Pierre, Krystine Breton, Elodie Roy, Summer Wong, G, Tere
- Red - Taylor Swift Elodie Roy, Avah St-Pierre, Dyke
- Dust in the Wind - Kansas Elyann Haley, Tere, Max
- Ring of Fire - Johnny Cash Parker Saunders, Reagan Lynch, G, Dyke, Max, Thomas
- Happier Than Ever - Billie Eilish Avah, G, Tere, Oscar, Summer
- Mother - Pink Floyd Rachel Chan, Glen Faucher, Thomas Leblanc, Luke DeLaBruere
- Sympathy For the Devil - Rolling Stones Tommy + Soundtrax
- I Don't Want to Miss A Thing - Aerosmith Elodie Roy, G, Oscar Rosen, Max, Luke DeLaBruere



Students performing for WIKE Radio in Vermont, 1953



ALL-CAMPUS SPRING EDITION



Total points after spring:

South: 90

West: 80

East: 70

North: 68



BLACK SWEATER 2

With a Major S in varsity girls hockey and an average of over 92%, the recipient of the Black Sweater for Term 2 was Grade 12 student Elodie Roy.

In addition, the top Term 2 averages in each grade were:
Grade 7 - Clara Buck-Thompson; Grade 8 - Sarah Leasure;
Grade 9 - Laurie Aubin; Grade 10 - Luke DeLaBruere;
Grade 11 - Summer Wong; Grade 12 - Antoine Rémillard.



Commercial diploma from 1880

2022-2023

SCHOOL PLAY



MURDER AT CRIMSON HOUSE

Rebecca Fitzwilliam: Elyann Hayley
Jeeves: Justin Bouchard
Shirley: Sarah Leasure
Fay Strange: Ellie French
Anguish Crispie: Siena Webster
Mark Palegrave: Zac Soifer
Penny Russell: Avah St-Pierre
Delivery Person: Juho Virtanen
Hercules Porridge: Chaz Grenier
Leon Russell: Félix Fortier
Bridget Moriarty: Élodie Roy
Detective Bobby: Ian Nicholson
Officer Mulligan: Alison Om
Colonel Chutney: Kieran Templeman
Student One: Alina Szemioth
Student Two: Charlotte Hughes
Nurse Payne: Jérôme Sayeur

Director: Nicki Campbell
Set Design: Michelle Bourque
Stage Manager: Zoe Patenaude
Lights And Sound: Luke Delabruere, Jeremy Robert
Props: Quinn Smitts
Poster Design: Reagan Lynch
Costumes: MJ Boulet
Make-Up: Laura Kirby, Allie Fraser

Sarah MacNeil and Nick Wilson in The Importance of Being Earnest, 1997



HOMECOMING



Roughly 250 alumni, former faculty and past/current parents came to campus May 13 for Homecoming and to celebrate the school's 150th anniversary. The day consisted of rugby, great food, and a special unveiling of Mitchell Kotansky's bronze sculpture, "Beginnings." Later in the evening, the 150th Gala Celebration took place at the Chateau Champlain in Montreal with 240 in attendance. A special 150th mural was also prepared by the Grade 12 AP Art class.



WORLD BOOK DAY



NOISES OFF - HASKELL OPERA HOUSE

On April 27, the school made another trip up to the Haskell Opera House, this time to watch a performance of *Noises Off* by Michael Frayn and presented by Borderline Players. The Canadian and American cast included teacher Christopher Planetta and communications director Ross Murray (both bottom right).



ALL-CAMPUS DAY

2022-2023



ALL-CAMPUS 2023
WINNER:
TEAM SOUTH



FAC-PREF SOFTBALL



Teachers take the game after a dominating season! (Sorry, prefects....)



WATER GAMES



HOUSE CUP WINNER:
WEBSTER

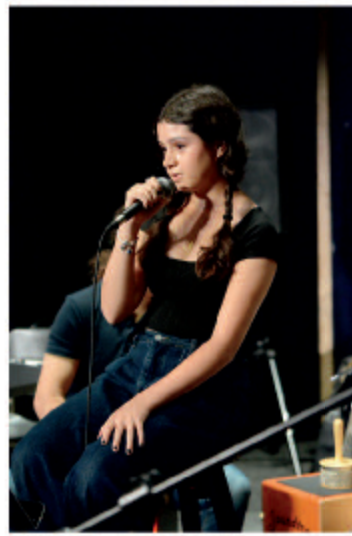


UNDER THE SEA DANCE

2022-2023



@ THE HASKELL OPERA HOUSE VARIETY SHOW



- Elodie, Justin, Oscar, Mr. Faucher: Strong Beers – Tim Hicks
- Thomas & Reagan: Mary – Alex G
- Kieran, Dyke, Krystine, G., Tere, Max, Elyann: The Scientist – Coldplay
- Austin Zhang: Stranded – K'Jay Chan
- French Dept: Sketch
- Mrs. Pimm & Mr. Van Dyke: She's Not Just a Pretty Face – Shania Twain
- Isabella, Madik, Max: Let the Light In – Lana Del Rey
- Elodie & Mr. Van Dyke: But We Lost It – Pink
- Jose, Oscar, Thomas: Master of Puppets – Metallica
- Katie Zhang & Miss Mag (dance): Charmer – Story Kids
- Grade 7s: Dumb Ways to Die
- Ms. Kirby, Max, Tere, Avah, Thomas: American Honey – Lady A
- Frida, Celine: Stay – Rhianna
- GDyke, Avah, Thomas, Summer, Maddie, Elyann, Lana, Rachel, Siena: Levitating – Dua Lipa
- Elodie, Rachel, Mr. Faucher: original song – Elodie Roy
- Braden Chastanet – Stand-up
- Lifers – Growing Old on Dufferin Street – AJR
- David Lyu, Austin, Howard Gu, Jo Yeh
- Mr. Marino, Karina: Lip Sync
- Avah, Tere, Oscar: No Roots – Alice Merton
- Tere, Spirknation, Dyke: I Still Haven't Found What I'm Looking For – U2
- Elodie, Tere, Oscar, Chaz, Summer, Krys: Mr. G's Brain Damage – Pink Floyd parody
- Elodie, Mac, G, Van Dyke, Luke, Max, Emma Mac: Payphone – Maroon 5
- Stanstead Movie Club: Day Dreamer
- Mr. Planetta: Simple Instructions
- Justin, Van Dyke, Thomas, Summer, Tere: I Bet My Life – Imagine Dragons
- Kieran: My Way – Frank Sinatra
- Avah, Siena, Oscar, Summer, Krystine, Mr. Faucher: Before He Cheats – Carrie Underwood
- Siena, Sara, Kate: Mash-up – Various
- Kate, Oscar, Tere, Keira, G: Love on the Brain – Rihanna
- Thomas, Bernie, Elodie, Oscar, Reagan, Luke, Ren, Summer: September – Earth Wind & Fire



We begin to say farewell...



BLACK SWEATER 3

With a Major S in badminton and a top academic average, the recipient of the Black Sweater for Term 3 was Grade 12 student Ryan Yung. The final sweater was presented at the Graduation Dinner to thunderous applause!

HEAD FOR A DAY

Bryson Dodge, Grade 7, was Head for the Day, purchased by his parents at a silent auction earlier in the year. Here he is shown treating his classmates to donuts in the head's office.



SPORTS



Hockey Team 1928



SOCCER

SENIOR GIRLS - WHITE



Front: Daphney Dozois, Sara Paquette, Gloria Riddell, Camryn Moore, Madeline Lippmann, Krystine Breton, Siena Webster, Charlotte Dubé, Valentine Savoie
Back: Mr. E. Van Dyke (coach), Valentina Chapoy Olavarrieta (manager), Lana Peasley, Vivianne Suverza de Diego, Mariana Coronel Cardena, Charlotte Hughes, Ana Luisa Nieto Jimenez, Avah St-Pierre, Bernadette von Campenhausen, Sofia Martinez Ajzenman, Jimena Sanchez Jimenez, Ms. L. Kirby (coach)



What a season! How did we pack so much success and joy and so many indelible memories into only 7 weeks?! Hmm, let's take a look...

The Stats: 9 wins 2 losses 1 tie, 25 goals for vs 9 against, 7 shutouts

The Accomplishments: Silver medals at our SIT and, unforgettably, the ETIAC regular season banner

The Major Sweater Winners: Camryn Moore (cannot be beaten 1 v 1), Maddie Lippmann (best goalie in the league), Bernie von Campenhausen (ETIAC top scorer)

The Memories: hosting our SIT, Charlotte Dubé and her backflips, Avah St-Pierre and her kinda-British accent, the unlikely 2-1 win vs SC Red early in the season, Charlotte Hughes and her 5-minute handstands, the SAK line (Sara Paquette, Avah, Krystine Breton), the birthday video you all presented to me in the Sports Store, Viviane Suverza and her ever-disappearing key card, our team bowling outing (and me losing to Sara by 4 measly pins - donuts for everybody!), and last but certainly not least, the unbelievable 2-0 ETIAC banner-clinching victory over Galt at Bishop's University

The Moment: The celebration and endless photo shoot after beating Galt for the banner, under the Friday Nite Lights on a perfect starry night, right there on the logo at the centre of the field, claiming Coulter Field as "Our House!" with the loudest, most joyful team cheer I've heard in years. The endless hugs and smiles, the unbridled joy and pride, arm in arm together - one of the best moments of my coaching career.

I repeat: What a season!

So, how DID we pack so much into only 7 weeks?! To be honest, I don't really know. It took a special group of young women to make this season so extraordinary. Maybe I don't need to question it. Maybe I just need to look back on it and be thankful that it happened. And I am thankful. For how hard you all tried, for your trust in the system, for your perseverance, and for the enthusiasm you brought to the field every day. In sports, it doesn't always work out that positivity and work ethic get rewarded with epic wins and fairytale moments. But then again, sometimes it does. Congratulations to all on a fantastic season!

- Coaches Van Dyke & Kirby





Front: Valerie Liu, Julie Jebouskova, Rosalie Tremblay, Pénélope Lavoie, Charlotte Labrèche, Laurie Aubin, Noémie Cloutier
Back: Fatima Moreno Anitua, Alexa Gagné, Isabelle Smyth, Pamela Lopez Puga, Annabelle Cormier, Ophélie Sayeur, Emilie Labonté, Nyakah Pierre, Mr. T. Peasley (coach)

After our team won the championship playoff game against Galt, I was asked to write a couple of lines for an Instagram post. I wrote:

"Despite injury, despite sickness, despite missing six players from our lineup, this team dug deep (along with help from our last-minute call-ups from the junior team) and managed a hard-fought win against a great opponent. We could not have asked for a better display of what it means to be a Spartan – teamwork, effort, and perseverance." The girls on this team displayed these traits throughout the season. Looking back, I think we only played one or two games with our full roster. We had concussions, injuries, and sickness that left us playing nearly all of our games with only one sub, or no subs, or even less.

One day that stands out in particular was our second-last regular season game at Galt. We started with 11 players. After a variety of injuries, we were down to 8 – that included the goalie. When I mentioned to some players how I might just call the game because I didn't want anyone else getting hurt, they immediately replied, "No, we can do it coach!" That was the spirit of this team – never giving up, always willing to dig deep, show teamwork, effort and perseverance. That's when the Galt coach came over to me and said he wanted to finish the rest of the game the way it should be played, with fairness. His team then removed players from the field so that we would be on equal terms. Our team dug deep yet again and tied the game with only a few minutes remaining, and we somehow left Galt that day with a tie. A great show of sportsmanship by Galt, and a great show of determination by our girls yet again.

Despite injuries that haunted us throughout the season, we ended up being incredibly successful. We won 6, lost 1 (to Stanstead white in a great game) and tied 2. We had 33 goals for and 10 against. A great record that the whole team should be proud of.

There are lots of memories – whether it's Rosalie's looping goals, Pénélope's aggressive saves, Pamela struggling to keep playing through pain, Coach Cloutier at practice, Val leading the cheer, Fatima arriving just on time, Isabelle playing anywhere I ask her to, Nya standing on the ball, Emilie scoring four in a game, Charlotte's non-stop sprinting, Julie's hats, Laurie's booming kicks, Alex being a wall at defence, or Annabelle doing 49 keep-ups, I hope you remember it all and talk about it for years to come – I know I will!

- Coach Peasley



SOCCER

SENIOR BOYS



Front: Jan Haars, Trofim Godechkin, Mr. A. Simard (coach), Justin Bouchard, Mr. G. Chandler (coach), Chaz Grenier, Dr. J. Standage (coach), William Townner, Bruce Campbell Gutierrez
Back: Ferdinand Rundel, Matteo Paradis, Mauricio Lopez Sanchez, Luke DeLaBruere, Patricio Echeverria Garcia, Iain Olsen, Rylee Yip, Andres Moyano, Nicolas Robillard, Ryan Johnson



Following tryouts in early September, five Grade 12s, nine Grade 11s and two Grade 10s would make up a light but fiercely determined senior boys' soccer roster. Led from opening day by team captains Justin Bouchard and Chaz Grenier, the Spartans would be characterized as a hard-working group with good skills who kept solid ball possession but had difficulty finding the back of their opponents' goal. The inability to capitalize on well-created scoring opportunities would become the undoing of this team, especially in the last league game of the season, a narrow 2-1 defeat away to Massey-Vanier that meant losing the ETIAC league banner.

Overall, the Spartans played eight league games, three of their own Invitational Tournament matches and one playoff semi-final game. We compiled an even 4-4-4 record, scoring 19 goals and allowing 22 goals in the process. In ETIAC, the Spartans finished in third place with three wins, one loss and four draws and lost in the playoff semi-final match 1-0 to Galt. The 1st Annual Stanstead College Invitational Tournament, held in mid-October, provided excellent competition in the form of two powerhouse Montreal teams, Lower Canada College and Loyola, as well as ETIAC neighbour Alexander Galt. Losses against LCC and Loyola were excellent learning lessons for the Spartans, and a win against Galt set the squad up nicely for the late season charge to the playoffs. Stanstead finished the season by playing seven games in a nine-day stretch! Despite their determination, perseverance, and positivity, unfortunately there wasn't anything left in the energy tank come playoff time.

Congratulations go to senior "S" winner Mauricio "Swiss Army Knife" Lopez, Major "S" winner Chaz Grenier, Most Sportsmanlike Player winner Justin Bouchard, and to Iain Olsen, Major "S" winner & the Bobby Moore Trophy for being the Most Valuable Player. I would like to thank fellow coaches Mr. Andre Simard and Dr. Jeff Standage for their dedication, commitment, and experience. Their strong sense of humour, quick wit and fun banter with the boys made the fall season a really fun one. Congratulations to our senior players and bring on the 2023 season!

- Coach Chandler

JUNIOR BOYS SOCCER



Front: Jeremiah O'Regan, Joshua Lippmann, Erik Fabien, Henry Riddell, Santiago Mejia, Christophe Collins, Gabriel Poitras, Juan Patricio Oropéza Gonzalez, Ander Iriarte Rodriguez, Tim Ludewig, Beckett Kristensen
Back: Jihoo Park, Len Richardi, Joseph Ruf, Liam Huckins, Chris Leclerc, Bo Bailey, Jeremy Robert, Keita Tsutsumi, Anthony Rombotis, Saif Pardhan-Alexander, Mr. D. Liverpool (coach)

As we entered the season, it quickly became evident that we were talented, possessing skill and ability at almost every position on the field. The only question: Would we be able to come together as a team?

My coaching philosophy has shifted over the years. My number-one goal is for the players to have fun. If we don't enjoy our time together on the field, what's the point? We finished the season with a record of 6 wins, 1 loss, and 1 tie. This placed us in second position in the league and pitted us against the third-place finishers from Alexander Galt. We were the better team, and although this does not always equal winning, on this day it did to the tune of a 4-1 victory and a spot in the league finals against the purple squad from down the street. Long story short, though we battled, we came up a touch short in the end and had to settle for a second-place finish in both the regular season and the playoffs.

I feel I have to mention that things might have been a bit different had we been able to field our full squad. Sadly, our bout of influenza forced four starters to miss the final. Bad news, we really missed these young men on this day. Good news, we were blessed enough to have a few bantam players join our team for the finals and they acquitted themselves nicely; the future looks good.

To sum up, this was a wonderful season with a wonderful group of young men. In the end, we did come together as a team and I think we did have fun. I know I certainly did. Thank you, gentlemen.

- Coach Liverpool



SOCCER JUNIOR GIRLS



Front: Miranda Angel Garcia, Keira Curtis, Kaitlyn Wanka, Zoey Keefe, Annie LaMontia, Emilia Gurza Orozco, Cecilia Riddell, Hailey Gilbert, Juliette Bernardi
Back: Mrs. L. Smith (coach), Sara Martinez Aizenman, Evanny Archer Buzzell, Clara Buck-Thompson, Romina Chavarria Purata, Jane Rodi, Ms. K. Guerrero (coach)



The junior girls soccer team had a long and challenging season. However, this team was successful in other ways: the girls always showed character, integrity, heart and determination. This team never quit trying -- all -- season -- long. Coach Guerrero and I are proud of the entire team because the players developed friendships, learned responsibility, developed healthy habits, learned resilience, and most of all, learned the benefits of teamwork and helping friends reach a common goal. It was a pleasure working with this group of girls and we hope to see everyone back in the fall of 2023 so that we can continue to improve! You are all true Spartans, and you represented your school with pride.

- Coach Smith



BANTAM BOYS

SOCCER



Front: Jose Palacios, Roji Diaz, Aidan Hynes, Ethan Liverpool, Jacob Leduc, Benjamin Rioux, Noah Grenier, Patricio Morelos Zaragoza Serra
Back: Ms. K. Borsai (coach), Mike Sun, Jacob Beasse, Noah Roy, Charles Faucher, Josuke Masuda, Patricio Garza Sanchez

The Bantam level is always exciting because you never know what you're going to get. I had two returning players, Noah Grenier and Josuke Masuda and 11 new players, all who are in their first year at Stanstead. Most of these boys had never even met one another, yet they became such a close-knit group -- who absolutely drove me insane.

But that's the beauty of it. Despite whatever was going on, they were able to come together and enjoy their time on the field. Our last game of the regular season was a prime example of this. We could have lost that game by two goals and still won first place in the regular season. But most of the boys didn't even realize we were first in the standings. After 70 minutes of play, where the boys fought hard, the game ended in a 2-2 tie, and I was excited to tell them they had finished first in the league. Yet, all they wanted to know was when were we going to McDonald's and how far was McDonald's and if they ate their ice cream super-fast before they got on the bus would they still be allowed to get one.

Although we didn't have a storybook ending with a trophy in our hands, you all should be proud of your hard work throughout the season. Your sportsmanship exceeded my expectations. You made friends with every opponent, you made playing soccer fun. Other coaches and players even went as far as to tell me you boys were all around great kids. You made memories, danced on the bus, scored some goals, made some big saves, and most importantly enjoyed some burgers with your new friends. Friends that I hope you keep for all your time at Stanstead and years after.

- Coach Borsai



BADMINTON



Front: Stanley Lin, Ren Nakamura, Lyssa Kabirigi, William Neepash, Maggie Sun, Katie Zhang, Amanda Gu, Melanie Li, Zofia Kaczynska, Kayla Lee, Gawn Lee
Middle: Tony Ju, Alvin Qian, David Lyu, Daniel Liu, Maxton Lam, Jacky Xu, Ryan Yung, Jo Yeh, Thea Guan, Julia Lee

Back: Mr. M. Wolfe (coach), Johnny Zhang, Summer Wong, Allen Liu, Barran Trotter, David Dong, Lam Wang, Kevin Hu, Braden Chastanet, Eric Zhang, Tucker Lynch, Roger Marcoux, Austin Zhang, Victor Wu, Eric Cui, Ellie Jang, Alice Machida, Anaïs Grappe, Ms. C. Lalande-Markon (coach)



With approximately 40 players joining the badminton team in the fall of 2022 - and with only six courts available - scheduling and managing court time was a bit like working with a giant sliding puzzle. We had to move the pieces around frequently to make sure that we maintained flexibility and that no one got stuck. Thanks to the excellent cooperation and teamwork of our players, we were able to make sure that both our competitive team of players and our recreational group all received a good amount of court time. The action was always fast and furious with the doubles teams in constant motion. Veteran badminton stalwarts like Braden Chastanet, Ren Nakamura, Ryan Yung and Roger Marcoux ensured that the level of play within the competitive cohort remained at a high level, while newcomers such as Julia Lee, Alice Machida emerged as future stars of the program. Congratulations to all participants on a wonderful term of badminton.

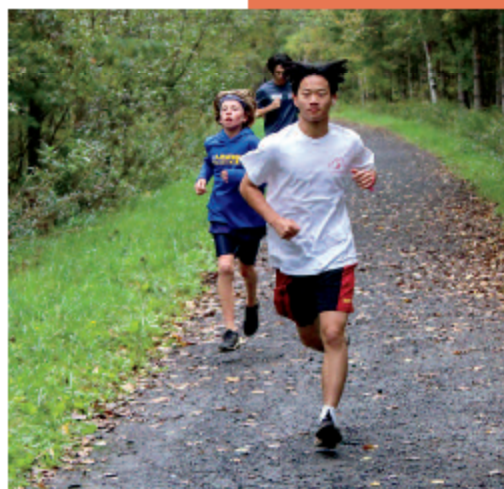
- Coach Wolfe



CROSS-COUNTRY **RUNNING**

When talking cross-country, everyone thinks "individual sport." This is the beauty of cross-country, it's both individual and team. Each individual works to get the best possible result for the team. For each level (separated by age and gender), the top seven runners gain points for the team. The higher you place, the more points for the team. The team with the most points after the four races in the season wins the banner. We won't credit just one person for this championship win, we will say it was a team effort: It could have been Liam's four first-place finishes, Flo's personal best second place, Axelle's hard-working attitude and scoring points, Kate's willingness to never give up, Melissa's even-keeled performances, Charles's ability to bounce back after injury, Jack's ability to work despite sore knees, Justin's three top three finishes, Jacob's four first-place finishes, Reagan's drive for first place, Mia's work ethic and always smiling disposition, Halle's determination to get that gold medal, Hayley's never-quit attitude and always being first to practice, Keita's strive to get better, Asher's three top-three finishes and the ability to find a bathroom in a hurry, Shun's ability to always eat Doritos during last period giving him cramps during practice but still putting in the work, Zack's natural ability, Max's strive to improve, Jerome's leadership or Cole's comic relief. Definitely, a team sport. Whatever the clinching factor was, they did it, together, as a team!

- Coach Reynolds



ULTIMATE



Front: Thomas Leblanc, Charlotte Collins, Claudie Gamache, Jana Turner, Hector Sepulveda
Back: Mr. J. Wong (coach), Parker Saunders, William-Antoine Laplante, Josh-Isaac Jeune, Borys Frenkel, Samuel Karimi, Tyler Battah, Agustin Palacios Roji, Ms. Amy Laroche (coach)



This year's ultimate frisbee season was a blast! We had some hilarious moments, like side trips to McDonald and our games in the rain so much fun. Our team really came together and improved a lot throughout the season. It was awesome to see how we grew as a team and made unforgettable memories. Thanks for a great season.

- Coach Wong



CO-ED VOLLEYBALL



Front: Mr. G. Faucher (coach), Emma Carrière, Andrew Dahms, Presley Langevin, Noah Papillon, Kate Emms, Vivian Dahms, Maria Teresa Calva-Xolalpa, Maddy Labor, Sarah Leasure, Paulina Rueda Flores de Diego, Ms. J. Robitaille (coach)

Middle: Zoe Patenaude, Alina Szemioth, Deanna Wright, Rachel Chan, Elyann Haley, Sofia Palomeras Sanchez, Barbara Elia Ferraz, Esther Turque Farca, Quinn Smits, Siena Hayman, Zoe Charland
Back: Benjamin Smith, Fernando Ponce Laresgoiti, Anderson Trider, Frédéric Vincent, Félix Fortier, Ethan Skara, Ian Nicholson, Léa Matoush-Cyr, Karyme Olan Gallardo, Jana Loparic, Henrike Kraushaar, Rosina von Franckenstein. Missing: Emilia Stone, Madik Trotter



OUTDOOR

PURSuits

Bryson Dodge, Samuel Karimi, Joe Liu, Lauren Loon, Luna Celeste Mares, Victoria Oliver, Alison Om, Tammy Osibanjo, Paula Rojo, Kieran Templeman, Yuhe Wang, Cici Zhou



FALL ATHLETIC ASSEMBLY



MVPs

William Greenshield Trophy for cross-country running:
Reagan Lynch
Bobby Moore MVP Trophy for senior boys soccer:
Iain Olsen
Merle Griffin Trophy for senior girls soccer:
Rosalie Tremblay (red team), Bernadette von Campenhausen (white team)



Bantam Boys Soccer
Bantam S: Benjamin Rioux
Sportsmanship: Mike Sun
Bantam S: Noah Grenier



Junior Girls Soccer
Sportsmanship: Cecilia Riddell
Junior S: Hailey Gilbert, Kaitlyn Wanka, Clara Buck-Thompson



Junior Boys Soccer
Junior S: Josh Lippmann, Henry Riddell, Tim Ludewig, Bo Bailey, Saif Alexander-Pardhan
Sportsmanship: Keita Tsutsumi



Senior Boys Soccer Major S
Chaz Grenier, Iain Olsen



Senior Girls Soccer (white) Major S
Camryn Moore, Bernadette von Campenhausen, Madeline Lippmann



Senior Girls Soccer (red) Major S
Rosalie Tremblay



Cross-Country Major S
Reagan Lynch

MAJOR S

Cross-Country Running
Sportsmanship: Mia Eichholzer & Jérôme Sayeur
Senior S: Zackary Maheu, Halle Khanna
Bantam S: Liam Sumun
Junior S: Jacob Leblanc



Ultimate
Senior S: Claudie Gamache, Josh-Isaac Jeune, Tyler Battah, Parker Saunders
Sportsmanship: William-Antoine Laplante

Senior Girls Soccer (red)
Senior S: Laurie Aubin, Penelope Lavoie
Sportsmanship: Noémie Cloutier



Senior Girls Soccer (white)
Sportsmanship: Avah St-Pierre



Senior Boys Soccer
Senior S: Mauricio Lopez
Sportsmanship: Justin Bouchard

VARSITY GIRLS

HOCKEY



Front: Joliane Tremblay, Sara Sevcikova, Mr. X. Roy (strength coach), Emma Kreisz, Mr. J. McRae (asst. coach), Karel Préfontaine, Mr. B. Pimm (head coach), Béatrice Perron-Roy, Ms. K. Guerrero (asst. coach), Élodie Roy, Mrs. S. Pimm (manager), Alexia Aubin, Alice Sauriol, Arianne Leblanc
Middle: Olivia Knuff, Lydia Walsh, Maxim Tremblay, Georgia Steenbakkers, Maëlie Pion, Céline Meyer, Maria Hatzidakis
Back: Ellie French, Emma MacIntyre, Rosalie Bouchard, Jamie Arsenault

The varsity girls hockey team had another great year. With a record of 41-9-2, the girls finished the year as MyHockey's 3rd-ranked team in Canada. The Varsity Spartans won the NAHA Labor Day Classic and JWHL regular season banner. For the first time in program history, the Varsity Spartans made it to the gold medal game at the prestigious Kitchener Two Nations Tournament, losing 3-1 to Burlington, the 2nd-ranked team in Canada. By losing to Shattuck-St. Mary's in the semi-final of the Washington Challenge Cup, the girls accomplished another first for the program by earning its way to the championship side of this prestigious tournament. In Washington, with just 12 players, the girls went 4-0 in round-robin play, knocking off the 2nd-ranked USA U19 Philadelphia Flyers.

Alexia Aubin and Arianne Leblanc earned the opportunity to represent Team Canada U18. In fact, Stanstead College has developed and advanced 10 players to Team Canada U18 World Championships over the last 5 years (Alexie Guay, Anfred Naud x 2, Marianne Picard, Laurence Frenette, Dom Cormier, Karel Préfontaine, Alexia Aubin x 2, Arianne Leblanc).

Other Spartans too, enjoyed tremendous individual success as Jamie Arsenault (NB), Béatrice Perron-Roy (Quebec) and Maxim Tremblay (Quebec) joined their Team Canada teammates by representing their province at the Canada Games in Prince Edward Island this year.

On the international scene, Lydia Walsh (Great Britain) and Emma Kreisz (Hungary) represented their countries at the 5 Nations Cup in Europe. Emma finished the year on a high note playing for Hungary and joining former teammate Svenja Voigt (Germany) at the Women's World Championships for Hungary in Brampton.

Coming out of the Covid era, long-time teammates Élodie Roy (Brown University), Karel Préfontaine (Cornell), Béatrice Perron-Roy (Cornell), Emma Kreisz (Minnesota), Alice Sauriol (St. Cloud State) and Arianne Leblanc (Clarkson) join Celine Mayer (Williams College), Olivia Knuff (Windsor University) and Maria Hatzidakis (Air Force Academy) as one of the most successful graduating classes in varsity girls history.

Despite not accomplishing our goal of winning the JWHL Championship, it was an amazing year for the varsity girls!

- Coach Pimm



HOCKEY

VARSITY BOYS



Front: Wills Seagrave, Dominic Pokora, Raphael Tellier, Mr. C. Wilson (asst. coach), Liam Carroll, Mr. M. Thompson (head coach), Caleb MacDonald, Mr. L. Vanasse (asst. coach), Jaxon Pierce, Jack Treacy, Zachary Soifer, Tomas Nyberg, Nathan St-Germain
Middle: Juho Virtanen, Spencer Hughes, Kyle Cregan, Lucas Kakela, Max Lapointe, Liam Wilson, Logan Sawyer, Marcus Krats, Emil Leroux
Back: Gregor Mills, Oscar Rosen, Antoine Rémillard, Ben Leclerc, Nicholas DiPaolo, Tyler Palin



When we finished our season in Lake Placid, I didn't want to force a big hockey message to our group. I wanted a boarding school message and a key message about remembering that the time you have spent is a privilege and life experience that no one will take away from you. As important, I hope your friendships as a group and the stories you spent in many hours on the road will always bring smiles to your faces when you meet up in the future. The thrills of wins and the stings of losses will fade, but don't ever forget your teammates and your friends you met along the way. It makes me happy that so many people at the school were able to see us play at our CPSHA weekend at the Pat Burns Arena. The atmosphere at the rink and our play on the ice meshed, and for five straight games, I thought we played our best hockey of the year. No question we wanted different results, but as a coach who spends the hours leading up to most every game just hoping that you play at your potential and at your best, I was really happy with what the weekend brought. We played skilled hockey, we played structured hockey, and most importantly we played team hockey. Despite not winning in the end, we did manage to get to our destination of playing for a championship, and this is still an accomplishment. Because at times during our season, as we tried to get from Point A to Point B, our GPS did a lot of recalculating. We were never lost but we were not always on the right path we should have been on at that point in the season. One of my proudest moments as a coach this year is that I felt at a key time, unlike our fathers driving us to the rink and getting lost, we were not afraid to ask for directions, and we were not afraid to be vulnerable to try and get back on track. I feel like in the end, when we let ourselves be the most vulnerable, it's also where we were the most successful. We may not have had a storybook ending to the season, but we had moments of team success, individual success, struggles, tears and many more emotions. We rode the bus a lot, we played 55 games, spent many nights away and did it as a loving if at times dysfunctional family. It is all these moments that you will remember, learn from and together stick together because of. Often times, you and the people around you define your life through hockey, but I want you to remember the lessons you learned in hockey will help you become the person you want to be. Don't define yourself through a game, but instead let the game help define the person you want to become. We battled this year, we won more than we lost, but we also grew as people. My advice, same as it was all year: show up on time; be ready to work; bring a positive attitude; and just have fun.

- Coach Thompson



PREP GIRLS

HOCKEY



Front: Axelle Beaudoin, Alexa Gagne, Penelope Lavoie, Ms. C. Tougas (head coach), Rosalie Tremblay, Ms. E. Borio (asst coach), Annika Cornier, Kate Peasley, Annie LaMotte, Middle: Charlene Labrèche, Ping-Hsi Yen, Zee Charland, Florence Blanchette, Sienna Hayman, Isabelle Smyth, Emilie Labonté
Back: Naomie Clouffer, Charlotte Hughes, Reagan Lynch, Julie Jaboušková, Laurie Aubin

One thing that coaches try to teach athletes is that, though there may be ebbs and flows in life, there are no ebbs and flows in focus, discipline and work ethic. Those are solid daily. Too often, we say, "Oh, we lost," or "I'm not playing well right now because I'm having a bad day." Well, you just wasted a day.

There are certain things that should never ebb and flow. You should never have ebb and flow. You are here, you're focused, you're disciplined, you're working hard. All of that is consistent. In life, there is an ebb and a flow to results and production. That is natural. But production does not guarantee result. It guarantees growth. If you think just because you prepared for something you are entitled to a result, you're going to be disappointed. Studying for a test doesn't entitle you to an A. Preparing for a game doesn't entitle you to a win. If that's the case and both teams prepare, then both teams should win. So, consistency and preparation never entitle you to a result. And that's a really important life concept to understand.

Secondly, I want to talk about commitment to each other. How do we do that? In order to commit to each other, you have to spend time with one another. It's really hard to commit to someone if you don't know them. The more you get to know someone, the more you want to commit to them.

But why do you commit to each other?

The journey we go on is challenging. One of the biggest misconceptions about great teams is that it's a "family" or "culture" that never has any problems. But there is no absence of conflict in a successful team. There is an absence of lingering conflict. We had some conflict this year. I'm sure you were mad at me as your coach at times and I was probably mad at you. And I know there were times you were mad at each other. But the teams that have success don't allow the pettiness to linger. You may have an argument with a teammate, but when we get out there, we're together because we are committed one to another. You commit to one another so that when there is a conflict you're able to move past it.

Lastly, I want to talk about three words that were used throughout the season: Pride. Heart. Passion. These words are reminders to have pride in everything you do, to always lead with your heart, and to constantly follow your passion.

- Coach Tougas



HOCKEY

PREP BOYS HOCKEY

RSEQ DIVISION CHAMPS;
NORTHWOOD TOURNEY CHAMPS



Front: Jacob Leblanc, Rylee Yip, Adam Larsson, Mr. O. Magnan (head coach), Iain Olsen, Mr. G. Ouellet (asst. coach), Félix Fortier, Zackary Maheu, Jack Carter
Middle: Trofim Godochkin, Anderson Smyth-Trider, Ian Nicholson, Ethan Skara, Charles Béland, Ryan Johnson, Justin Dupuis
Back: Matteo Paradis, Presley Langevin, Beckett Kristensen, Frédéric Vincent, Max Richler, Ondrej Marton



The overall season was a success for us. Everyone bought into his role to help the team. The players played through a lot of adversity at many different times. We suffered many injuries, we missed many players because of sickness, but every time the guys stepped on the ice, they gave their 100%, even at 6:00 am. I pushed them hard at times -- many mountain tests, many laps around the rink, hard workouts, hard practices -- but in the end, they realized that their limit was further than they taught. That gave them a better chance to achieve their goals. We like to say it's the real Spartan way! Here are some highlights of the season: we finished 1st place in our division; we won the Northwood School Tournament in Lake Placid, beating South Kent in the final; we had 4 players in the top 15 best players of the league.

I would like to thank every single player on the team for their effort and commitment all year long; I had a lot fun coaching you guys! I would also like to thank three coaches who helped me a lot when Guy was not able to be here with us: Coach Thompson, Coach Wilson and Coach Rioux.

- Coach Magnan



THIRDS U18 HOCKEY

HOCKEY



Front: Quinn Smith, Christopher Leclerc, Mr. P. Ruwe (coach), Rylee Yip, Mr. G. Chandler (coach), Will Towner, Tony Ju
Middle: Nicolas Robillard, Parker Saunders, Christophe Collins, Cole Sterner, Barron Trotter, Noah Papillon, Leonardo Richard
Back: Jeremiah O'Regan, Erik Fabian, Keita Tsutsumi
Missing: Liam Huckins

As a team, it took us a while to find our stride. Our team ranged in ability from players with aspirations to play at a high level to players who were new to the game or had little experience and were just there to have fun. Add in a few player injuries and our season got off to a frustrating start, and it didn't get better from there. January was not a good month for us. Still the players worked hard and slowly but surely we started to improve. It's not easy to be a losing team within a winning program, but the boys stayed the course and by the end of the season we finally began to see some results. We played the last quarter of the season to a .500 record and even managed to eliminate a talented Triolet team from the playoffs in our final game of the season. They could be a frustrating team at times when they couldn't get out of their way, but I wouldn't trade them for anybody. I'll remember three young men following in love with hockey for the first time. I'll remember players overcoming personal hardships to come back on the ice and rediscover hockey as a game that's supposed to be fun. I'll remember the end of our season when we finally started playing at full strength and newfound intensity. I'll remember that Triolet 1 still owes us a game and we are ready. And finally, I'll remember that even though it was a long season, I wasn't ready for it to end, and I think most of the team felt the same. I had a blast, and I hope you did too.

- Coach Ruwe



HOCKEY

THIRDS U15 HOCKEY



Front: Gabriel Poitras, Henry Riddell, Mr. G. Chandler (coach), Hailey Gilbert, Mr. P. Ruwe (coach), Saif Pardhan, Tucker Lynch
Back: Ben Rioux, Noah Grenier, Jacob Béasse, Noah Roy, Chaz Faucher, Anthony Rombotis, Liam Samun, Jacob Leduc



The 2022-2023 U15 Thirds hockey team was comprised of 13 players from Grades 7 to 9. Four Grade 9s, six Grade 8s and three Grade 7 players suited up and competed hard over a five-month winter sports season.

Our young Spartans played 19 games in the RSEQ league. We compiled five wins, nine losses and five ties, scoring 45 goals and allowing 62 in the process. This record placed us fifth out of nine teams. Despite a couple of extremely exciting and low-scoring games, the Spartans lost in the first round of the playoffs to a highly skilled, experienced and eventual champions, College LaSalle.

The Spartans were a fun group of kids to coach. They were positive and funny both on and off the ice, and they were hard working and courageous. Most of our games were played against teams with more experience and skill than we possessed, but our heart and determination were second to none. Most importantly, our players were humble in victory and gracious in defeat. We grew into a cohesive team that peaked at the end of the season and we made a strong showing in our only playoff round. This group of players will be fun to watch as they grow through the Spartans hockey program.

Congratulations to our Most Sportsmanlike player Noah Grenier and to our Junior "S" winners, smooth skating defencemen Chaz Faucher and Saif Pardhan as well as standout goalie Gabriel Poitras. A big shoutout to Mr. Rioux for organizing our season and to fellow coaches, Mr. Patrick Ruwe, Mr. Connor Wilson and Mr. Olivier Magnan for their time, effort and dedication to practices, games, and the players' overall development. We can hardly wait for next year!

- Coach Chandler

SENIOR GIRLS

VOLLEYBALL



Front: Maria Teresa Calva Xolalpa, Kate Emms, Krystine Breton, Mia Eichholzer
Back: Ms. J. Robitaille (coach), Madik Trotter, Jana Loparic, Karyme Olan Gallardo, Lauren Loon, Maddyn Labor, Alison Om, Ms. A. Fraser (coach)
Missing: Vivian Dahms, Valentine Savoie, Daphney Dazois, Léa Mataush-St-Cyr, Victoria Oliver

At the beginning of the year, I was confident about having a great season because I had some returning players and I saw some good prospects during the beach volleyball season. The tryouts started with 30 or so girls, and I was still confident I would be able to pick only 10 girls. So there you go, starting our first tournament of the year in November with my 16 girls sitting on the bench. What was I thinking? But I could not be more proud of the attitude that my girls showed during the year. They trusted us throughout the season and were always willing to try different things to improve our team.

Unlike many teams here, our team didn't have the chance to get a lot of overnight trips to spend time together outside of the school. But some weird things still happened to us. In our first tournament, for example, we lost our first game by forfeit because we were 2 hours late. On our second one, we lost our balls in a public school on the south shore of Montreal and we came back 4 hours later than expected because we didn't follow the right person, but at least we had Krispy Kreme donuts. On our third tournament, we had to sneak onto a residential street with a couch bus. Finally, on our last one, we had to stop traffic on a dead-end boulevard to allow our bus to get out of a one-way street. So while we cannot say that our performances on the court were exceptional, we still managed to create a synergy within our team that allowed us to have a lot of fun. What I am most proud of is knowing that many of you were able to discover a new sport and had the chance to experience the joys of being part of a team.

It is also with great sadness that I must say goodbye to exceptional women who have allowed me to grow as a human being through our many discussions about life. When people say that the young generation is not interested in anything, it is clear that they have not had the chance to share moments with a team like mine, because I can tell you that these students have ideas and know where they are going in life.

Thanks to my assistant coach Ms. Allie, whom I could count on when I needed someone to take over and who brought expertise to my coaching. I would also like to thank Mr. Spirk for the many calls and emails sent that allowed us to be part of a league so that we could play games. Finally, I would like to thank my players for their passion for the sport and for their positive attitude throughout the season even though it was sometimes difficult to juggle with two completely different age groups. Whether they were there to make girls laugh, encourage them, advise them or help them become better at volleyball, they have all shown that with teamwork, something surprising can be achieved.

- Coach Robitaille



BASKETBALL

SENIOR GIRLS D3



Front: Siena Webster, Sam Paquette, Melina Kakayuk
Back: Mr. E. Van Dyke (coach), Halle Khanna, Emilia Stone, Madeline Lippmann, Edythe McKenzie, Hayley Wolfe, Henrike Kraushaar, Bernadette von Campenhausen, Camryn Moore, Gloria Riddell, Valerie Lin, Mrs. A. Wolfe (coach)



The 2022-23 version of senior girls basketball was exceptional, for several reasons. First of all, it was the longest basketball season I've ever been a part of. From tryouts on October 31 to the March 25 RSEQ Finals that took place one day after our March break had started, it was a looonng winter.

It was also the most injury-plagued season of my 30-year career, with a list of injuries that sounds like 'The 12 Days of Christmas,' i.e. 6(!) concussions, 3 sprained ankles, two black eyes, one separated shoulder, one low blood pressure condition, and one avulsion fracture.

The exceptionally good news is, several tournaments were revived post-COVID, i.e. our own SIT, the national CAIS tourney, the MIS, the Anderson-Bailly, and the Visser-MacLeod. For the first time in years, basketball season was normal.

And for the first time ever, we were invited to The Top Of The Hill Tournament in Rothesay, New Brunswick, hosted by RNS. Travelling with our senior boys team, Coach Carter and cards on the bus, RNS's huge crowd at their senior night ceremony, the hotel pool and hot tub, the escape room, Lam Wang's dad - these are just some of the indelible memories from that journey.

In terms of basketball, we played man defense, which is exceptionally rare for one of my Stanstead teams. Not zone. Not a combination man/zone. Straight-up man. That's how uncommonly athletic and tough we were.

We pulled off the Bailly/MacLeod double for only the 4th time in the history of Stanstead College. While we were never really challenged at the Bailly, we had to play great at the MacLeod to take home the coveted championship trophy. And, finally and most exceptionally, we won the RSEQ regular season banner for the first time ever (11-1 record), and then followed that up with SC's first-ever RSEQ playoff championship, defeating Triolet in the final. Oh, and we were also awarded the ethics/sportsmanship banner, voted upon by the other teams in the league. Not bad for only our 7th year in the RSEQ!

Ultimately, all of these rare accomplishments and outright firsts are a testament to the tenacity of this team. When they were short-handed due to injury (which was often), these girls persevered. When they faced hostile senior night crowds, they overcame. When they had off-court issues, they put them aside for the good of the team.

Nothing worthwhile ever comes easy. And adversity makes success all the sweeter. Congratulations to 22-23 Senior Girls Basketball Spartans for a truly memorable season. Keep singing karaoke on bus rides, keep paddling that "rowboat", and never stop witerally gwidying.

- Coach Van Dyke



BASKETBALL

BANTAM/JUNIOR GIRLS



10 things I like about you:

1. Your goodwill - win as a team lose as a team
2. Your respect - treat each other like family, well the members you like
3. Your devotion - especially to Ms. Hessian's burpees
4. Your support - be the loudest cheerleader in the room
5. Your trust - be a trustworthy teammate
6. Your communication - don't talk during instructions, just during games
7. Your positivity - keep your positive attitude, but drop the attitude
8. Your leadership - always lead by example!
9. Your strength - each one of you is this team's greatest strength
10. Yourself - there is nothing I like more about this team than YOU

Ana, Vivianne, Gawon, Julia, Jane, Chichi, Zoey, Clara, Sara, Miranda, Evanny, Sofia, Nya, Sarah and Romina, thank you for this incredible season. I hope this letter put a smile on your face. See you next year!

- Coach Gagnon



BASKETBALL

SENIOR BOYS WHITE



L-R: Mr. J. Wong (coach), Allen Liu, David Dong, Asher Dixon-Boles, William Laplante, Bo Bailey, Justin Bouchard, Lam Wang, Borys Frenkel, Andrew Dahms, Chaz Grenier, Shun Harano, Daniel Liu, Mr. G. Faucher (coach)
Missing: Josh Isaac Jeune



After coaching against Stanstead College for many years over the past two decades, it was an honour and a privilege to become a Spartan this year. Here are a few highlights of the season:

Our trip to RNS with the girls team was a ton of fun. On the way there we watched a few sports movies including the best sports movie ever: "Hoosiers" Thanks, Cam!

Another highlight: We were playing in a very tough - and close - game. And even though Justin was putting up good shots, they just wouldn't go in. Finally - finally - one of them did and my hands automatically just went up like this. Justin looked over and did the same thing to me. And a tradition was started. Every time he scored for the rest of the year, we did this together. And I loved it!

Our home - overtime - victory over Salesien was certainly a highlight. The boys did so well. The crowd went nuts and it was absolutely electric!

My last highlight is just two words. Two incredibly important words: "Yes, coach!" Chaz started a "Yes, coach" culture on our team this year. I heard "Yes, coach" from my players more this year than in all of my other coaching years combined.

It's not easy to play for a new coach. It's not easy to learn a new system. It's not easy to play basketball. My boys did all of that - and more - this season. They worked hard. They learned a lot. And they said "Yes, coach!" every time I asked them to do something or I wanted change or I wanted something improved. They didn't fight me. They just said, "Yes, coach" and they went out and did it. And you know what happened? We improved. We got better as a team. And we got better fast. We finished the season in 2nd place - out of 17 teams - with a 10-2 record. Absolutely incredible. And I couldn't be more proud of my boys.

To my awesome assistant coach Joe Wong: You didn't have to coach a winter sport this year, but you did. You didn't have to bring me a Monster energy drink every road trip, but you did. You didn't have to yell "Go BCS!" during one of our games, but you did. Joe Wong, you are an excellent teammate. Thank you for everything.

Finally, I'd like to thank my players. You pushed yourselves, tried your best, played as a team, and had lots of fun. What more can I ask? I thank you all so much. I loved being your coach this year.

- Coach Faucher



SENIOR BOYS RED

BASKETBALL



L-R: Mr. D. Liverpool (coach), Patricio Morelos Zaragoza Serra, Josuke Masuda, Luke DeLaBruere, Agustin Palacios Raj, Jeremy Robert, Santiago Mejia Alvarez, Mauricio Lopez Sanchez, Josh Lippmann, Keita Masuda; missing: Harry Zhang

Our season consisted of a good number of practices but not too many games, and as we all know, games are usually much more enjoyable, for they represent the reward for the effort and perspiration put forth during practice times. Games are an opportunity to challenge oneself and see how you match up against your opponent. That said, this team did what was asked of them, when it was asked of them and without one complaint. A true team in all senses of the word, this group of young men came together and bonded early, then worked diligently throughout the course of the season to improve in all facets of the game.

Athletically, this is a talented group of young men, but more importantly, they are a talented group of young people and I know I am better for having crossed their paths. I am extremely appreciative of the opportunity I was afforded to coach and learn from Speedy G, Echeverr-Gone, Jamal Ball, Mau Hoop-ez, Lukie Pookie, Accurauggie, Jo-Swish, Chavalo Del Ocho, Quickeita, and J-Crossover. Thank you gentlemen for a season I will never forget!

- Coach Liverpool



CURLING



Front: Aidan Hynes, Jose Palacios Roji, Stanley Lin, Mike Sun
Middle: Maggie Sun, Melanie Li, Kayla Lee, Ellie Jang, Thea Guan, Cindy Zhao, Anais Grappe, Alice Machida
Back: Mr. C. Planetta (coach), Eric Zhang, Howard Gu, Bryson Dodge, Buddy Shen, Thomas LeBlanc, Alvin Qian; missing: Austin Zhang



Another curling season has swept its way to a close and what a year this has been! Such an amazing team and a fun winter. A record nineteen students were on the team! So many students that we had first dibs on the 21-passenger bus. (Apologies to the swimmers and basketball team.)

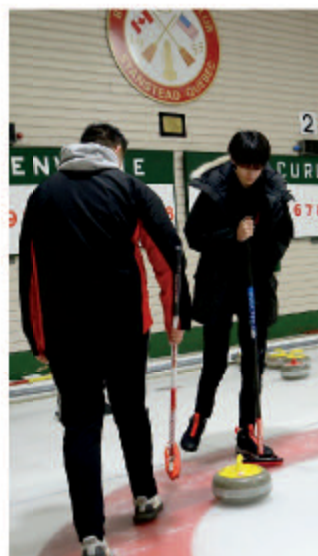
Each one came to the ice this season with a fresh outlook and ready to try something new! The group immediately became a "team" that listened to each other, strategized, developed skills, celebrated our wins and did not let losses get us down.

It is important to remember that we all learned some valuable lessons this year. One of the greatest aspects about this sport is that there is always room for improvement. We can all work on doing something just a little better. And I saw that in each and every team member, and when we continue to do that, that is when the results can be amazing.

So don't give up, keep watching curling, keep learning the game, keep talking about it and keep sharing with your friends. Because curling is not just a sport, it can be a gift!

Curling can go with you far past your years at Stanstead, just like the memories of this season will go with me. Thank you all so much for your efforts this winter!

- Coach Planetta



SQUASH



This year's team was composed of students from every grade and different abilities. It was a joy to watch their growth in the learning of the game. We had a team of approximately 20 players and the future looks bright. We had a few meets with BCS this year and it was nice to have some competitive clashes with our rivals. We faired quite well winning a high percentage of our matches.

Bantam S: Kaitlyn Wanka, Keira Curtis
 Junior S: Roger Roger Marcoux
 Senior S: Tyler Battah, Fernando Ponce, Jan Haars

Sportsmanship Award: Fernando Ponce
 Major S: Braden Chastenet

- Coach Marino



SWIMMING



Front: Rachel Chan, Charlotte Collins, Zoe Patenaude, Claudie Gamache, Juliette Bernardi
Back: Mr. S. Belknap-Keet (coach), Ren Nakamura, Jérôme Sayeur, Ryan Yung, Ms. K. Weir (coach): Austin Zhang

This year's swim team was small, but mighty. Competing in the ETIAC and RSEQ leagues, every swimmer earned points for the team this season. Of particular note is how well the senior girls did in the final weekend when they earned silver in the freestyle relay and placed third overall against 12 other schools.

The youngest member of the team, and in fact in the RSEQ league, Juliette began her year unable to swim one length of the pool without having to stop to catch her breath. However, within only a few weeks she was competing with the senior girls during their relay races. For the final event of the year, she challenged herself to race the 100m individual medley.

Zoe, the second rookie on the team, started her season with a lot of room for improvement. Luckily, she is one of the most coachable athletes I have ever worked with. Her times and distances improved every week, and her enthusiasm never wavered. During the finals, she pushed through an injury to complete her races, and was part of the senior relay that took the silver medal.

Ren was the only junior swimmer on the team. He was, hands down, the most focused of the bunch. During training, he simply got to work. His efforts throughout the season finally paid off in the regional championships when he earned a silver medal for the 50m backstroke. Ryan, always cheerful and ready to put in some hard work. If ever the school wants to change the shade of red it uses for its logo, Ryan's belly after a few dives may just be the best shade of choice. He had his best race of the year during the finals, achieving his goal of a personal best.

Claudie was our long-distance swimmer. She took on the huge challenge of racing in the 200m IM, hands down the most difficult event. That is 8 full lengths of the pool, doing all four strokes in turn. She was a great help by aiding with Juliette's training. A certified lifeguard, she was a much-appreciated part of the team.

Charlotte, our second lifeguard, went undefeated in the 50m butterfly this year and brought home the gold medal this past weekend. Despite my concerns that her shoulder would pop out of joint at any instant, it was great watching her compete.

Jerome was the most enthusiastic swimmer on the team. His positive attitude during practice but even more particularly during races made it fun for everyone. Jerome's performance this year was excellent. He earned points during every event, improved consistently throughout the season and got a personal best during the finals.

Rachel was our team captain. She had a major role in the success of this year's team. She worked with her teammates and always offered good ideas to her coaches. At competition, she had few rivals. She earned more first-place finishes this year than I care to count. With the help of Miss Weir, an enthusiastic co-coach, with the support Mr. Spirk and Mrs. Wolfe and of course with the hard work done by each and every member of the team, thank you all for making this the best season I have ever had as a coach.

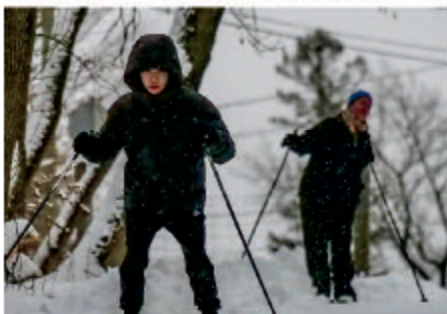
- Coach Belknap-Keet



WELLNESS



CROSS-COUNTRY SKIING



WINTER ATHLETIC ASSEMBLY



MVPs

Front: Bess Ferguson Trophy for senior girls basketball: Melissa Kakayuk
Trustees' Cup for swimming: Jérôme Sayeur & Rachel Chan
Dugie Ross Trophy for varsity girls hockey: Karel Préfontaine
Back: E.C. Amaron Trophy senior boys basketball: Chaz Grenier
Prep Boys Hockey MVP: Jacob Leblanc
Prep Girls Hockey MVP: Rosalie Tremblay
Dawes Trophy for varsity boys hockey: Logan Sawyer



U18 Hockey
Senior S: William Towner
Sportsmanship: Keita Tsutsumi
Junior S: Rylee Yip



U15 Hockey
Sportsmanship: Noah Grenier
Junior S: Saif Pardhan-Alexander, Gabriel Poiras, Chaz Faucher



Prep Boys Hockey
Sportsmanship: Zackary Maheu
Senior S (MVP): Jacob Leblanc
Senior S: Adam Larsson, Trofim Godochkin, Charles Beland, Iain Olsen



Prep Girls Hockey
Senior S: Laurie Aubin (Sportsmanship)
Pénélope Lavoie, Rosalie Tremblay (MVP)



Bantam/Junior Girls Basketball
Bantam S: Sarah Leasure, Clara Buck-Thompson (missing)
Sportsmanship: Cecilia Riddell (bantam), Nyakah Pierre (junior)



Senior Boys Basketball (Red)
Junior S: Joshua Lippmann
Sportsmanship: Santiago Mejia Alvarez
Junior S: Luke DeLaBruere



Varsity Boys Hockey
Major S: Spencer Hughes, Logan Sawyer (MVP), Raphael Tellier
Sportsmanship: Dominic Pokora
Senior S: Caleb MacDonald, Nick DiPaolo



Volleyball
Major S: Krystine Breton; Sportsmanship: Kate Emm; Major S: Lea Matoush-St-Cyr
Senior S: Madik Trotter, Jana Loparic



Senior Boys Basketball (White)
Senior S: Bo Bailey, Daniel Liu
Major S: Shun Hatano, Chaz Grenier (MVP)
Senior S: Summer Wong
Sportsmanship: Justin Bouchard



Curling
Senior S: Kayla Lee, Mike Sun, Eric Zhang, Anaïs Grappe
Sportsmanship: Buddy Shen
Major S: Thomas LeBlanc

Squash
Senior S & Sportsmanship: Fernando Ponce Laresgoiti
Junior S: Jasmin Kaiser; Bantam S: Keira Curtis, Kaitlyn Wanka; Junior S: Roger Roger Marcoux
Senior S: Jan Haar; Major S: Braden Chastanet
Senior S: Tyler Battah



Varsity Girls Hockey
Major S: Emma Kreisz (Sportsmanship), Alice Sauriol, Béatrice Perron-Roy (Sportsmanship), Élodie Roy, Karel Préfontaine (MVP), Arianne Leblanc,
Senior S: Alexia Aubin, Maxim Tremblay



Senior Girls Basketball
Sportsmanship: Siena Webster, Bernadette von Campenhausen
Major S: Melissa Kakayuk (MVP), Sara Paquette
Senior S: Henrike Kraushaar



Swimming
Senior S: Jérôme Sayeur (Trustees Cup), Charlotte Collins
Major S: Rachel Chan (Trustees Cup)
Sportsmanship: Zoe Patenaude
Missing: Juliette Bernardi (Bantam S)



TENNIS



Front: Élodie Roy, Siena Webster, Ana Rojo Hamue, Alice Machida, Arianne Leblanc, Sara Sevcikova, Celine Mayer, Vivianne Suverza de Diego, Jasmin Kaiser, Cindy Zhao
Back: Mr. S. Belknap-Keet (coach), Oscar Rosen, Caleb MacDonald, Jan Haars, Ferdinand Rundel, Nathan St-Germain, David Dong, Austin Zhang, Jacky Xu, Ms. A. Pajovic (coach)

Is tennis hard? You need a marathon runner's endurance, a sprinter's quickness, a surgeon's concentration and a football player's power. Every shot must be executed with precision, every serve must be powerful. You need to run from corner to corner, non-stop, until you get a 3-second break between points. You have no team to pick up the slack, it is all on you out there. As you run back and forth on the court, you must focus on your next move. This entire time you are hoping you can dig deep, find the inner strength to hit the ball with enough power and place it in just the right spot with just the right amount of spin. This year's team was made up of 18 student-athletes ready to take on that challenge. So if you want to know if tennis is hard, ask them about it.

Ask Jan and Caleb about having to face off with each other over and over again during some of the hottest weather we've seen this year.

Ask Sara, Nathan and Arianne how their goalie reflexes help stop nearly everything from getting by them (even when it should).

Talk to David and Austin about how frustrating it can be to play against Jacky and ask Jacky about how he manages to play so well without seeming to ever move his feet.

If you to know if tennis is hard, talk to these people because they know way more about it than I. What I can tell you about is our season and how well our players did.

Just like for everyone else, it was a short season, a lot of people missed some competitions because of AP exams and things had to be rescheduled because of rain... BUT we did manage to get a few good tournaments in and everyone was given the chance to show their skills.

The most notable of these tournaments was the ETIAC finals at Massier-Vanier. Caleb MacDonald and Jan Haars took gold and silver in the boys-singles. Elodie and David took gold in mixed doubles and silver went to Nathan and Arianne for the same event. Although the points were very close, at the end of the day the score was 153 to 156, and we were awarded second place.

All said, it was a great season and I had a lot of fun. Though many of you are leaving us because you are graduating or returning home to Germany or Japan, I hope to see the rest of you back on the courts next year.

- Coach Belknap-Keet



RUGBY

SENIOR BOYS



Front: Andres Moyano, Antoine Rémillard, Mauricio Lopez Sanchez, Zachary Soifer, Chaz Grenier, Shun Hatano, Bruce Campbell, Asher Dixson-Boles, Keita Masuda, Patricio Echeverria Garcia
 Back: Mr. A. Spirk (coach), Gabriel Poitras, Taro Kosuga, Eric Fabian, Noah Papillon, Dominic Pokora, Bo Bailey, Tomas Nyberg, Henry Riddell, Tyler Baffah, Christophe Collins, Jeremiah O'Regan, Mr. R. Marino (coach)



This year's group of brave Spartans was young, inexperienced as a whole, but very coachable. The season started early for some as 12 players embarked on a pre-season rugby experience in France and Spain. This helped with the inexperience and really helped the group gel as a team. On the return from Europe, there were 10 more players added to form a solid squad. The team struggled early, playing against strong opponents at Rugbyfest in New Brunswick. The boys came back bruised but ready to learn and get ready for the local season. This team continued to grow as a family and really saved their best play for the last part of the year. They were successful in every 15s game and finished the 7s series as ETIAC league and playoff champions. Winning was a result of hard work and buy-in from everyone. This team loses only a few players so watch out for this group in the 2024 season!

- Coach Spirk



JUNIOR BOYS

RUGBY



Front: Jacob Leduc, Aidan Hynes, Ehan Liverpool, Anthony Rambotis, Joseph Ruf, Noah Grenier, Josuke Masuda, Patricio Garza Sanchez, Patricio Morelos Zaragoza Serra, Maxton Lam, Juan Patricio Oropeza Gonzalez
Back: Dr. J. Standage (coach), Josh Lippmann, Jacob Béasse, Jihoo Park, Chaz Faucher, Bryson Dodge, Noah Roy, Ander Iriarte Rodriguez, Beckett Kristensen, Santiago Mejia Alvarez, Mr. E. Grenier (coach)

This year's edition of the junior boys rugby team was composed of 3 veteran players out of 20. This is normal for Stanstead College. We are always teaching the game to new players. Out of this group, four boys were in Grade 7, seven boys were in Grade 8 and nine boys were in Grade 9. This is young. I mention this because other teams field some players in Grade 10.

Our strategy this year consisted of teaching the game as quickly as we possibly could to give our players an advantage over other teams in the league. In other words, other teams might be older, stronger and faster, but we would be more knowledgeable and this would be our competitive edge, at least to start the season. It worked. We won our first games easily and this put us in first place in the league. Could we maintain this lead to win the season?

By our second tournament, we won 2 out of 3 games and the one game we lost to Galt in a very tight game which ended in a 15-10 score (or 3 to 2) for Galt, ended up being the game that determined who finished in first place and who finished in second place on the season. The season ended with both teams having a record of 10 wins and 2 losses, so the tie-breaker was that game. We came that close to winning our league!

Seriously, the junior boys rarely have any chance at all of winning anything at our school and the fact that you won 10 and lost 2 is very impressive. That is astonishing when you think about it. A young team who fought hard all season long and had a very real chance of winning the league. That shows resilience and grit, if you remember my coach's speech. That is an important life lesson right there. Those are the qualities that will carry you through life. It's amazing what can be learned from sports. Coaches are very proud of what you accomplished this year.

Congratulations to all of you and thank you to award winners for setting a fine example for others to follow: Pato O, Santi, Josh and team captain Noah G.

- Coach G and Coach Standage



RUGBY

SENIOR GIRLS



Front: Gloria Riddell, Halle Khanna, Quinn Smits, Valentina Chapoy Olavarria, Maria Teresa Calvo-Xolalpa, Krystine Breton, Daphney Dozois, Rachel Chan, Lysa Kabirigi, Lydia Walsh, Camryn Moore
 Middle: Ms. E. Hessian (coach), Jimena Sanchez Jimenez, Jo Yeh, Sara Paquette, Deanna Wright, Ana Luisa Nieto Jimenez, Henrike Kraushaar, Frida Hagele, Elyann Haley, Valentine Savoie, Ms. K. Ouellet (coach)
 Back: Valerie Lin, Maria Paulina Rueda Flores de Diego, Alina Szemieth, Jana Loparic, Reagan Lynch, Bernadette von Campenhausen, Melissa Kakayuk, Claudie Gamache, Charlotte Collins, Maria Hatzidakis. Missing: Karyme Olan Gallardo, Lea Matoush St-Cyr



The season started off FAST. With over 30 players, some returning and lots of new learners to the sport, our team needed to quickly move and help one another. From the ETIAC league games, our trip to Rugby Fest in New Brunswick, and two amazing trips to Boston, every single player was able to get on the field and feel the unique sense of the rugby community.

The most enjoyable part of this rugby season was taking the time to learn from one another and to create new friendships. Our successful season did not only teach us the importance of teamwork but demonstrated how everyone has a special role on the team, on or off the field. The memories created will be unforgettable, and we enjoyed every moment we got to spend with you!

- Ms. Hessian & Ms. Ouellet





Front: Alison Om, Isabella Cardenas, Julia Lee, Julia Jebouskova, Isabelle Smyth, Sarah Leasure, Miranda Angel Garcia, Hailey Gilbert, Evanny Archer Buzzell, Zoey Keefe, Juliette Bernardi, Keira Curtis, Kaitlyn Wanka
 Back: A. Larache (coach), Emilia Gurza Orozco, Romina Chavarria Purata, Lauren Loan, Madik Trotter, Emma Carrière, Clara Buck-Thompson, Pamela Lopez Puga, Emilie Labonté, Sara Martinez Aizenman, Jane Rodi, Tammy Osibanjo, Cecilia Riddell, Ms. M. Faucher (coach), Ms. M. Schafer (coach)

I played rugby for two years in high school and one year at university, but I really fell in love with the sport years later. I fell in love with "rugby culture," and this is something that I think our team learned a lot about this season.

Rugby culture is making players of all shapes, sizes, ages and abilities feel welcome. This year's junior team had 25 players from grade 7-9, and 22 of these players were completely new to the sport. By the end of the season, you could not tell who had played before as the new players caught on incredibly fast.

Rugby culture also has a lot to do with traditions. From hosting or being hosted by your opponents after a game to being cheered off the field by the senior girls team following an amazing ETIAC championship, the junior girls got to experience many of the traditions that make this sport so special, make you feel included, and make you feel part of the bigger rugby family.

Rugby culture is also all about learning the spirit of the game. I didn't bat an eye when one of our players showed up to the GMAA tournament wearing a pink cowgirl hat, with a portable speaker and microphone in her hand. I just quietly said to myself, "This girl gets it!" I was proud of how it took only about 30 minutes before our players were chatting with girls from other teams at this event and making TikToks together. The spirit of the game has a lot to do with the cheering, the social side, the cooler filled with Friesies, the music, the snacks, the singing, the restaurant stops and successful road trips. We nailed this!

Finally, rugby culture fosters mutual respect. We aren't perfect, but this season our players had positive vibes on the sidelines and throughout every practice and game. Our fans cheered enthusiastically, and we congratulated the opposition and one another on good performances. We twice gave up our own players to opposing teams in order to ensure a match could be played. In Fredericton, a Stanstead player ran onto the pitch with a massage gun to help an opposition player with severe calf cramps. We learned that playing on the same rugby team means you support one another ALWAYS, despite any former feelings. This mutual respect is a beautiful part of rugby culture, and the junior girls, as well as their parents, understand this.

For many of you, rugby culture will be what keeps you coming back for more. Now that you have played for one season, you are part of a new group – one large, international, diverse, accepting, supportive, happy rugby family. I hope all our players will be back to play at either the senior or junior level next year and continue to help build the program and support new players.

- Coach Schafer



LACROSSE^{BOYS}



Front: Christopher Leclerc, Iain Olsen, Wills Seagrave, Jaxon Pierce, Ian Nicholson, Raphael Tellier, Ryan Johnson, Zackary Maheu, Juho Virtanen
Back: Mr. P. Ruwe (coach), Adam Larsson, Jack Carter, Jeremy Robert, Justin Dupuis, Parker Saunders, Logan Sawyer, Ethan Skara, Maxime Lapointe, Nicolas Robillard, Nicholas DiPaolo, Benjamin Leclerc, Gregor Mills, Saif Alexander-Pardhan, Liam Carroll (manager), Mr. S. Winquist (coach)



There was an exciting vibe about the upcoming season. One that I hadn't quite seen before. Players had their sticks out a little earlier than usual starting in September and even more so when the season was near. We jumped into practice and the guys never stopped improving. I knew it was going to be a fun season but who would we play?

Then we got some big news. The big news was that we were entering a new league called the GMAA. It instantly gave us an objective for the year. Win the league and bring the banner home to a new champion, the Stanstead Spartans!

We won all our regular season games and our American tune up games, going 11 wins without a loss. Often winning in dominating fashion. In the regular season we scored 85 goals and only conceded 13 all year!

During the season we made tons of memories for a lifetime such as the first career goals of many players, the behind the back passes, the clean sheets, the nicknames the road trips and our McDonalds stop. That shooting practice in the rain (sorry Chris and Jeremy), and most importantly learning the great game of lacrosse and getting better every day. Memories for life!

I want to take the time to salute you guys for treating this sport with respect. You let weaker competition enjoy the game all while having fun yourselves. When the bigger games arrived, you stepped up and showed how dominant you guys are and can be.

It was truly amazing to see it all come together on championship Thursday June 1st! On the road, without a key defender, plus 34 degrees. That game we had an awesome start. We transitioned the ball, got our ground balls, made stops, stayed disciplined and scored timely goals. The game ended with a 12 to 6 win! We did it boys. The championship and the banner! You all had a role in it.

Congrats on accomplishing our goal and winning the championship!! And most of all helping build a lacrosse culture at Stanstead!!

- Coach Winquist



GIRLS LACROSSE



Front: Nyakoh Pierre, Emma Kreisz, Laurie Aubin, Jamie Arseneault, Rosalie Tremblay, Madeline Lippmann, Charlotte Labreche, Pénélope Lavoie, Noémie Cloutier, Siena Hayman, Lana Peasley
Back: Quinn Spirk, Ms. S. Garrett (coach), Alexa Gagné, Victoria Oliver, Charlotte Hughes, Karel Préfontaine, Olivia Knuff, Maëlie Pion, Hayley Wolfe, Zoé Charland, Annabelle Cormier, Annie LaMentia, Charlotte Dubé, Mia Eichholzer, Sofia Martinez Aizenman. Missing: Mr. R. Garrett (coach)

Breakdowns, hit its, hands clapping and hugs
Push ups, sit ups, bear crawls and dead bugs

Daily talks about life, gratitude, family and school
Playing for a coach who thinks bare feet are cool
World War One and Two, be a Warrior Teammate
An advantage to all who run, kick, dribble and skate

New rebounders, creases, hector, field lines and nets
We left practice everyday with improvement and no regrets

Our weekend trip to St. Lawrence we considered a win
Even though our first game vs. Canton we took it on the chin

Two games in Ottawa were windy, cold and wet
Two wins in their football stadium-a memory we won't forget

We started our intrasquad orange and yellow games
I think Batman finally knows all the girls' names

We scored the first goal vs. Tilton but lost fourteen to nine
Shannon's gall bladder problems are back which is not a good sign

A convincing win vs. The New Hampton School on a beautiful day
Make sure you give Quinn a high five before you play

The bakers dozen finished the season with a bang
On bus rides home "You are my Sunshine" the girls all sang

Life is full of imagination, hopes and dreams
Congrats to 150 years Stanstead, your AD and all the teams

"BREAKDOWN"

- Batman and Shannon



BADMINTON



Front: Melanie Li, Cici Zhou, Maggie Sun, Zofia Kaczynska, Amanda Gu, William Neeposh, Katie Zhang, Gawon Lee, Kayla Lee, Anais Grappe
 Middle: Béatrice Perron-Roy, Alice Sauriol, Ren Nakamura, Summer Wong, Alvin Qian, Daniel Liu, Tony Ju, Mike Sun, Elie Tang, Thea Guan, Roger Roger Marcoux, Ryan Yung, Jolianne Tremblay, Ms. K. Weir (coach)
 Back: Mr. M. Wolfe (coach), Allen Liu, Barron Trotter, Buddy Shen, Victor Wu, Braden Chastanet, Howard Gu, Lam Wang, Kevin Hu, Eric Cui, Stanley Lin
 Missing: Rosalie Bouchard, David Lyu, Zoe Patenaude, Rylee Yip, Kate Emms



We had almost 40 players divided into two groups. The recreational team played in-house tournaments and featured some very good players. Our competitive team played a demanding schedule of weekly tournaments at Galt High with over 125 players. We won medals in every one of those tournaments including numerous gold medals.

While we do not have an official Most Improved Player award there is no doubt that our most improved player was Shanmei Zhang. She worked extremely hard every day, at the competitive level, to make herself into a better player and she certainly succeeded in doing that.

Congratulations to our Bantam S winners Melanie Li for her athleticism and for her positive and supportive attitude. And Roger Roger Marcoux and Stanley Lin who made up a terrific doubles team. They became better and better every week, going from contenders early in the year to gold medalists by the end of the season.

Eric Cui won the Sportsmanship Award for playing hard, fairly and cheerfully every day.

Braden Chastanet was awarded a Senior S for his skillful play and eternal positivity. Braden could have been a top doubles player but he insisted on playing in the toughest division – senior boy's singles – and doggedly persevered to get himself on to the medal podium.

Major S winner Ryan Yung is not only a terrific player and a multiple gold medalist in mixed doubles, he's a great organizer, and someone with an in-depth knowledge of the game that he willingly imparts to other players.

We are fortunate Major S winner Alice Sauriol chose to play badminton for the last few years where she was a multiple gold medalist in singles, doubles and mixed doubles play.

Beatrice Perron-Roy won gold medals in singles, doubles or mixed doubles events this season. Whatever event she entered, she came out on top. And along with Alice and Ryan, she set the tone for the team – excellence, effort and fun. She won a Major S and also a new MVP trophy named for former athletic director Erik Van Dyke who has always supported and promoted badminton here at Stanstead College.

Note from Mr. Wolfe: It was a great pleasure to work with Coach Weir this season and I hope that she will continue to bring her strong organizational skills and good spirits to the program in the years ahead. I've coached every year here for the past 20 years and with a number of different sports teams, and they have all been truly wonderful experiences. However, the last few years coaching Good-minton have been the most enjoyable for me. My fondest moments were coming to practice and seeing everyone having fun on the court. That was especially so with this year's team, which represented everything good about high school athletics – teamwork, improvement and helping each other to reach their potential. Thank you for making my final coaching year so memorable. I will miss all of you very much.

- Coach Wolfe



TRACK



Front: Luke DeLaBruere, Sofia Palomeras Sanchez, Axelle Beaudoin, Ellie French, Esther Turque Farco, Luna Mares Arce, Kate Collins, Fatima Moreno Anitua, Liam Sumun
Back: Mr. D. Ross (coach), Ms. S. Gaulin (coach), Joe Liu, Alexia Aubin, Florence Blanchette, Maxim Tremblay, Johnny Zhang, Mr. JJ Prevost (coach)

This year, 4 boys and 10 girls were involved on our team. Some of them came with a solid athletic background while others were training seriously for the first time in their lives. Overall, we had a fantastic group of people who showed up every day with a great deal of motivation in order to give their best and grow as athletes.

Luna, Kate and Esther, we will remember the smiles on your faces and your laughter while we were stretching in circles.

Maxim, Florence and Alexia, I commend you for your skills and perseverance during the competitions.

Liam and Luke, both returning athletes from last year, and Axelle were our long-distance runners, and they showed impressive results in North Country and during the provincials in Sherbrooke.

Fatima was a pleasure to watch when throwing the javelin, and Sofia progressed tremendously throughout the season. Ellie, Joe and Johnny could show speed on the track, which we, unfortunately, missed during the competitions.

Sincerely, I would very much like to thank and commend you all. We had a great season together. You all seemed to enjoy the time spent together; you were competitive in your own way and respectful with others. It was a sincere pleasure to show up on the track, watch you give your best effort and have fun together.

- Coach Prevost



SOFTBALL



Front: Eric Zhang, Yuhe Wang, Harry Zhang, Avah St-Pierre, Leonardo Richardi, Jacob Leblanc, Hector Sepulveda, Keita Tsutsumi, Thomas LeBlanc
Back: Ms. L. Kirby (coach), Emilia Stone, Edythe McKenzie, Liam Huckins, Andrew Dahms, Ben Smith, Anderson Smyth-Trider, Charles Bôland, Justin Bouchard, Maxwell Jackson, Kieran Templeman, Agustin Palacios Roji, Fernando Ponce Laresgoiti, Mr. J. Delorme (coach). Missing: Trofim Godochkin, Presley Langevin, Frederic Vincent



There are many reasons to join softball. You can get a head start on your summer tan. You definitely run less than you would with rugby, lacrosse or track. You get to try to chirp your friends. And maybe you enjoy the game. Historically, softball has a much larger turnout than we had this year. With a turnout of 25 players, we decided to make teams every day, but that evolved into the vast majority of players staying more or less on the same team every day. We came up with the idea of Team Delorme and Team Kirby going up against each other. I want to thank the players. They should be proud of the effort that for the most part they put in on a daily basis. We enjoyed our time with you guys, and we hope you enjoyed your time out on the field. For the record, Team Kirby finished the season 8-6.

- Coach Delorme



GOLF



Front: Maddyn Labor, Matteo Paradis, Jose Palacios Roji, Ben Rioux, Back: Mrs. L. Smith (coach), William Towner, Kyle Cregan, Liam Wilson, Tucker Lynch, William Laplante, Spencer Hughes, Tyler Palin, Mrs. A. Wolfe (coach). Missing: Marcus Krats, Félix Fortier

In the words of Bobby Jones, "Golf is the closest game to the game we call life. You get bad breaks from good shots and good breaks from bad shots ...but no matter what, you always have to play the ball as it lies."

Here is our season in a nutshell:

The team was comprised of a mixed bag of characters this year: The youngsters – bantam- and junior-aged golfers Jose, Ben, Tuck-Dog, Will Laplante and Maddie; and the oldsters – Matteo, Felix, Spencer, Tyler, Kyle, Towner, Markus and Liam.

We played in both the RSEQ and the ETIAC leagues, and both saw tournaments cancelled, re-scheduled, moved to different courses... But in the long run, we met with a fair degree of success in each. As a result, we were privileged to play some beautiful courses again this year. At the same time, we were able to share our home course with our competitors, and believe me, they all love to come to Dufferin.

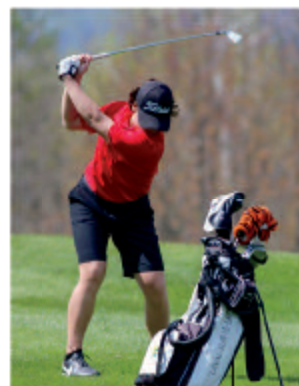
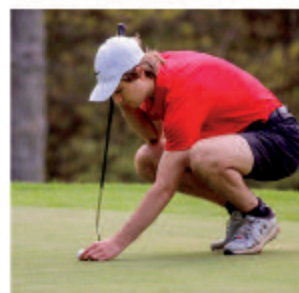
In RSEQ play, we had many good showings by a number of individuals. In the end, three golfers were medalists for the season. As well, in two of our three ETIAC tournaments we were runner-up.

In general, we will call it a learning season, things like learning not to play 3-v-3 basketball the night before a tournament; learning that when the coaches say "dress for the weather, it is cold at Dufferin," we know what we are talking about! But, most importantly, I think each golfer learned something about themselves: tenacity, mental toughness and learning how to deal with a bad shot or a bad round. Each golfer also improved their skills over the course of the season and I applaud your perseverance and desire to always get better.

In the words of Tiger Woods, "No matter how good you get, you can always get better."

Congratulations to all; I hope you have developed a passion for the game that will stay with you for many, many years to come.

- Coach Smith



SPRING ATHLETIC ASSEMBLY



Roger Marino Cup for senior girls rugby: Lydia Walsh
Donald Ross MVP Trophy for senior boys rugby: Zachary Soifer
Erik Van Dyke Trophy for badminton: Béatrice Perron-Roy
Boys lacrosse MVP Trophy: Logan Sawyer
Girls lacrosse MVP Trophy: Zoé Charland



Track & Field

Bantam S: Liam Sumun
 Sportsmanship: Luke DeLaBruere
 Senior S: Maxim Tremblay,
 Florence Blanchette

Golf

Bantam S: Benjamin Rioux
 Senior S: Matteo Paradis
 (Alex Philip Golf Shield)
 Junior S: Maddyn Labor
 Senior S: Félix Fortier
 Sportsmanship: Kyle Cregan
 Senior S: Marcus Kratz



Junior Girls Rugby

Junior S: Hailey Gilbert,
 Miranda Angel Garcia
 Sportsmanship: Emma Carrière
 Junior S: Emilie Labonté, Julia
 Lee

Junior Boys Rugby

Junior S: Josh Lippmann
 Sportsmanship: Santiago
 Meija
 Junior S: Noah Grenier,
 Juan-Patricio Oropeza
 Gonzalez



Softball

Sportsmanship: Anderson
 Smyth-Trider, Avah St-Pierre
 MVPs: Jacob Leblanc, Liam
 Huckins



Senior Girls Rugby

Senior S: Sara Paquette;
 Sportsmanship: Lysa Kabirigi
 Senior S: Quinn Smits, Gloria Riddell,
 Bernadette von Campenhausen
 (absent), Camryn Moore (absent)



Girls Lacrosse

Senior S: Charlotte Labrèche
 Sportsmanship: Hayley Wolfe, Laurie
 Aubin; Senior S: Pénélope Lavoie,
 Maélie Pilon, Emma Kreis, Karel
 Préfontaine, Rosalie Tremblay



Boys Lacrosse

Major S: Iain Olsen; Senior S: Jack
 Treacy; Major S: Logan Sawyer
 (MVP); Sportsmanship: Maxim Lapointe;
 Major S: Ian Nicholson; Senior S:
 Raphael Tellier



Badminton

Major S: Alice Sauriol; Bantam S:
 Stanley Lin; Major S: Ryan Yung,
 Béatrice Perron-Roy (MVP); Bantam S:
 Roger Roger Marcoux; Senior S: Braden
 Chastanet; Sportsmanship: Eric Cui
 Bantam S: Melanie Li

Senior Boys Rugby

Major S (MVP): Zachary Soifer
 Senior S: Noah Papillon; Major S:
 Chaz Grenier, Antoine Rémillard
 (Sportsmanship), Shun Hatano;
 Senior S: Bo Bailey



Senior Girls Rugby

Major S: Maria-Teresa
 Calva-Xolalpa, Lydia Walsh



Girls Lacrosse

Major S: Zoé Charland
 (MVP), Madeline Lippmann



Tennis

Senior S: Sara Sevcikova;
 Sportsmanship: Ferdinand Rundel;
 Major S: Siena Webster (girls'
 shield) Caleb MacDonald (boys'
 shield), Jan Haars; Senior S: Jacky Xu





BACCALAUREATE & PROM

Governor General Romeo Leblanc at SC's
Baccalaureate Service 1997 with teachers
Andre Simard and Norman Southward



Off to the Grad Dinner and Dance
via stretch limo, 1996



BACCALAUREATE

RECEPTION & DINNER



■■■■■
The Class of 2023 included 65 students in Grade 11, the majority of whom will return for Grade 12. The Grade 12 class, meanwhile, was a record 71 students.

Our graduates received offers from many post-secondary institutions, including 28 Canadian, 36 American and 5 international schools across 6 provinces, 17 states and 5 countries.



■■■■■
This year's most popular major was science and engineering, with 38% of the class choosing science, engineering or health. Roughly 30% majored in social sciences and another 30% in business. Other majors included digital arts, motorsports industry, kinesiology, international management, psychology, education and anthropology.

■■■■■
At Friday evening's reception at Gallant House, the last for Mr. Wolfe, board Chair Jonathan Cowen welcomed the new alumni.

Following dinner at LeBaron, Grade 12s and non-returning 11s received their alumni ties and pins.



SERVICE & PRIZE-GIVING



Head of School Michael Wolfe presents the Pitcher Prize to Justin Bouchard

Laurie Aubin receives the Wilder Shield from school trustee François Paradis

Beatrice Perron-Roy accepts the Head of School's Prize



Lysa Kabarigi won the Allan Family Friendship Cup, presented by trustee Jason Rodi.



Director of Athletics Adam Spirk presents the major athletic awards:

Senior female athlete of the year: Alice Sauriol

Senior male athlete of the year: Chaz Grenier

Junior male athlete of the year: Joshua Lippmann

Junior female athlete of the year: Rosalie Tremblay

Female student-athlete of the year: Élodie Roy

Male student-athlete of the year: Zachary Soifer



For the first time, the College held its Baccalaureate & Prize-Giving Service in the Pat Burns Arena in order to accommodate our large student body and their families. The space looked and sounded great thanks to professional sound and video production. Unfortunately, a mishap with the compressors resulted in flooding just a day before! A huge thank you to our already very busy maintenance crew for their quick action to ensure that everything was back in order (if a bit damp) by Saturday morning.



In addition to academic and special prizes, the ceremony included presentations by Associate Head of School Joanne Carruthers, Board Chair Jonathan Cowen, Head Prefects Béatrice Perron-Roy and Justin Bouchard and making his final address to the students and receiving a standing ovation, Head of School Michael Wolfe. Mr. Grenier's Grade 10 Music class and Élodie Roy led the audience in a rendition of The Beatles' "Hey Jude."

SERVICE & PRIZE-GIVING



Maria Teresa Calva-Xolalpa & Thomas LeBlanc shared the Sean Kevin Ingutia Music Award for contribution to music in the school, presented by Erik Van Dyke.



Sum Long "Summer" Wong earned the top overall average in Grade 11, receiving the Governor General's Medal from trustee Annie St-Georges for his efforts.

Kate Emms won the Rotary Club Service Award for service above self in the school community, presented by Director of Academics Andrew Blair.



The top average in Grade 10 and the Birks Bronze Medal was earned by Luke DeLaBruere, presented by trustee Marisol Xolalpa.



The Paul & Dorothy Duncan Award for the highest overall average in Grade 9 was presented to Laurie Aubin by teacher Andre Simard



Noah Grenier had the highest average in Grade 8, seen here with trustee Bruce Campbell.



Clara Buck-Thompson had the top average in Grade 8, recognized by trustee Louis Rémillard.



The Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life) went to Oscar Rosen, presented by trustee Dugie Ross. Oscar also earned the top average in Grade 12.

William Towner was the recipient of the Faculty-Staff Award, presented by Head of Humanities Matt Thompson.



Trustee Dugie Ross presents the Everest Award (to a Grade 11 or 12 student who has overcome challenges and shown significant improvement) to Haokong "Buddy" Shen



Mike Huckins presented the Billy Huckins Memorial Prize to Quinn Smitts for dedication, hard work, achievement and, above all, courage.



SPECIAL & ACADEMIC PRIZES

- Donald McG. Hackett Prize for Creativity: **Justin Bouchard**
- Thespian Shield for Acting: **Chaz Grenier**
- Director's Award in Theatre Arts: **Justin Bouchard**
- Sean Kevin Ingutia Music Award (for contribution to music in the school): **Maria Teresa Calva-Xolalpa & Thomas LeBlanc**
- Technology Prize: **Luke DeLaBruere & Jeremy Robert**
- Lee Audet Trophy for Senior Public Speaking: **Bokyeong (Kayla) Lee**
- Kathleen Harper Junior Public Speaking Prize: **Laurie Aubin**
- Rotary Club Service Award (for service above self in the school community): **Kate Emms**
- Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life): **Oscar Rosen**
- Everest Award (to a Grade 11 or 12 student who has overcome challenges and shown significant improvement): **Haokang "Buddy" Shen**
- Billy Huckins Memorial Award (for dedication, hard work, achievement and, above all, courage): **Quinn Smits**
- Raymond Lester Memorial Award (to the student who has most benefited from being at the school): **Thomas LeBlanc**
- Banting Award (to a returning local student for academic achievement): **Luke DeLaBruere**
- Kenneth Reed Memorial Award (to a local junior student returning to school): **Emilie Labonté**
- Leonard McGilton Memorial Award (to a local senior student returning to school): **Avah St-Pierre**
- Ralph V. Merry Award (to the top student entering a humanities program): **Halle Khanna**
- A.P. Gordon Prize for Science: **Sum Long "Summer" Wong**
- Spofforth Trophy for Excellence in Science and Mathematics: **Oscar Rosen**
- Arthur E. Curtis Jr. Award (to the top student entering an engineering program): **Asher Dixson-Boles**
- House Director's Award: Bugbee House: **Saif Alexander-Pardhan**
Webster House: **Madeline Lippmann**
Davis House: **Félix Fortier**
Cowen House: **Justin Bouchard**
- Graham Chandler Sportsman of the Year Award (to the athlete who best exemplifies the attributes of character, integrity and sportsmanship): **Justin Bouchard**
- Sheila Ferguson Shield (to the all-round junior girl athlete of the year): **Rosalie Tremblay**
- S.F. Abbott Memorial Shield (to the all-round junior boy athlete of the year): **Joshua Lippmann**
- Shirley Wolter Trophy (to the all-round senior girl athlete of the year): **Alice Sauriol**
- Thomas Johnson Memorial Trophy (to the all-round senior boy athlete of the year): **Chaz Grenier**
- Trueman-McFadyen Award (to the three-varsity graduating girl Major "S" recipient with the highest overall academic average): **Élodie Roy**
- Bowman Hall Award (to the three-varsity graduating boy major "S" recipient with the highest overall academic average): **Zachary Soifer**
- Faculty-Staff Award (to a returning student who is deemed most likely to benefit from returning to Stanstead College and who exemplifies the qualities of health, wisdom and integrity): **William Towner**
- Allan Family Friendship Cup (to a student who has attended Stanstead College for at least one year and who has shown exceptional friendship, camaraderie, kindness, and support to all members of the school community across age, gender, language, cultural, and other boundaries): **Lysa Kabirigi**
- Grade 7 Academic Award (highest overall average in Grade 7): **Clara Buck-Thompson**
- Grade 8 Academic Award (highest overall average in Grade 8): **Noah Grenier**
- Paul & Dorothy Duncan Award (highest overall average in Grade 9): **Laurie Aubin**
- Birks Bronze Medal (highest overall average in Grade 10): **Luke DeLaBruere**
- Governor General's Medal (highest overall average in Grade 11): **Sum Long "Summer" Wong**
- Birks Silver Medal (highest overall average in Grade 12): **Oscar Rosen**
- Head of School's Award (to an active and positive citizen in the Stanstead College community): **Béatrice Perron-Roy**
- Wilder Shield (to the junior student with the most positive influence): **Laurie Aubin**
- Pitcher Memorial Prize (the school's highest award, presented to the student who has exerted the greatest influence for good): **Justin Bouchard**

GRADE 7

- Amaron Prize for French: **Clara Buck-Thompson**
- Art: **Clara Buck-Thompson**
- English: **Clara Buck-Thompson**
- Geography: **Benjamin Rioux**
- History: **Clara Buck-Thompson**
- Mathematics: **Clara Buck-Thompson**
- Music: **Clara Buck-Thompson**
- Physical Education & Health: **Clara Buck-Thompson**
- Science & Technology: **Clara Buck-Thompson**
- Sybil Galambos Prize for Français: **Benjamin Rioux**

GRADE 8

- Amaron Prize for French: **Sara Martinez Ajzenman**
- Art: **Shanmei "Katie" Zhang**
- English: **Sarah Leasure**
- Geography: **Noah Grenier**
- History: **Noah Grenier**
- Mathematics: **Josuke Masuda**
- Music: **Keira Curtis**
- Physical Education & Health: **Noah Grenier**
- Science & Technology: **Noah Grenier**
- Sybil Galambos Prize for Français: **Emilie Labonté**

JUNIOR SCHOOL

- Improvement in French Second Language: **Noah Roy**

GRADE 9

- Amaron Prize for French: **Alison Om**
- Art: **Madik Trottier**
- English: **Alison Om**
- Ethics & Religious Culture: **Isabella Cardenas**
- History: **Laurie Aubin**
- Mathematics: **Laurie Aubin**
- Music: **Yunlang "Harry" Zhang**
- Physical Education & Health: **Rosalie Tremblay**
- Science: **Laurie Aubin**
- Sybil Galambos Prize for Français: **Laurie Aubin**
- Technology: **Laurie Aubin**

GRADE 10

- A. Mackenzie Prize for English: **Luke DeLaBruere**
- Amaron Prize for French: **Luke DeLaBruere**
- Art: **Valerie Lin**
- Chemistry: **Luke DeLaBruere**
- Drama: **Jack Carter**
- Ethics & Religious Culture: **Sofia Martinez Ajzenman**
- Historical Society Prize: **Luke DeLaBruere**
- Mathematics: **Luke DeLaBruere**
- Music: **Luke DeLaBruere**
- Physics: **Luke DeLaBruere**
- Science & Technology: **Kate Collins**
- Sybil Galambos Prize for Français: **Axelle Beaudoin**

SENIOR SCHOOL

- John Wells—Improvement In French Second Language: **Adam Larsson**

GRADE 11

- A. Mackenzie Prize for English: **Chaz Grenier**
- Amaron Prize for French: **Adam Larsson**
- Art: **Zofia Kaczynska**
- Biology: **Avah St-Pierre**
- Chemistry: **Sum Long "Summer" Wong**
- Contemporary World: **Yile (Tony) Ju**
- J. Brian Clarke Economics Prize: **Gloria Riddell**
- J.D. Ferguson History Prize: **Yile (Tony) Ju**
- Mathematics: **Sum Long "Summer" Wong**
- Music Prize: **Jana Loparic**
- Physics: **Sum Long "Summer" Wong**
- Sybil Galambos Prize for Français: **Jolianne Tremblay**

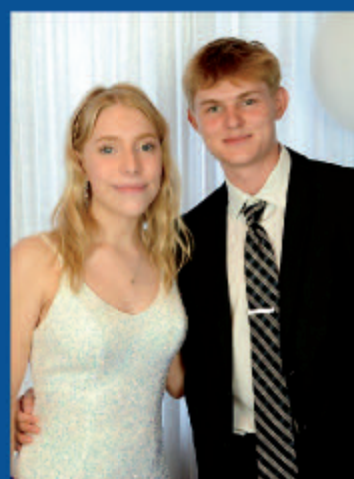
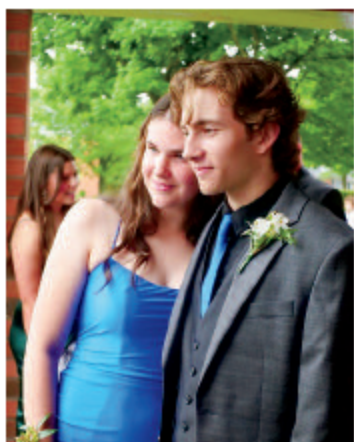
GRADE 12

- AP French: **William Towner**
- Art: **Justin Bouchard**
- Biology: **Elyann Haley**
- Chemistry: **Oscar Rosen**
- Comparative Politics: **Meiqi "Maggie" Sun**
- Economics: **Élodie Roy**
- English: **Élodie Roy**
- Human Geography: **Kate Emms**
- Mathematics: **Celine Mayer**
- Physics: **Justin Bouchard**
- Psychology: **Elyann Haley**

Grad Dinner & Dance: Dufferin Heights

In a pair of firsts, the Grad Dinner & Dance (AKA Prom) was held at Dufferin Heights Country Club, and it was held the evening following the Baccalaureate Service. It was a rainy day, but the graduates were still able to pose for some photos outside and enjoy the photo booth inside.





FROM THE HEAD PREFECTS

Presented at the Baccalaureate & Prize-Giving Service, June 17, 2023

I think all graduating students here in this room have longed for the day when we threw our caps in the air and closed the book to this academic chapter because unmistakably, stepping into the real world is exciting. Nonetheless, graduating is bittersweet. Because today means we are leaving our Stanstead days behind.

For some of us, Stanstead has merely been a pit stop before university. For others, Stanstead has watched them grow into independent young adults who will be walking out these doors in just a few moments. Regardless of how long and for what reason, while we were passing, we all took part in creating a life here of our own.

While we were here...

We learned.

Sure enough, we were taught how to write research papers or how to derive a function, but we all know we've been taught so much more, most of which has actually been learned outside the classroom walls. We took after faculty members we admire the most and we've absorbed their wisdom. We made some mistakes and grew wiser from them. We embraced each other's culture and background. We've learned and grown together. And we've learned from each other.

We laughed.

The laughs and moments we shared brought us closer to our friends and turned the simplest moments into lasting memories that will bring us joy every time we look back on our years here.

We cried.

We had to face some of life's challenges whether it was experiencing the COVID academic year, undertaking a challenging subject, having a bad performance in our sport, or experiencing a breakup. These situations forced us to learn to rely on our friends and supporters. We came out stronger, though, and more eager than ever to keep pushing forward.

We've had so many experiences.

We've adventured outside of our comfort zones, whether in sports, academics, arts, or in our social life. We tried new things, discovered some of our passions and interests and found out a little bit more about ourselves.

And ultimately, we lived.

As Helen Keller said: "Life is a succession of lessons which must be lived to be understood." And that is exactly what we've done here. We have lived fully, vibrantly, and unapologetically. Through our lively presence, we have managed to not only learn lifelong lessons but create a life and a community here of our own, and for that, we should all look back at what we are leaving behind today with pride and not with sadness.

So yes, we've managed to squeeze the most out of this place and come out as stronger, wiser, and better people, but that would never have been possible without the help of a few individuals. On that note, I'd like to thank my parents for the eternal support they have given me. Out of all the school textbooks and novels I've read, you guys have taught me by far the most. You are my best life teachers and I thank you for everything. The same thank you goes to all the family and supporters here today who have been with us through thick and thin. Your love and encouragement have been the foundation of our success. Thank you.

Our friendships have also been pillars of our academic years. Shout out to my two best friends, Alice and Karel, for making my time here much sweeter. And to all the supporting friends out here who made all the difference in our experience by providing support, advice, and a sense of belonging, thank you.

Lastly, to the faculty and staff of our school for their dedication and commitment to our education. You have challenged us, inspired us, and helped us grow into the young adults we are today. Thank you.

We have been given a gift that not everyone has - the gift of education. It is one of the greatest gifts we can receive, and all of you here today, in some way or another, have helped us take advantage of that and become the best version of ourselves through it. And for that we sincerely thank you.

Now, as we embark on the next chapter of our lives, we might ask ourselves, what's eating breakfast without Mr. Marino's ABBA playing in the background, what's an Economics class without a Kal Tire anecdote from Mr. Pimm? Finally, what's a life without all of us making it what it is? Well, to that I say, let's strive to carry on what made this place so great to where we are going next and hopefully, we have done a good enough job that those who follow will keep this spirit alive (and I have no doubt about that).

May we venture into the world always carrying that spark of curiosity that ignites the fire of learning. Wherever you are going next, continue to light up the world around you.

So, graduating class of 2023, let's take a bow for what we have accomplished here, let's salute those who have made it possible, and finally let's walk out these doors with heads high and show everyone what true Spartans are made of. Let's change the world. Here's to us.

120

- Béatrice Perron-Roy

Body Copy In his twenties, Billy Joel travelled to Vienna to find his father who had left when he was a child. Later, while on a walk with his found father, he saw an old woman sweeping a street. Joel said to his father, "Dad, it's kind of sad that that poor old woman has to do that kind of work," to which his father replied, "No, she has a job, she feels useful, she has a place in our society." In this moment, Joel realized that we don't have to squeeze our entire lives into our 20s and 30s. He realized that there isn't such a rush to get in the rat race, and we have a whole life to live, one that has purpose until its end.

This was his inspiration for the song "Vienna." Besides this song's beautiful and unique sound, it also has excellent lyrics that are worth a careful listen, especially if you missed my incredible performance at Café Capp. The meaning of this song is what I'm here to talk about today and what encapsulates the biggest lesson I've learned during my time at Stanstead.



While writing this speech, I thought of talking about everything I've learned in my six years at Stanstead. Have I gained knowledge and wisdom? Well, I would sure hope so. Besides math and science, I've learned many lessons like "people aren't that scary" or "I should make time for myself." I've also accumulated a few regrets or things I would have done differently, like stressing so much about assignments, waiting so long to participate in Variety Show, or not putting in the effort to actually get a girlfriend.

With everything I've learned, I should be able to give some wise, universal advice. However, I'm not sure I'm in any place to do so. On the contrary, I am convinced that even if I could start over on the first day of Grade 7 with everything I know now, I would still make a similar number of mistakes. I'd have to redo my Stanstead career many, many times to even come close to the perfect Stanstead life of my dreams. Many of you might think I have it all figured out, since I'm head prefect and all that. Well, for anyone under the illusion that I get to the end of every day and think, "Woopie doo, another perfect day of everything going according to plan," let me tell you, this is not the case. Instead, I often think, "Wow, I should have

done so many things differently. I should have been a better leader. I should have been more involved at this event. I should have known better. I should have been better."

However, I've learned that it's okay not to have everything figured out. I know I don't, and I'd be willing to bet that most people don't either. The fun part is life usually has a way of working out in the end. Looking back, it didn't matter if I knew what I was doing when I applied to be a prefect, when I sang "Sweet Caroline" or even in my few attempts at talking to girls. What matters is that I did those things. It is those moments that led to a meaningful experience at Stanstead. Even with the imperfect decisions I've made, my current Stanstead career didn't turn out so bad. We're all trying to find our way, so take it easy. Slow down, enjoy your time, and live in the moment.

Here's what I want you to take away, and the number one lesson I've learned over the past six years: You don't need to have a master plan or have your entire life figured out. You don't even need to have any idea what you're doing. The important part is just to keep doing, whatever that may mean for you. What you remember won't be how you expertly planned out every step to get into Harvard. It'll be when you played Spikeball after school, the time spent practicing music, and of course, the friends you made along the way. Whether it's exploring new ground and meeting new people or developing a passion you already know and love, get off Tik Tok and seize the day. If you do that, you can't go wrong. Everything else will figure itself out.

Before I end, I'd like to thank my parents, friends, teachers, coaches, and everyone else who helped make the past six years special. Anyways, it's been real, see you later Stanstead.

- Justin Bouchard





